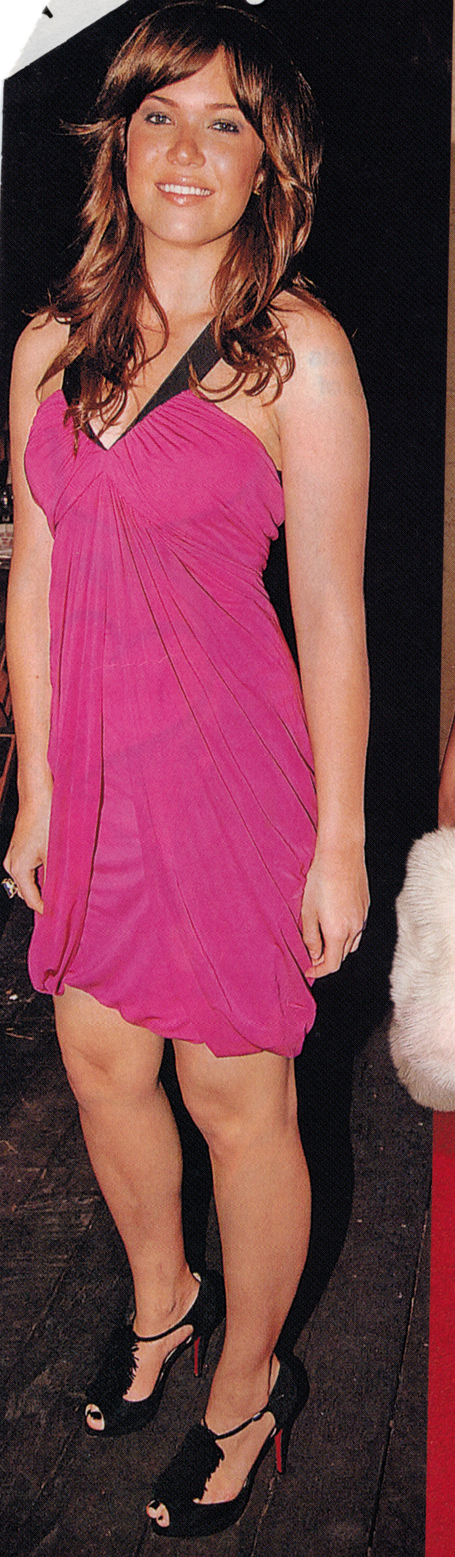
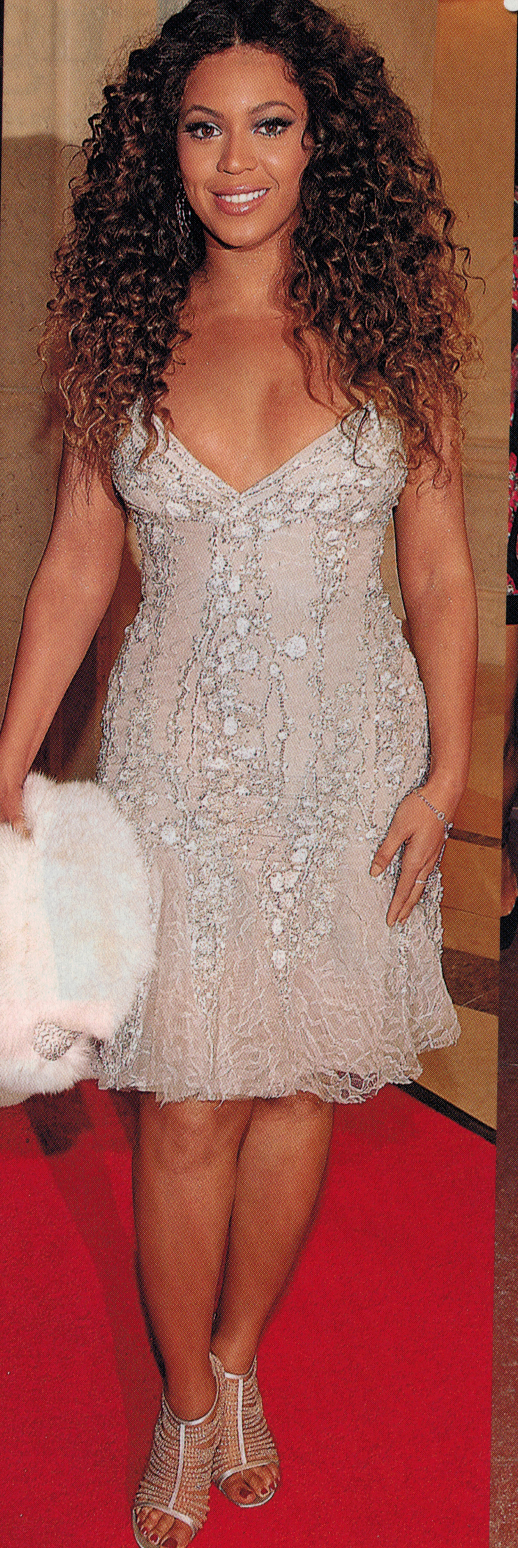
year with style!



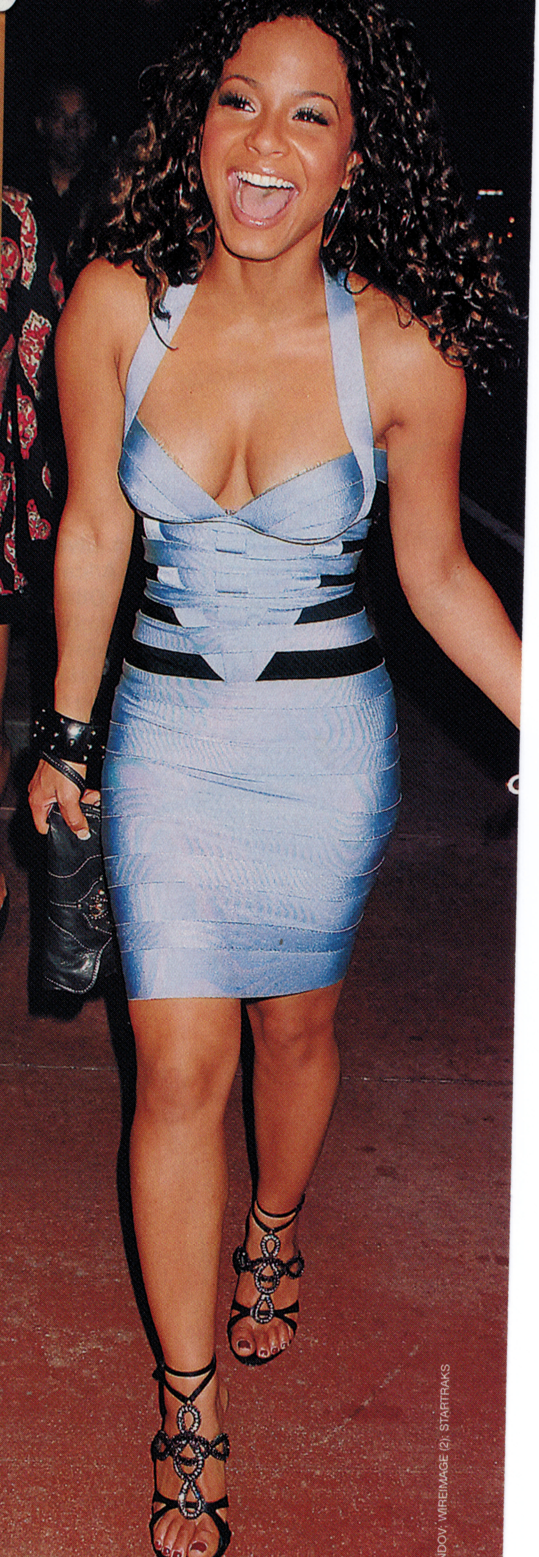
SHOCKING IN PINK

"It's nice to have a tally of designers whose dresses fit your body well," Mandy Moore, here at the Knights Head New Year's Eve party in Miami Beach, has said. Add Yigal Azrouël to the list!



ICE PRINCESS

Fashion didn't come naturally to Beyoncé Knowles, here wearing Elie Saab in Las Vegas on Dec. 30. "At one point, I was a tomboy and wouldn't wear dresses," she's said.



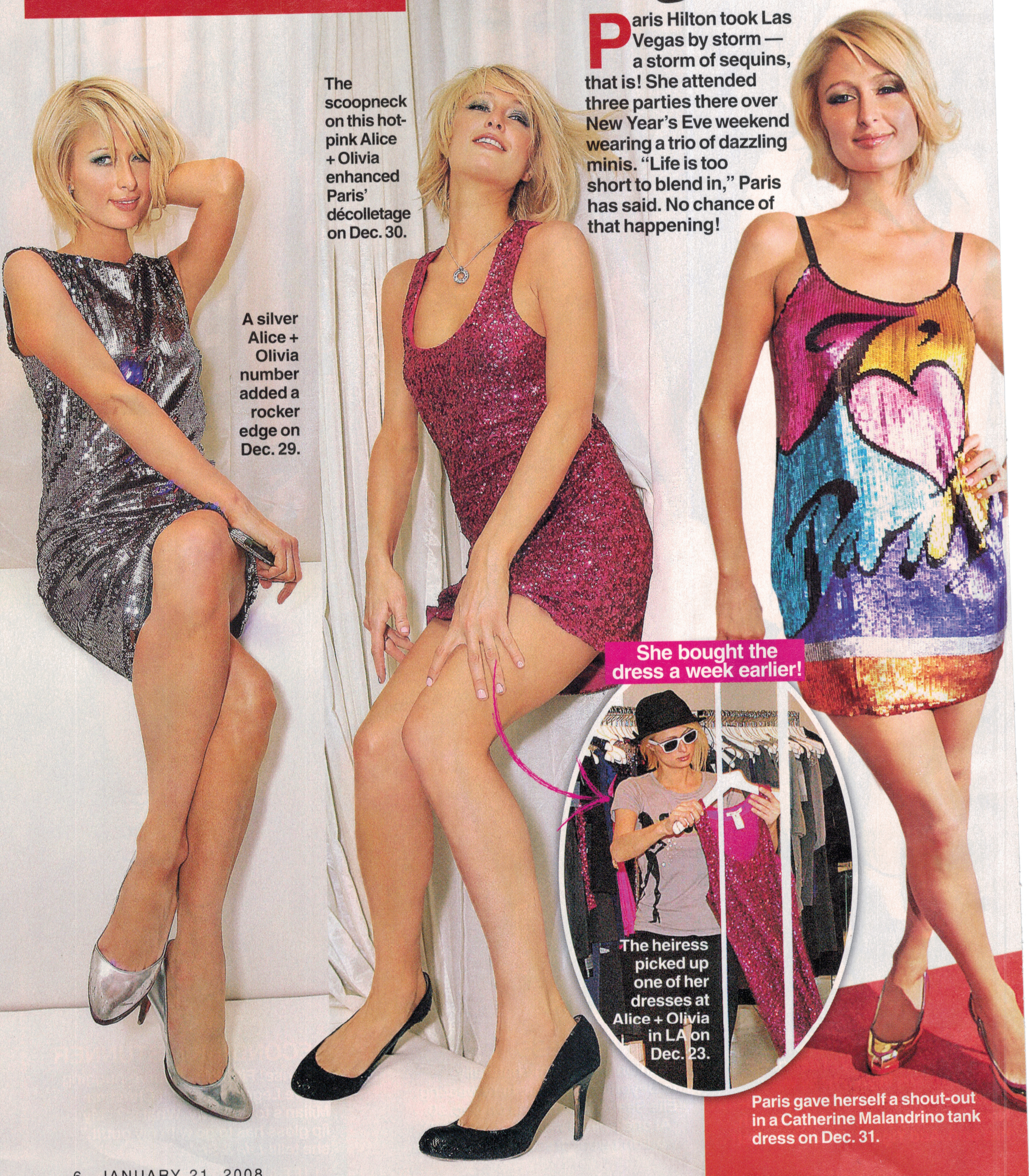
SECOND-SKIN STUNNER

Surprise! Fitting into curve-hugging Hervé Léger minis isn't Christina Milian's top priority. What is? "My lip gloss has to go with my outfit," she tells *Life & Style*.

FROM LEFT: WIREIMAGE; LANDOV; WIREIMAGE (2); STARTRAKS

Paris sparkles the night away

Paris Hilton took Las Vegas by storm — a storm of sequins, that is! She attended three parties there over New Year's Eve weekend wearing a trio of dazzling minis. "Life is too short to blend in," Paris has said. No chance of that happening!



A silver Alice + Olivia number added a rocker edge on Dec. 29.

The scoopneck on this hot-pink Alice + Olivia enhanced Paris' décolletage on Dec. 30.

She bought the dress a week earlier!

The heiress picked up one of her dresses at Alice + Olivia in LA on Dec. 23.

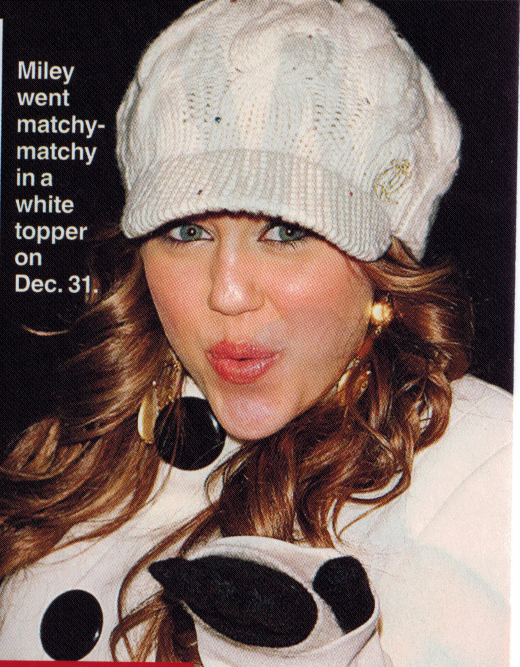
Paris gave herself a shout-out in a Catherine Malandrino tank dress on Dec. 31.

40/40
CLUB
THE PALAZZO
LAS VEGAS

Red-carpet confession

"My sister helped me pick it out and then did the alterations for me."
—*Run's House* star Vanessa Simmons on the Bebe frock she wore to the opening of Jay-Z's 40/40 Club in Las Vegas on Dec. 30

On Dec. 23, a flannel cap brought out her steely gray eyes.


Miley went matchy-matchy in a white topper on Dec. 31.

Love it or hate it:

Miley's newsboy caps

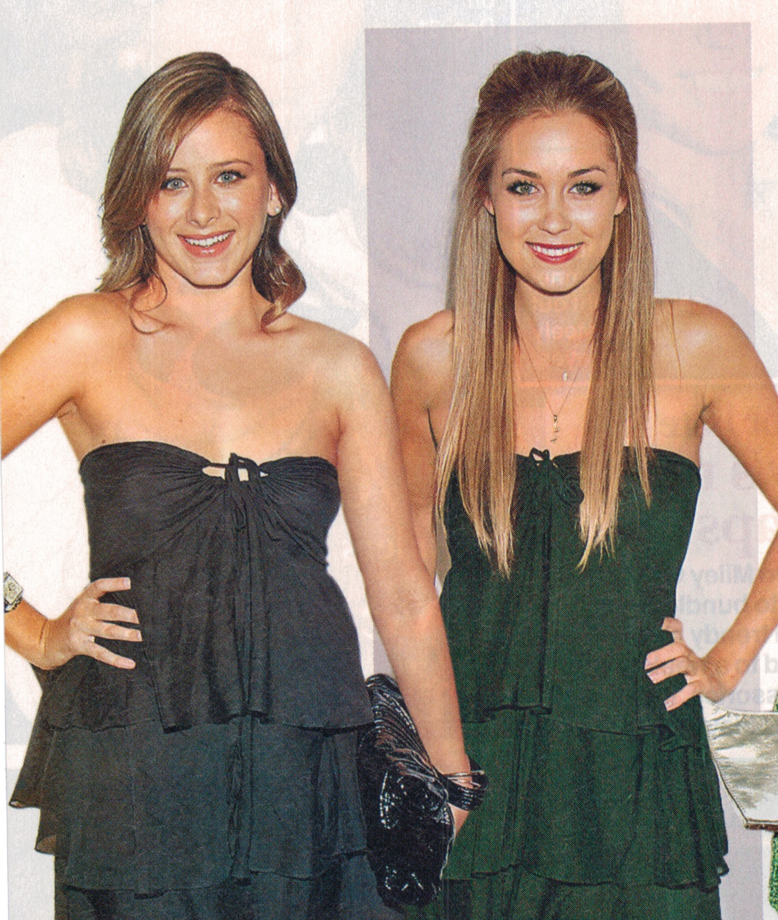
Tween queen Miley Cyrus knows how to bundle up in style — with trendy hats! She has admitted to a weakness for fun accessories, but does the look suit Miley?

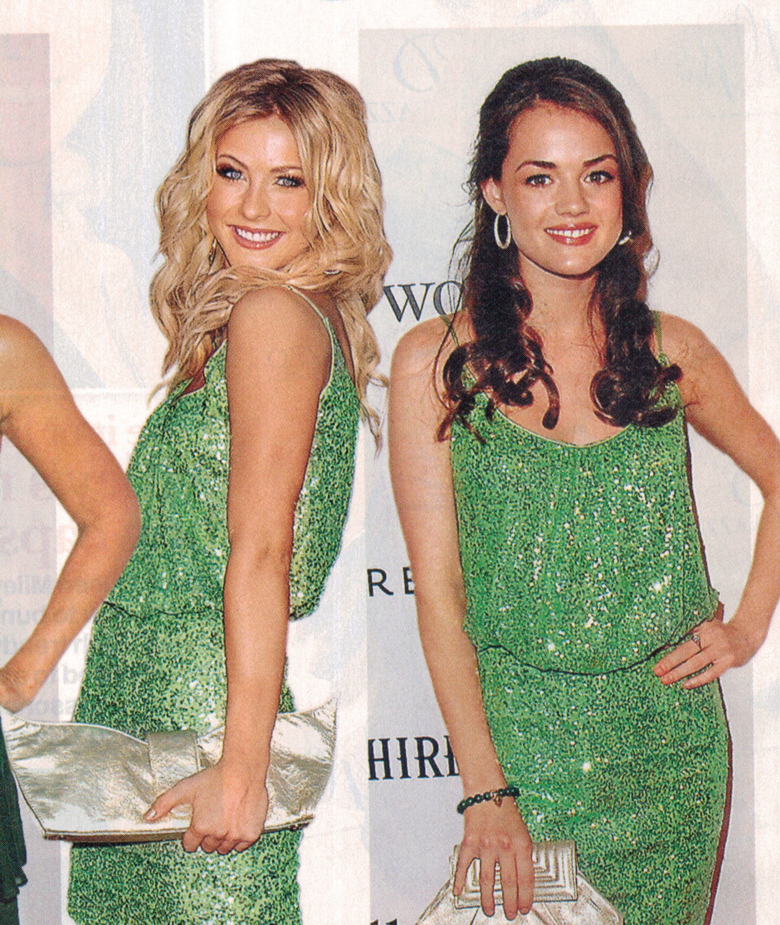
79% of readers **love it!**

Practice makes perfect for Pete

Most guys would kill to spend New Year's Eve with Ashlee Simpson, but boyfriend Pete Wentz was worried about the one thing standing in the way of their midnight kiss. "I tried to get Ashlee to practice the countdown so she wouldn't f--- it up, but she wouldn't," he said during his deejaying stint at the Tenjune and Morgans Hotel Group's Shore Club party in Miami. Luckily, Ash was able to count backward without a problem!

Who wears


91% prefer Lauren
Lo Bosworth
Lauren Conrad

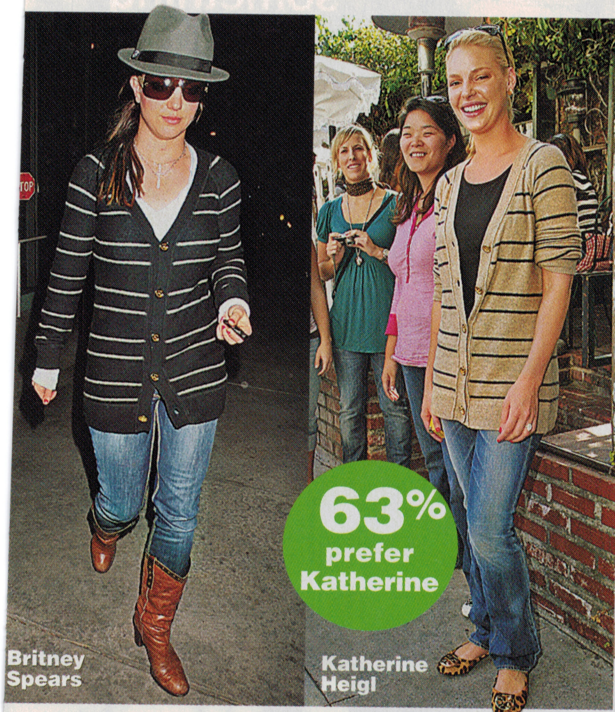

92% prefer Julianne
Julianne Hough
Lucy Hale

The *Hills* hotties share their fab frocks? Who knew! While Lo looks super flirty in Michelle Mason, her loosely tied neckline is less flattering than Lauren's more fitted style.

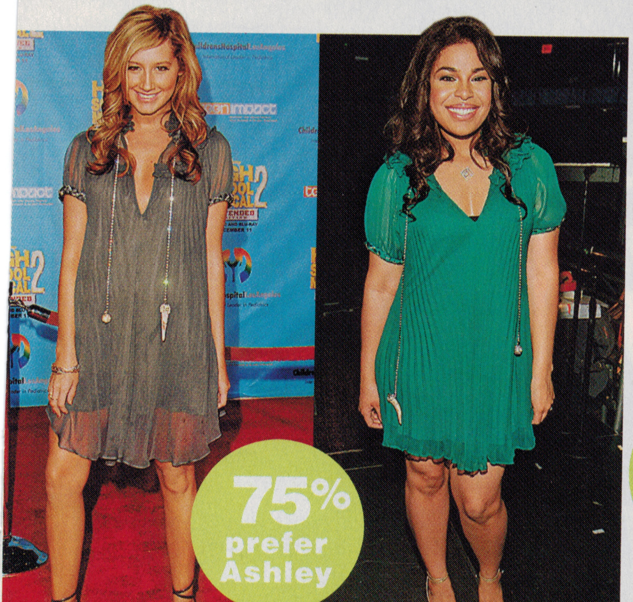
They both wear the mini well by pairing it with metallic accessories, so what gives *Dancing With the Stars*' Julianne the edge? A higher hemline shows off her legs.

it best?

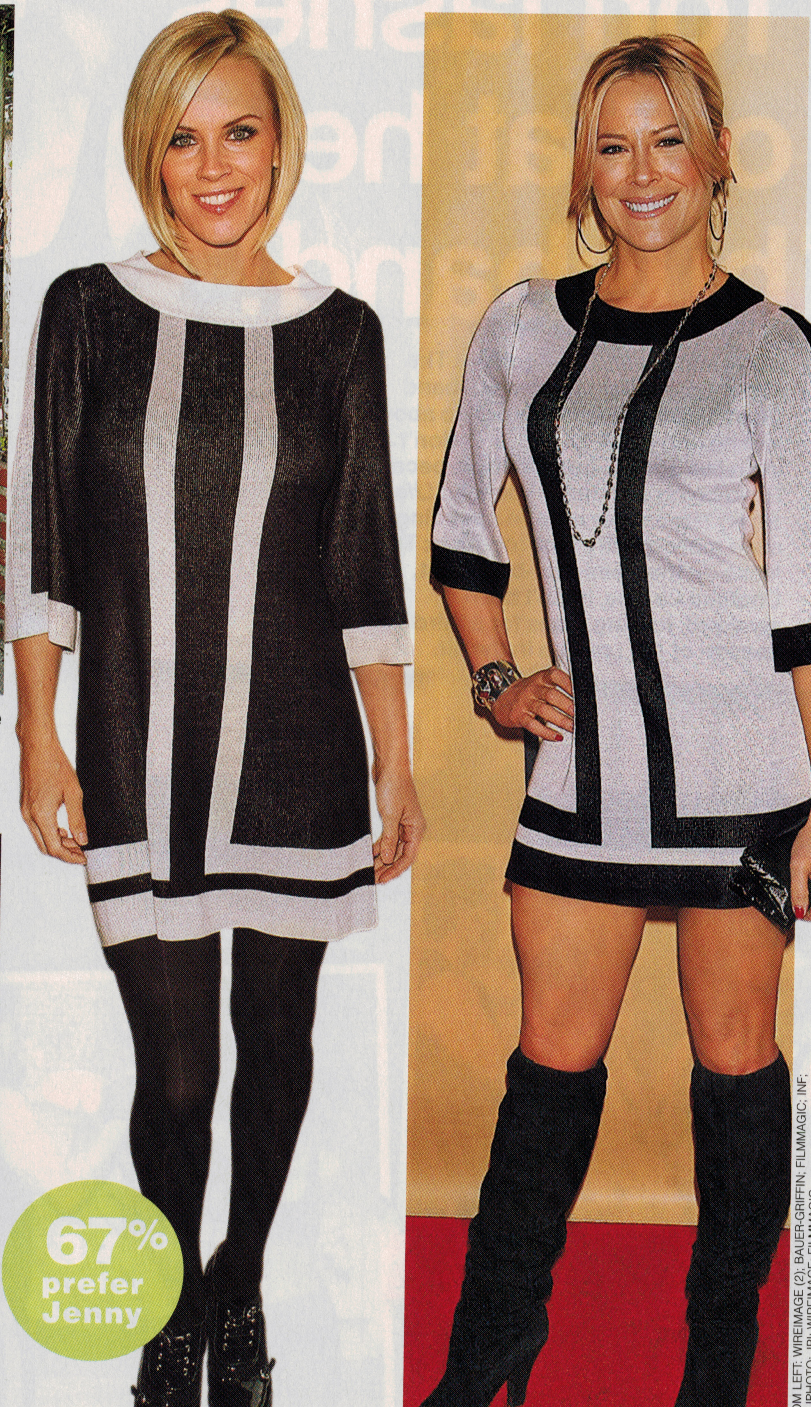
Stars caught wearing the same outfits!


63% prefer Katherine
Britney Spears
Katherine Heigl

Both stars took a laid-back approach to the Juicy Couture cardi, but we love how newlywed Katherine wasn't afraid to mix patterns. Her animal-print flats are fierce!


75% prefer Ashley
Ashley Tisdale
Jordin Sparks

The teal Meghan number pops on Jordin, but the fit's a little strained on top. Ashley's gray version frames her figure perfectly *and* complements her skin tone.


67% prefer Jenny
Jenny McCarthy
Brittany Daniel

While *The Game* actress Brittany sizzles in the Alice + Olivia tunic, her abundant accessories are distracting. We like that Jenny kept her look sleek and simple.

CLOCKWISE FROM LEFT: WIREIMAGE (2); BAUER-GRIFFIN; FILMMAGIC; INF; BAUER-GRIFFIN; IPHOTO; JPI; WIREIMAGE; FILMMAGIC

Tori lashes out at her husband!

Did Dean do something wrong?

Don't mess with Tori Spelling! The super-toned star showed husband Dean McDermott a thing or two about kickboxing in LA on Jan. 3. "I don't even like sports, but I do them because I love being with him," she tells *Life & Style*. The couple may be spending even more quality time together: The lease on their bed-and-breakfast, Chateau La Rue, hasn't been renewed, leaving plans for a third season of *Inn Love* up in the air.

EVERLAST
EVERLAST
adidas
5

THE RALEIGH
THE RA
Detroit
BOUCHER BRO

Dax and Kristen's love ride

After weeks of keeping a low profile, *Heroes* star Kristen Bell and Dax Shepard took their relationship public in Miami Beach on Jan. 1. Could the ex-*Punk'd* star be Kristen's perfect match? "I like to laugh; that's No. 1 for me," she's said. Well, Dax has that covered!

CLOCKWISE FROM LEFT: STARTRAKS (2); INF; WENN

HOW TO LOOK GOOD NAKED WITH CARSON KRESSLEY
LOOK GOOD NAKED WITH CARSON KRESSLEY
HOW TO LOOK GOOD NAKED WITH CARSON

How to look good in a bra

Carson Kressley promoted his new reality show, *How to Look Good Naked*, in NYC on Jan. 3. "Life's too short to worry about having a big butt," he says.

WeekinPhotos

Fergie is Josh's muse

Just-engaged couple Josh Duhamel and Fergie gave a glimpse of their domestic bliss in Mexico on Jan. 2. And they had some added inspiration — newlyweds Katherine Heigl and Josh Kelley were honeymooning at the same hotel! "Fergie and I got up and did a duet together at the Esperanza outside bar on New Year's Eve," Josh Kelley tells *Life & Style*. "It was fun!"

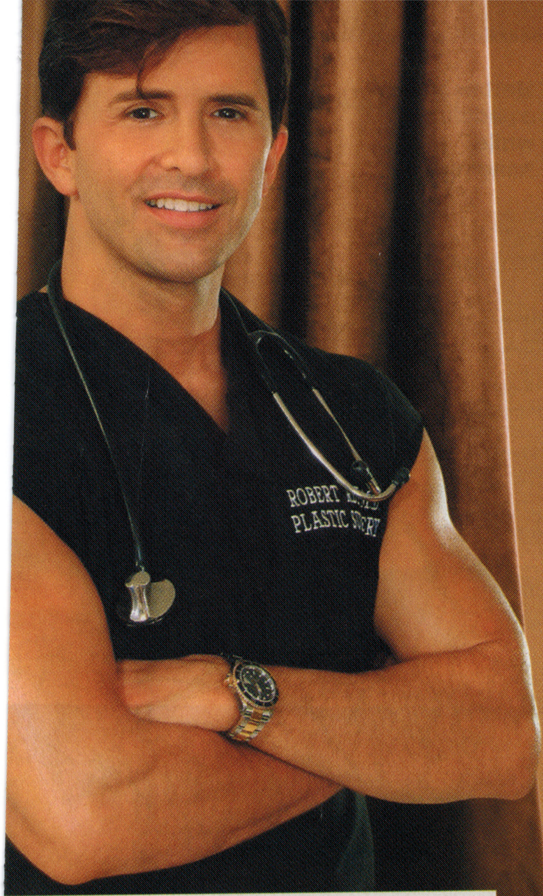
Is that a paint by numbers, Josh?

Xtina's pretty in pink! Singer Christina Aguilera looked ready to pop on Dec. 29 in LA. She's scheduled to give birth in January, but don't expect her to sit still for long. Christina's set to begin filming her first movie, *Humboldt Park*, in February alongside Katie Holmes.

She wears her heart on her sweatshirt!

To dye for We've heard of couples dressing alike, but Angelina Jolie and Brad Pitt take it a step further — they dye their hair the same reddish-brown color! The stylish twosome attended the 2008 Critics' Choice Awards in LA on Jan. 7.

CLOCKWISE FROM BOTTOM LEFT: X17, FLYNET, BAUER GRIFFIN


ROBERT
PLASTIC

3 WAYS TO GET INTO AMAZING SHAPE

by Dr Rey

Look beautiful and feel confident in this new and innovative range of shapewear I have designed together with Bruno Schiavi. **It is designed to instantly contour, tuck and lift your body in all the right places.**

Every day many women ask me how to improve their body shapes and make them beautiful. Here are just a few common problems and my easy solutions to making you look and feel great.

1

Xtreme plunge neckline
Reduces waist
Tummy shaper

PROBLEM: "I need my waist to look slimmer under my new outfit." **SOLVE IT:** Try our Xtreme Plunge Bodysuit. It will reduce the size of your waist instantly and give it a defined shape. It will also help with your posture so you will feel taller and slimmer.

2

Non slip waist elastic
Tummy shaper
Control panel flatters bottom
Total support underbust to knee
No ride up hem

PROBLEM: "My pants and dresses always feel tight as I fall between sizes." **SOLVE IT:** Try our Step In, it is designed to reduce the size of your waist and thighs immediately. This will help to give you some breathing room in your outfit and make it look great.

3

Non slip waist elastic
Total support underbust and waist
Tummy shaper
Control panel flatters bottom

PROBLEM: "I hate the unwanted rolls I get around my waistband." **SOLVE IT:** Try our High Waist Briefs which fully covers your waist and finish just under the bust. The control panels support the waist to smooth out the bulge and enhance your waist shape.

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SHAPEWEAR

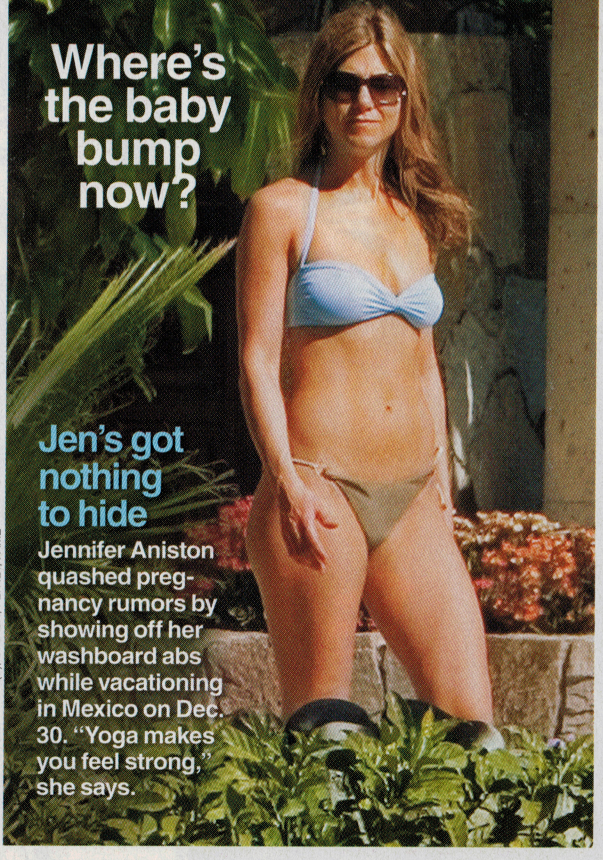
www.drreyshapewear.com

Matt used a paddle while hanging 10!

Matt makes waves

Beach bum Matthew McConaughey took to the surf in Hawaii on Dec. 29. "Even if I'm not getting a wave, I like getting out there as much as I can," he says. Looks like he doesn't have a problem there!

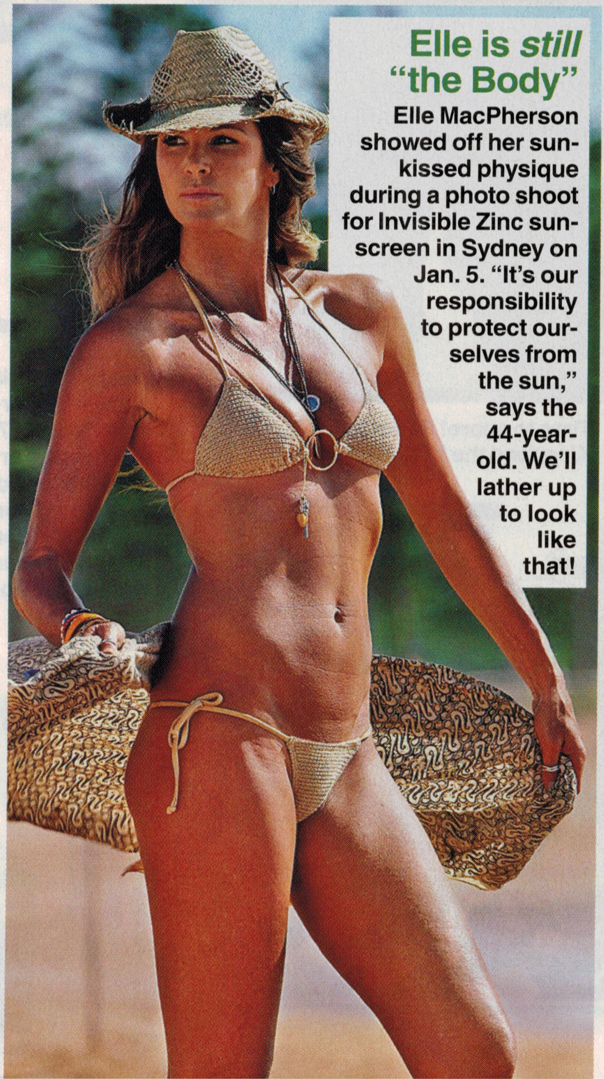
Where's the baby bump now?



Jen's got nothing to hide

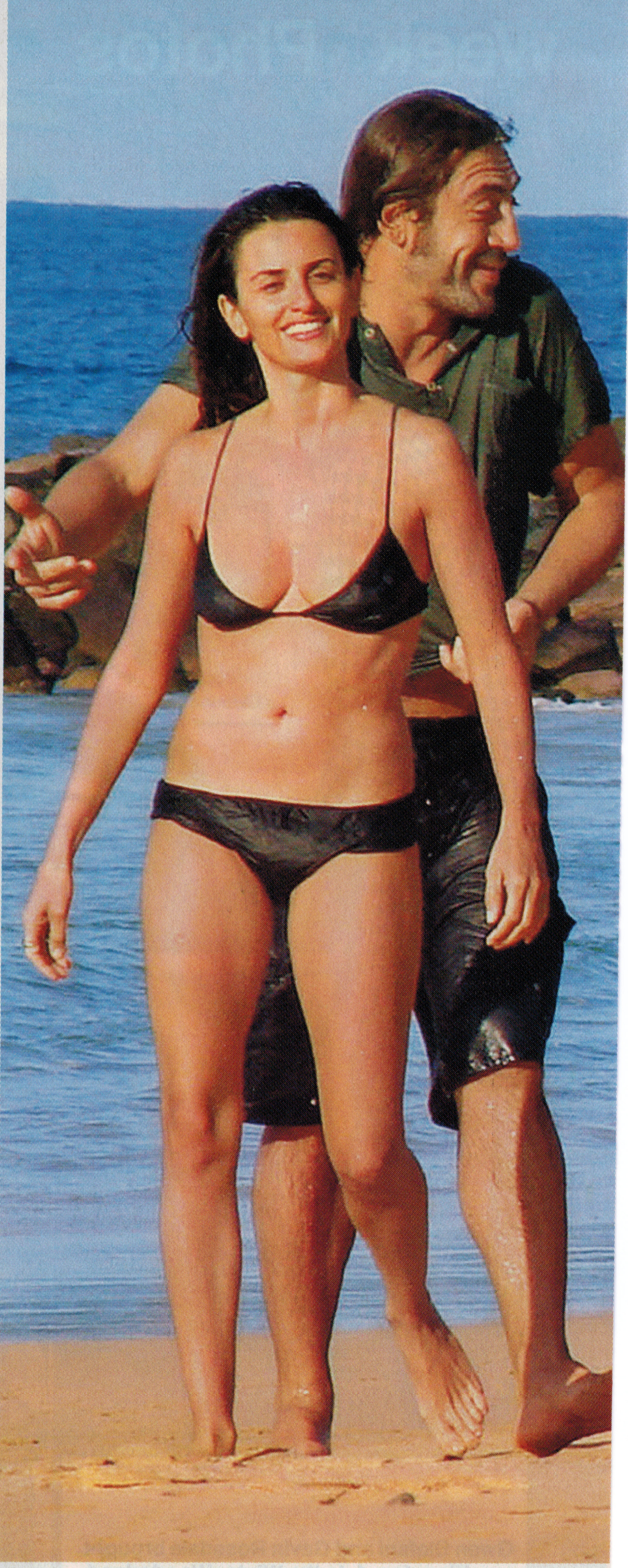
Jennifer Aniston quashed pregnancy rumors by showing off her washboard abs while vacationing in Mexico on Dec. 30. "Yoga makes you feel strong," she says.

CLOCKWISE FROM LEFT: X17 (2); SPLASH; FLYNET; FAME



Elle is *still* "the Body"

Elle MacPherson showed off her sunkissed physique during a photo shoot for Invisible Zinc sunscreen in Sydney on Jan. 5. "It's our responsibility to protect ourselves from the sun," says the 44-year-old. We'll lather up to look like that!



Javier & Penélope: kissing co-stars

Javier Bardem frolicked in the sand with Penélope Cruz in Brazil on Jan. 6 before jetting to NYC to pick up a Film Critics' Circle Award for Best Supporting Actor later that day. No doubt the two hope to have as much success with their upcoming movie, *Vicky Cristina Barcelona*!

Could Gwen's family get any happier?

Gwen Stefani and Gavin Rossdale brought son Kingston, 1, to the Winter Wonderland festival in London's Hyde Park on Jan. 5. "They went on lots of rides," an eyewitness tells *Life & Style*, "and then they got candy." But Gwen (sporting a loose herringbone coat) looked like she was trying to hide something! A baby bump perhaps?

Time to share! Gwen helps King feed the birds.

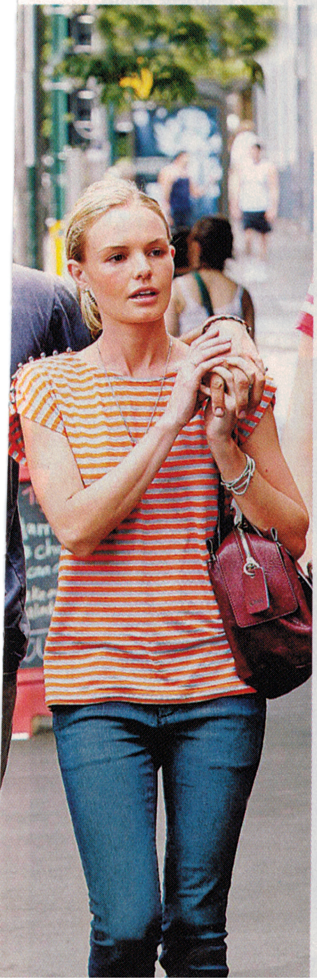
CLOCKWISE FROM TOP LEFT: MATRIX; X17; RAMEY; LDP IMAGES; PACIFIC COAST NEWS

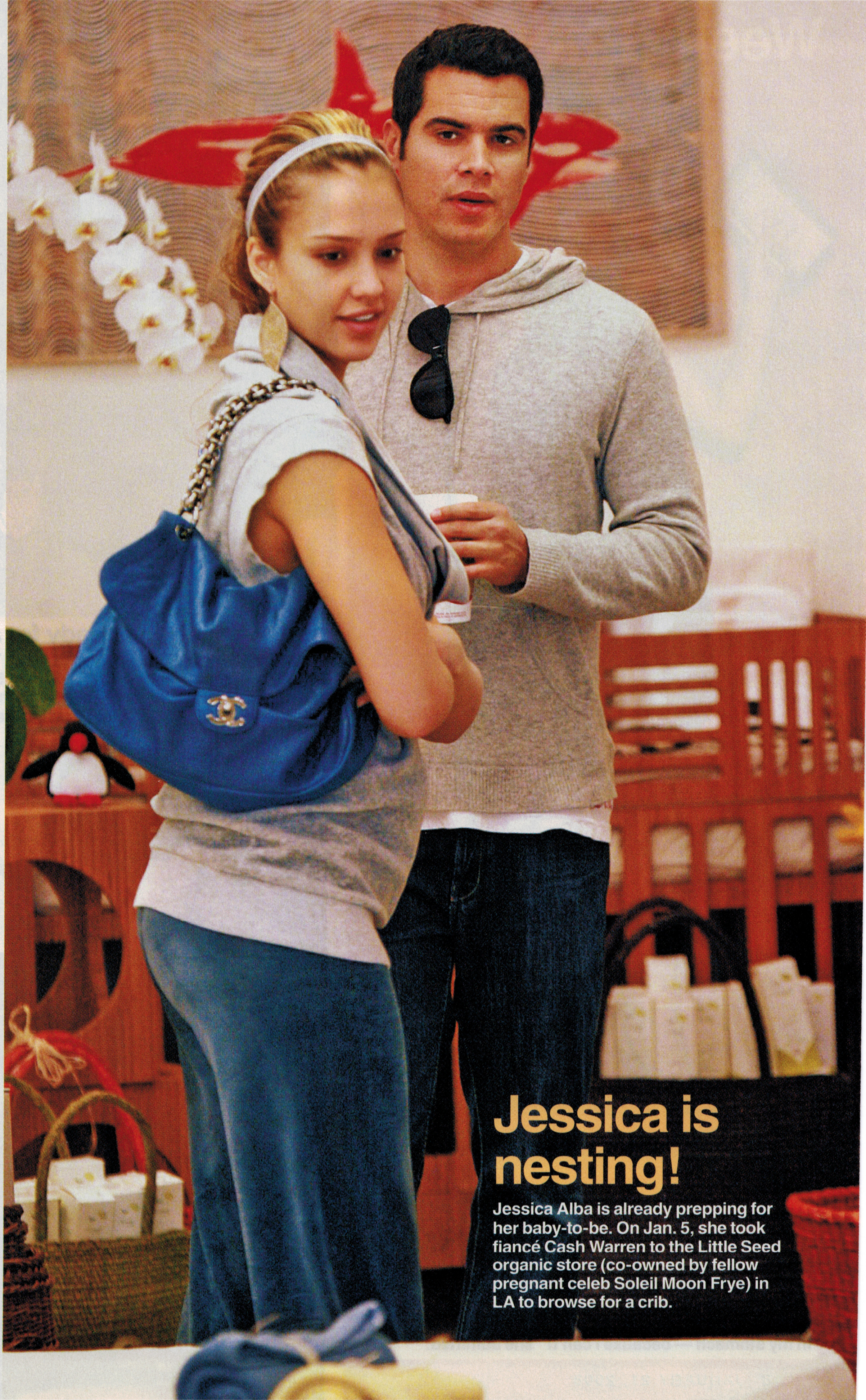
Kate brings her beau Down Under

Maybe Kate Bosworth was buying some belated birthday gifts — for herself! On Jan. 7 — five days after her 25th birthday — she and her model boyfriend, James Rosseau, went on a shopping spree in Surry Hills, Australia.

Hayden and Milo's movie make-out

There's no denying now that they're a couple! On Jan. 6, *Heroes* co-stars Hayden Panettiere and Milo Ventimiglia caught an afternoon screening of *Atonement* in LA — where they couldn't keep their hands off each other, even in the theater! "They were very affectionate," says an insider. Did Milo use the old arm-around-the shoulder move?



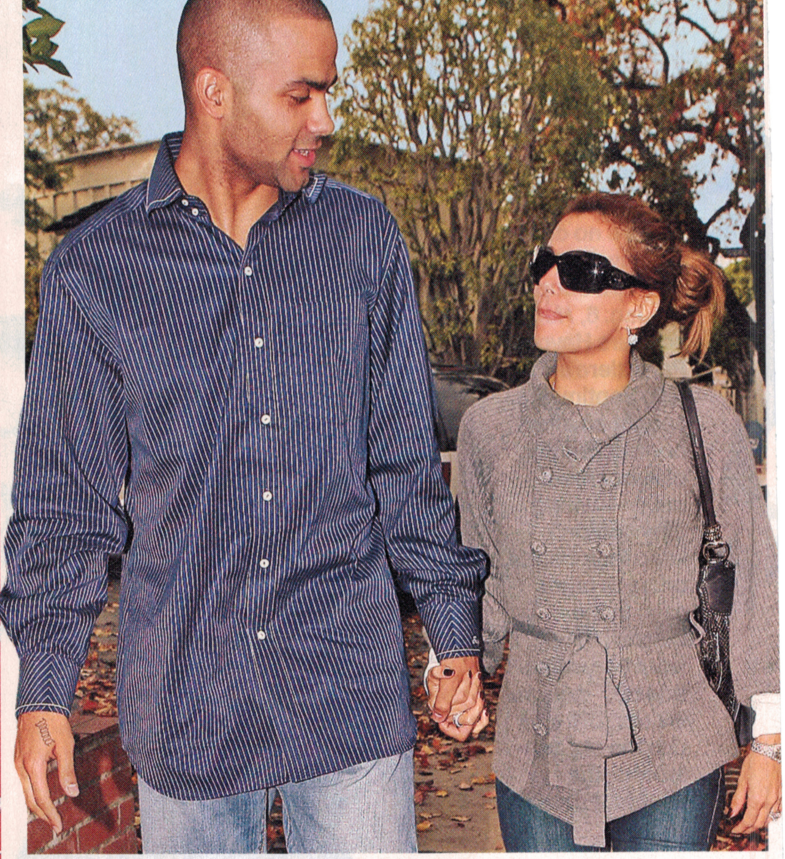


Jessica is nesting!

Jessica Alba is already prepping for her baby-to-be. On Jan. 5, she took fiancé Cash Warren to the Little Seed organic store (co-owned by fellow pregnant celeb Soleil Moon Frye) in LA to browse for a crib.

Halle's got legs — and a baby bump!

A seven-months-pregnant Halle Berry showed off her growing belly in Temperley London at the Palm Springs International Film Festival gala on Jan. 5. "This is the first red carpet that I didn't think about sucking in my stomach — because I can't!" she admitted.



Are Tony and Eva ready for a baby?

With allegations of infidelity behind them, Tony Parker and Eva Longoria appeared back on track on Jan. 5 — but it may not be just the two of them for much longer. "All her best friends have kids," says a pal. "And she thinks she's ready to be a mom."

Supermodel in training

Looks like Heidi Klum's daughter, Leni, is gearing up for an episode of *Project Runway*! Heidi took her 3-year-old for a haircut in LA on Dec. 28. Adorable!

X17 (3)

Introducing LYBREL.

Birth control that makes it possible to go without your monthly period.

What is the LYBREL difference?

LYBREL is the first and only FDA-approved low dose combination birth control pill that you take every day, 365 days a year without placebos. This means it's possible to go without your monthly period for as long as you take LYBREL. While women stop having their regular monthly periods, most women initially experience breakthrough bleeding and spotting. This usually lessens over time. For some, this may continue, but regardless of any unexpected bleeding, LYBREL remains highly effective birth control.

Is it OK to not have my period?

Many health care professionals agree that there is no need to have a period while taking the Pill. Just ask yours.

How do I learn more about LYBREL?

Ask your health care professional. You can also visit www.lybrel.com or call 1-877-LYBREL-0.

IMPORTANT SAFETY INFORMATION

The Pill does not protect against HIV or other sexually transmitted diseases.

Some women should not use the Pill, including women who have blood clots; breast, uterine, or liver cancers; a history of heart attack, stroke, or breast cancer; and those who are or may be pregnant. Serious risks associated with the Pill which can be life threatening, include blood clots, stroke, and heart attacks.

Cigarette smoking increases the risk of serious adverse effects on the heart and blood vessels from oral contraceptive use, especially if you are over 35. Women who use the Pill are strongly advised not to smoke.

LYBREL provides more hormonal exposure per year than conventional cyclic oral contraceptives containing the same or similar strength of the hormones estrogen and progestin.

Because regular monthly bleeding does not occur on LYBREL, it may be difficult to recognize if you get pregnant. If you suspect pregnancy, or if you have symptoms such as nausea/vomiting or unusual breast tenderness, you should take a pregnancy test and contact your health care professional.

The most common side effects reported with LYBREL in a clinical trial were headaches, menstrual cramps, upper respiratory infection, vaginal bleeding, and nausea.

NEW Lybrel™
(90 mcg levonorgestrel/20 mcg ethinyl estradiol) ™
TABLETS
learn more at **www.lybrel.com**

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November 2007 213302-01

Please see Brief Summary of Patient Information on the adjacent page.

LYBREL™ (90 mcg levonorgestrel and 20 mcg ethinyl estradiol) Tablets

For full Prescribing Information and Detailed Patient Labeling, please visit www.lybrel.com.

Brief Summary Patient Package Insert

This product (like all oral contraceptives) is intended to prevent pregnancy. Oral contraceptives do not protect against transmission of HIV (AIDS) and other sexually transmitted diseases (STDs) such as chlamydia, genital herpes, genital warts, gonorrhea, hepatitis B, and syphilis.

Oral contraceptives, also known as “birth-control pills” or “the pill,” are taken to prevent pregnancy, and when taken correctly, have a failure rate of approximately 1-2% per year (1 to 2 pregnancies per 100 women per year of use) when used without missing any pills. The average failure rate of large numbers of pill users is approximately 5% per year (5 pregnancies per 100 women per year of use) when women who miss pills are included. However, forgetting to take pills considerably increases the chances of pregnancy.

Lybrel is a birth-control pill that is taken every day. When you take Lybrel, the lining of your uterus does not undergo the changes needed for menstruation, and therefore you do not have regular menstrual periods.

You are likely to have unscheduled or unplanned bleeding or spotting when you start to use Lybrel. The number of days each month with unscheduled bleeding and spotting usually decreases over time for the majority of women. When using Lybrel, the convenience of having no regular menstrual periods should be weighed against the inconvenience of unscheduled or unplanned breakthrough bleeding and spotting.

For the majority of women, oral contraceptives can be taken safely. However, there are some women who are at high risk of developing certain serious diseases that can be life-threatening or may cause temporary or permanent disability or death. The risks associated with taking oral contraceptives increase significantly if you:

- smoke
- have high blood pressure, diabetes, high cholesterol, or a tendency to form blood clots, or are obese
- have or have had clotting disorders, heart attack, stroke, angina pectoris, cancer of the breast or sex organs, jaundice, malignant or benign liver tumors, or major surgery with prolonged immobilization
- have headaches with neurological symptoms

You should not take the pill if you suspect you are pregnant or have unexplained vaginal bleeding.

Although cardiovascular disease risks may be increased with oral contraceptive use in healthy, non-smoking women over 40 (even with the newer low-dose formulations), there are also greater potential health risks associated with pregnancy in older women.

Cigarette smoking increases the risk of serious adverse effects on the heart and blood vessels from oral contraceptive use. This risk increases with age and with the amount of smoking (15 or more cigarettes per day has been associated with a significantly increased risk) and is quite marked in women over 35 years of age. Women who use oral contraceptives should not smoke.

Most side effects of the pill are not serious. The most common such effects are nausea, vomiting, unscheduled bleeding, weight gain, breast tenderness, and difficulty wearing contact lenses. These side effects, especially nausea and vomiting, may subside within the first three months of use.

The serious side effects of the pill occur very infrequently, especially if you are in good health and do not smoke. However, you should know that the following medical conditions have been associated with or made worse by the pill:

1. Blood clots in the legs (thrombophlebitis), lungs (pulmonary embolism), stoppage or rupture of a blood vessel in the brain (stroke), blockage of blood vessels in the heart (heart attack and angina pectoris) or other organs of the body. As mentioned above, smoking increases the risk of heart attacks and strokes and subsequent serious medical consequences. Women with migraine also may be at increased risk of stroke with pill use.
2. Liver tumors, which may rupture and cause severe bleeding. A possible, but not definite, association has been found with the pill and liver cancer. However, liver cancers are extremely rare. The chance of developing liver cancer from using the pill is thus even rarer.
3. High blood pressure, although blood pressure usually returns to normal when the pill is stopped.

The symptoms associated with these serious side effects are discussed in the detailed leaflet given to you with your supply of pills. Notify your health care provider if you notice any unusual physical disturbances while taking the pill.

In addition, drugs such as rifampin, as well as some anticonvulsants and some antibiotics, herbal preparations containing St. John’s Wort (Hypericum perforatum), and HIV/AIDS drugs may decrease oral contraceptive effectiveness.

Various studies give conflicting reports on the relationship between breast cancer and oral contraceptive use.

Oral contraceptive use may slightly increase your chance of having breast cancer diagnosed, particularly if you started using hormonal contraceptives at a younger age.

After you stop using hormonal contraceptives, the chances of having breast cancer diagnosed begin to go down, and disappear 10 years after stopping use of the pill. It is not known whether this slightly increased risk of having breast cancer diagnosed is caused by the pill. It may be that women taking the pill were examined more often, so that breast cancer was more likely to be detected.

You should have regular breast examinations by a health care professional and examine your own breasts monthly. Tell your health care professional if you have a family history of breast cancer or if you have had breast nodules or an abnormal mammogram. Women who currently have or have had breast cancer should not use oral contraceptives because breast cancer is usually a hormone-sensitive tumor.

Some studies have found an increase in the incidence of cancer of the cervix in women who use oral contraceptives. However, this finding may be related to factors other than the use of oral contraceptives.

Taking the pill provides some important noncontraceptive benefits. These include less painful menstruation, fewer pelvic infections, and fewer cancers of the ovary and the lining of the uterus.

Be sure to discuss any medical condition you may have with your health care provider. Your health care provider will take a medical and family history before prescribing oral contraceptives and will examine you. The physical examination may be delayed to another time if you request it, and the health care provider believes that it is appropriate to postpone it. You should be reexamined at least once a year while taking oral contraceptives. The detailed patient information leaflet gives you further information which you should read and discuss with your health care provider.

What You Should Know About Your Menstrual Cycle When You Use Lybrel

You are likely to have unscheduled or unplanned bleeding or spotting when you start to use Lybrel. The number of days each month with bleeding or spotting usually decreases over time in the majority of women. In a study of Lybrel, about 5 out of 10 women had 7 or more days of bleeding or spotting while using their third 28-day pill pack of Lybrel. The number of women with 7 or more days of bleeding or spotting decreased to 3 out of 10 women during the use of their seventh pill pack. Among women who continued to use Lybrel for one year, about 6 out of 10 women had no bleeding or spotting during their last month of use. Do not stop taking Lybrel because of bleeding or spotting as this will increase your chance of getting pregnant. If the spotting or bleeding continues for more than 7 consecutive days or if the bleeding is heavy, call your health care provider.

Can I Get Pregnant While Taking Lybrel?

You are not likely to get pregnant if you take Lybrel at the same time everyday as directed by your health care provider. Because regular monthly bleeding does not occur on Lybrel, it may be difficult to recognize if you get pregnant. If you suspect that you may be pregnant, or if you have symptoms of pregnancy such as nausea/vomiting or unusual breast tenderness, you should have a pregnancy test and you should contact your health care professional. Stop taking Lybrel if you are pregnant.

PREGNANCY AFTER STOPPING THE PILL

If you do not desire pregnancy, you should use another method of birth control immediately after stopping Lybrel. You can get pregnant within days after stopping Lybrel.

For information on HOW TO TAKE Lybrel, including Important Points to Remember and WHAT TO DO IF YOU MISS PILLS, please see the Detailed Patient Labeling for Lybrel.

This product’s label may have been updated. For current package insert and further product information, please visit www.wyeth.com or call our medical communications department toll-free at 1-800-934-5556.

Wyeth Pharmaceuticals Inc.
Philadelphia, PA 19101

This Brief Summary is based on Lybrel (90 mcg levonorgestrel and 20 mcg ethinyl estradiol) tablets prescribing information.

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Revised 05/07
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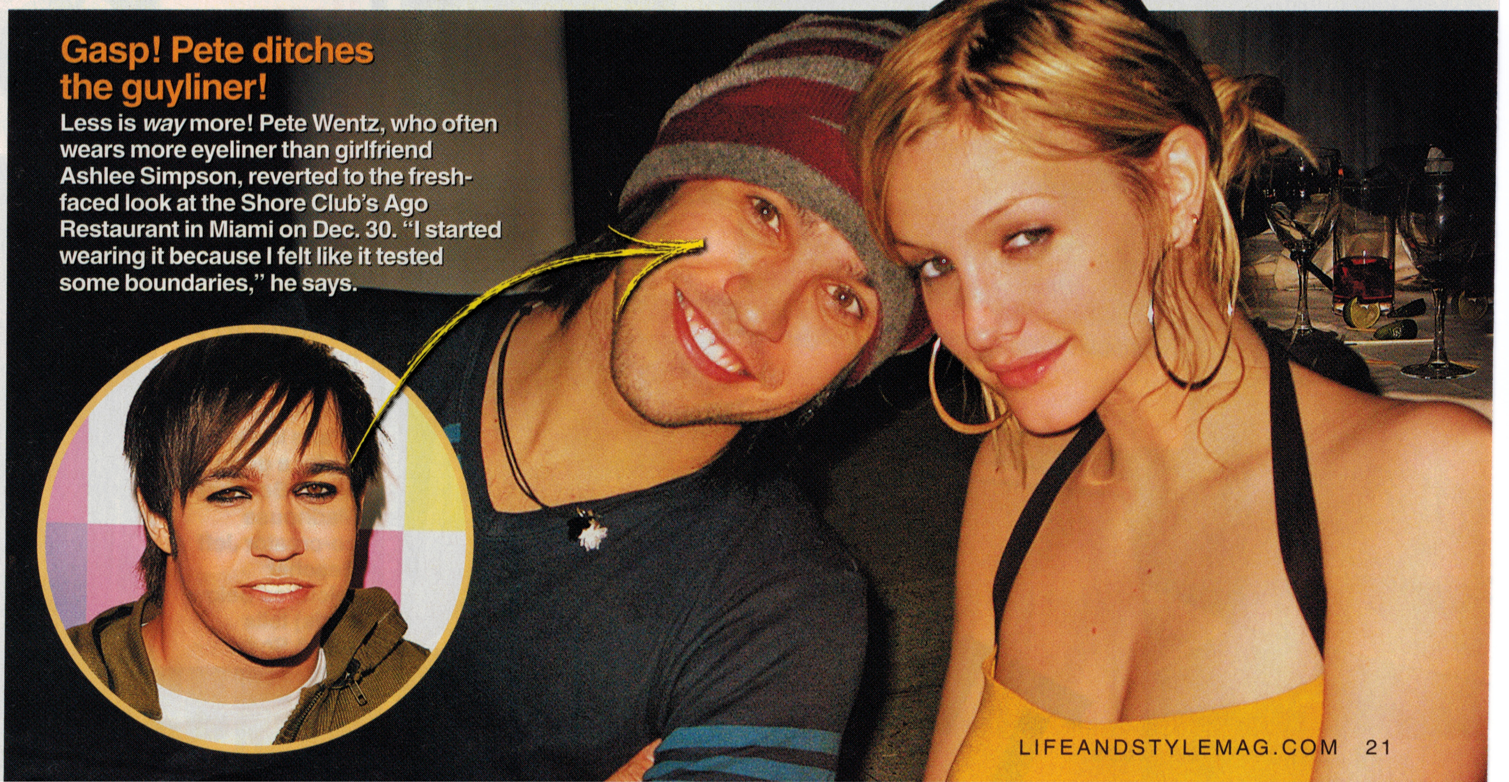
Wyeth®

Is that a hot dog, Mimi?

Slim-again Mariah Carey seems to be opting for smaller portions these days: On Jan. 3 in St. Bart's, she was spotted sharing her food with her pup, J.J.! (FYI, she was actually feeding him a burger.)

Marcia's Mommy time

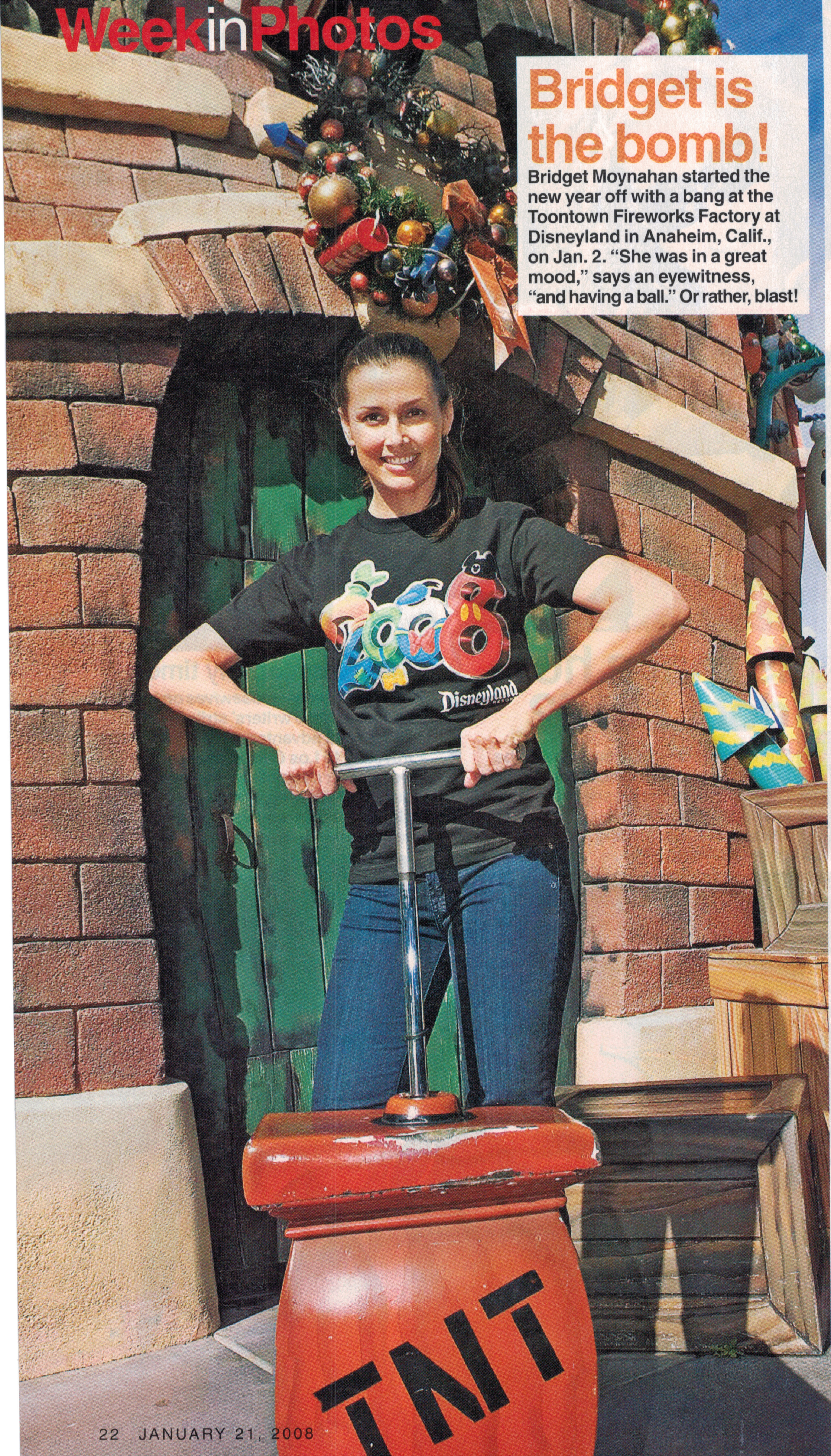
With *Desperate Housewives* on hiatus because of the writers' strike, Marcia Cross took advantage of the time off by traveling to Los Cabos, Mexico, on Dec. 30. "It's terrible for the larger picture, but when I'm with my daughters it's just glorious, so I'm enjoying that," she says.



Gasp! Pete ditches the guyliner!

Less is *way* more! Pete Wentz, who often wears more eyeliner than girlfriend Ashlee Simpson, reverted to the fresh-faced look at the Shore Club's Ago Restaurant in Miami on Dec. 30. "I started wearing it because I felt like it tested some boundaries," he says.

CLOCKWISE FROM TOP LEFT: SIPA; SPLASH; WIREIMAGE; FILMMAGIC



Bridget is the bomb!

Bridget Moynahan started the new year off with a bang at the Toontown Fireworks Factory at Disneyland in Anaheim, Calif., on Jan. 2. "She was in a great mood," says an eyewitness, "and having a ball." Or rather, blast!

Get off your high horse, Madge!

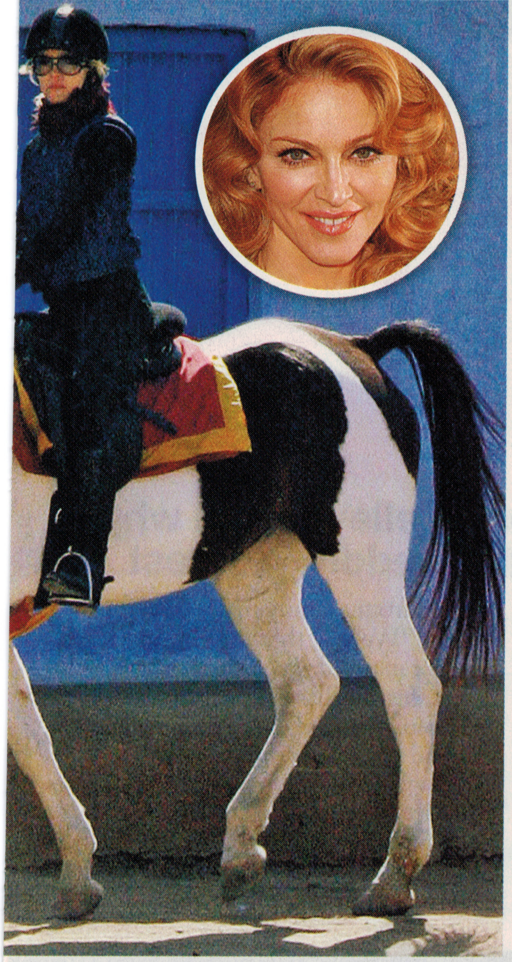
Madonna's back in the saddle again

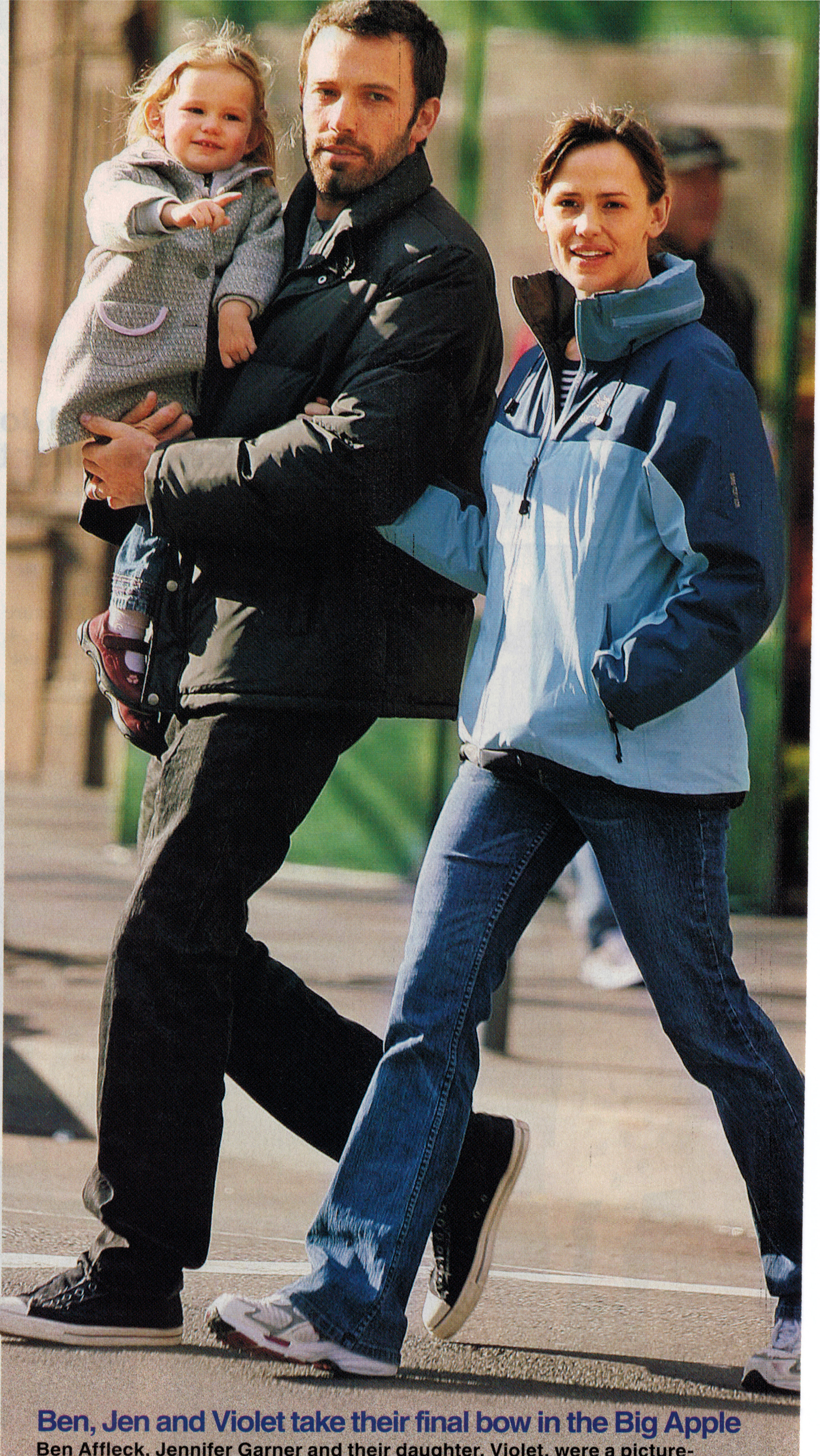
Madonna's gone from Material Girl to Cowgirl! The singer indulged her passion for horseback riding while vacationing in India on Jan. 3. She must be passionate — in 2005 Madonna fell off a horse, cracking three ribs and breaking her hand and collarbone. "I love horses," she says. Giddyup!

Money doesn't grow on trees, Paris!

Despite losing a big chunk of her inheritance to charity, Paris Hilton showered the crowd at LAX nightclub in Las Vegas with dollar bills on Jan. 3. "Paris is always up for a good time," Beacher's Madhouse co-creator Jeff Beacher (pictured below Paris) tells *Life & Style*.

CLOCKWISE FROM LEFT: AP; FAME; REX; RAMEY; SPLASH





Ben, Jen and Violet take their final bow in the Big Apple

Ben Affleck, Jennifer Garner and their daughter, Violet, were a picture-perfect family in NYC on Dec. 31. Jen wrapped her starring role in Broadway's *Cyrano de Bergerac* on Jan. 6, so what's left on her wish list? "A movie musical, preferably," she says.

Katherine and move in!

Katherine Heigl and Josh Kelley reveal why they waited until *after* the wedding to nest

The couple's reported $2.5 million pad in the Los Feliz section of LA has four bedrooms and 3½ baths.

The first order of business for newlyweds Katherine Heigl and Josh Kelley after returning from their honeymoon in Los Cabos, Mexico? Calling the movers! "I'm in Nashville right now moving my furniture to LA," Josh, 27, told *Life & Style* on Jan. 4. "I sold my house. We waited until we got married to move in together. I'm from the South; that's the way we roll."

And Katherine, 29, was cool with it. "She's from a family of good values," Josh notes. "We kept things separate. When we got married, we wanted it all to feel different. We basically wanted to feel like we were giving ourselves something new."

And they are — literally. While Josh was packing up in Tennessee, Katherine went on a shopping spree in LA. Says the happy groom, "We're looking for things that will make our house nice for both of us."

Home, sweet home! "Some people live together for several years before getting married and then there's nothing different after the wedding," Josh tells *Life & Style*.

Katherine sees red

Maybe she's getting used to walking down the red carpet, because one caught her attention at Diva in LA on Jan. 5. "She was in a great mood," says a fellow shopper. "She proudly showed off her engagement ring and wedding band."

FROM TOP LEFT: RAMEY; MAVRIX; LIMELIGHT; N/G; MAVRIX; BUZZFOTOS

Josh

Life&Style WEEKLY EXCLUSIVE INTERVIEW

Sofa, so good
"Katherine loved one of our turquoise-and-white living room sets, but she thought it might be a bit much for Josh," says a White Orchid Gallery employee. "She settled on a sleek white leather sectional."

Mood lighting
Katherine also explored different lighting ideas. "She seems determined to set up the perfect home for her and Josh," says a witness.

I'll take this one!
Katherine and her mother, Nancy, shopped at Between the Sheets on Jan. 5. "They were shopping for a long time," says a witness.

Josh's wedding highlights

JOSHKELLEY
SPECIALCOMPANY

"The album is about that growth period you go through and a new phase," Josh tells *Life & Style*.

Josh Kelley still hasn't come down from his magical Dec. 23 wedding to Katherine at the Stein Eriksen Lodge in Park City, Utah. "My favorite moment was when I looked back at my groomsmen and the sun was setting and the sky was vanilla. I felt like the wedding was something out of *The Chronicles of Narnia*," he tells *Life & Style*. "My other favorite part of the night was getting back on the drums and singing some of my songs with my younger brother, Charles." (Josh's new album, *Special Company*, drops on iTunes on Jan. 14 and in stores on Feb. 5.) "But in the end," says Josh, "nothing compared to watching Katherine."

Is Pax in D

"Brad and Pax rode around on that thing" — an industrial vehicle made by the company E-Z-GO — "for way too long," says a witness.

"Neither the passengers nor vehicle would fare well in an accident," says safety expert Harris Gross.

Brad and Angie make peace

Brad didn't make it home to Springfield, Mo., for the holidays. But on Jan. 2, he and partner Angelina Jolie and their four kids made Jane and William Pitt happy when they flew in for a visit, says an insider. And despite a reported long-simmering tension between Angelina and Brad's mom, they seemed to get along. "Jane shared some of Brad's favorite recipes — pecan pie, green-bean-and-mushroom-soup casserole and mac and cheese — with Angelina, who's learning to cook," says the insider. That night, the Jolie-Pitts had dinner at Arris' Pizza. "Brad said it was the first time all the kids have eaten out as a family," co-owner Joe Kremer tells *Life & Style*. "They enjoyed themselves." Two days later, they ate at Chuck E. Cheese in Springfield, where Brad had launched his acting career — in a rat costume!

ANGER?

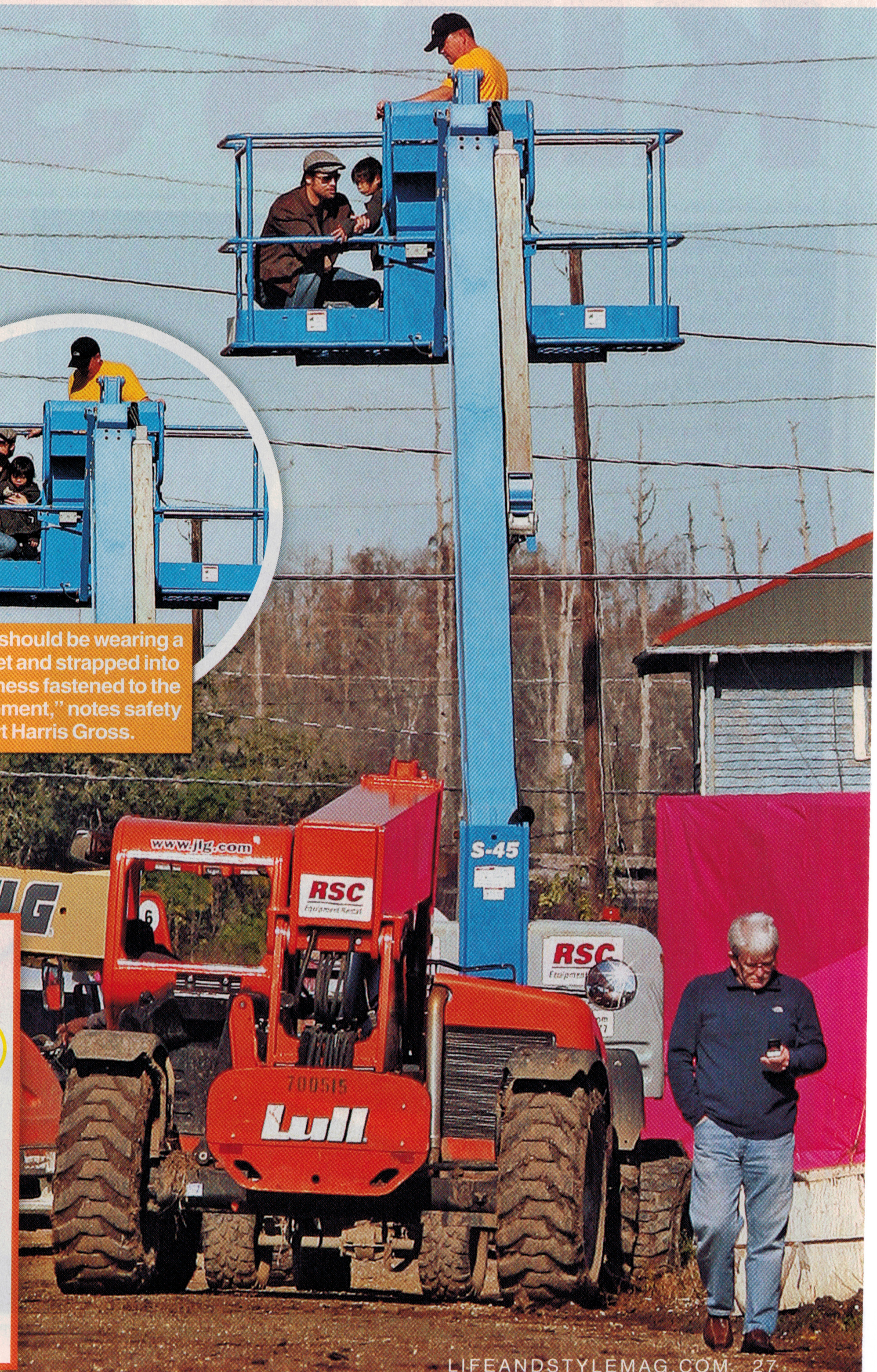
Brad Pitt's daredevil ways may be putting his son at risk

Brad Pitt was having a blast when he took son Pax on a 45-minute ride around a New Orleans construction site in an ATV-like vehicle on Dec. 31. Unfortunately, Pax, 4, looked like he'd rather have been home in bed. "He was ready to stop after 10 minutes," says a witness. "He was miserable."

Hard to blame him. The two were going about 15 mph, says the witness, without helmets or seat belts, and Pax was on Brad's lap, Britney Spears–style. "This is *not* safe," says engineer and child-safety expert Harris Gross. "A child should be in a booster seat."

Earlier that day, Brad had taken Pax up in the air some 30 feet on a cherry picker. What's he thinking? "He says he loves sharing his interests with the boys," says a friend. But perhaps he needs to focus a little more on their safety.

FROM BOTTOM LEFT: INF; N/C; INF (2)



"Pax should be wearing a helmet and strapped into a harness fastened to the equipment," notes safety expert Harris Gross.

with Brad's parents

Brad and Angie posed with waitstaff at Arris' Pizza, where they ate thin-crust pies on Jan. 2.

WHAT BR
KIDS SAW

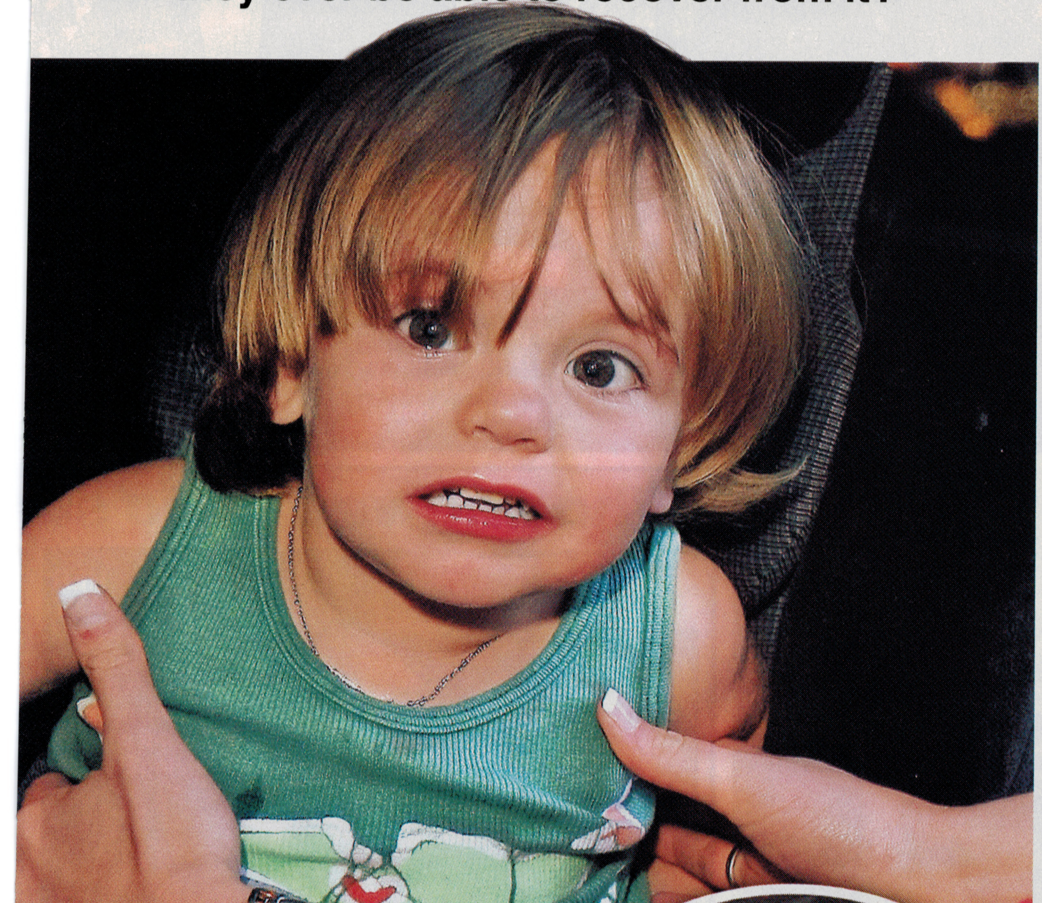
After Jayden (here peering out the window of Britney's LA home on Jan. 1) was taken from his mother, she "got really hysterical," says an insider. "When he saw her crying, he broke into tears, too."

Once Kevin's bodyguard fastened Sean into his car seat on Jan. 3, Britney began to freak out. When she locked herself inside the house with Jayden, her assistant tried to keep Sean distracted by playing with him.

FROM LEFT: X17; FINALPIXX. BUZZ ON THE COVER CLOCKWISE FROM TOP RIGHT: JENNY CRAIG (2); X17; FAME; JFX; PACIFIC COAST NEWS

ITNEY'S

Britney Spears' meltdown led to the most terrifying night of her young sons' lives — will they ever be able to recover from it?



Taken away

Britney was covered with a blanket and held down by restraints.

At about 7 p.m. on Jan. 3, Britney Spears stood in her home holding tight to her 1-year-old son, Jayden James. The scene, however, was anything but soothing. Just moments before, when Britney's ex-husband Kevin Federline's bodyguard, Mike, arrived at Britney's LA mansion to pick up Jayden and his older brother, Sean Preston, 2, Britney had suffered an apparent mental breakdown.

While Sean sat helpless, already strapped into bodyguard Mike's car, Britney, 26, grabbed Jayden and ran, locking herself and her baby in the bedroom, says an insider: "It was like something out of a horror movie. All you could hear was screaming. Jayden was crying hysterically."

Britney, however, was eerily calm — at first. "Mike tried for about 45 minutes to get her to come out," says the insider, "but she calmly said no and proceeded to ignore him."

But then Britney began to speak — to no one in particular and in a series of strange voices. "She was talking in all these different accents," the insider says. "It was creepy. And it scared the hell out of Mike. He called Kevin and told him what was going on."

At about 10:30 p.m., nearly three hours after the ordeal had begun, police finally coaxed Britney out of the bedroom, and she acted like nothing was wrong. "She said she'd just been eating animal crackers with Jayden and texting on her cell phone," says the insider. "The cops thought she may have been under the influence because of her strange behavior."

But the most harrowing part of the night was yet to come. The singer still refused to let go of Jayden, who had to be pried

THE WORST NIGHT OF

7 p.m.

While Kevin's bodyguard is strapping Sean into his car seat, Brit locks herself in the bedroom with Jayden.

8:30 p.m.

After 911 is called, a phalanx of police cars shows up at Britney's estate. The fire department arrives later that night.

12:46 a.m.

Jayden is carried into the hospital and then examined. He and Sean are released into Kevin's care around 4 a.m.

Who showed up to su

HER CONFIDANT

Sam Lutfi arrived at the hospital shortly before 1 a.m. but was denied access. He left without seeing Britney.

from her arms by police.

Brit hits rock bottom

After that, Britney simply lost it. "She didn't just hand him over," the insider reveals to *Life & Style*. "Jayden had to be taken from her. And Britney kept screaming, 'You can't take my babies! I want to kill myself!'" — an outrageous thing for any mother to say in front of her child. After being strapped onto a gurney, a hysterical Britney was taken to Cedars-Sinai Medical Center.

Scared and confused

With Britney en route to the hospital, Jayden became even more distraught. "No one knew if he was injured or just upset," says the insider. "He was so traumatized." To be safe, Jayden was taken to the hospital in a separate ambulance, while Sean was driven to Kevin's house.

After doctors determined that Jayden was physically unharmed, he and Sean were immediately taken from Cedars to Kevin's house. "They were both really upset and crying when they first got to their dad's," says an insider close to Kevin. "Kevin gave them some juice and put on one of their favorite movies, *Cars*. After a while they just fell asleep. They were exhausted."

Back at the hospital, Brit

BRIT'S LIFE

12:45 a.m.

The police issue Britney an ultimatum: She can leave in an ambulance and submit to a drug test or leave in a police car and be arrested for violating her custody order. "She chose the ambulance," says an insider.

port her

HER EX

After being questioned by doctors about Britney's condition, Kevin Federline, who had arrived around 1 a.m., took his sons home.

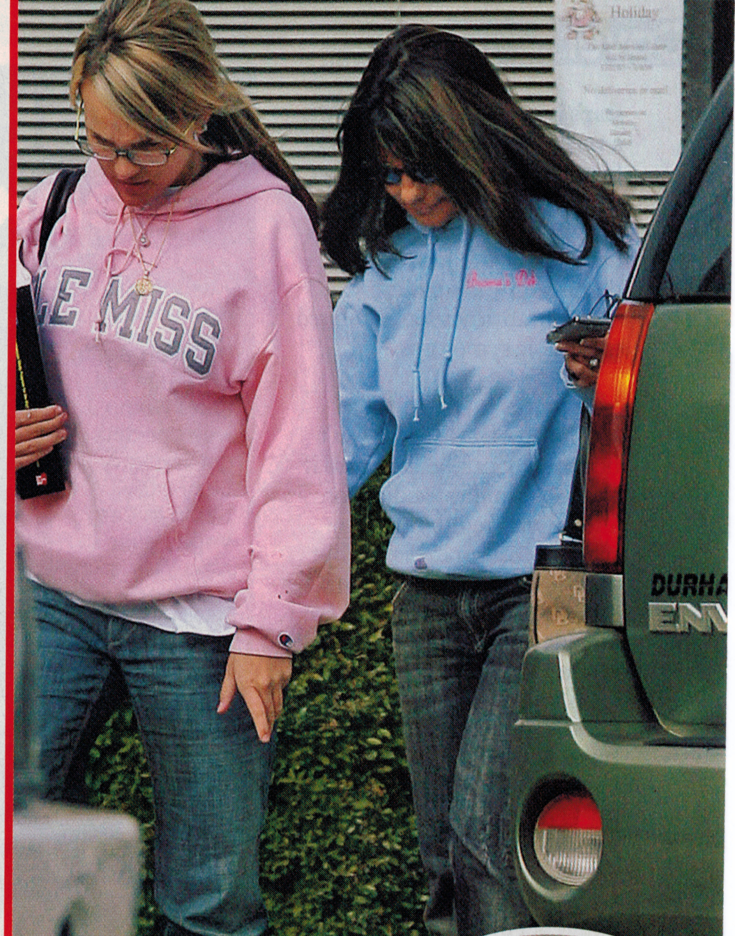
HER DAD

Britney had been estranged from her father, Jamie, recently. But he arrived at about 1:15 a.m. and was by her side throughout her hospital stay.

CLOCKWISE FROM TOP LEFT: AP; FAME; JFX; INF PHOTO (2); X17; REUTERS; RAMEY; FLYNET

also calmed down after reportedly being sedated. But doctors still felt she was a potential danger to herself or others and put her on a 5150 Hold — which allowed them to keep her for up to 72 hours — until Jan. 5. Britney banned all visitors except her dad, Jamie, and brother Bryan. But on the morning of Jan. 3, Dr. Phil McGraw showed up unannounced, claiming he was sent at the request of Brit's mom, Lynne. After a brief meeting with Britney, he said she was "in dire need of both medical and psychological intervention."

To California-based psychotherapist Stacy Kaiser, who hasn't treated Britney, the pop



Jamie Lynn, here with her mom on Jan. 4, is nearing her fourth month of pregnancy and lying low in Kentwood, La.

Lynne looked heartbroken on Jan. 5.

Where was Mom?

A major crisis can usually heal any mother-daughter rift — but not this one. While many insiders expected Britney's mother to rush to her daughter's side in the hospital, Lynne instead remained in the Spears' hometown of Kentwood, La., with Brit's pregnant 16-year-old sister, Jamie Lynn. "Britney has made it clear she doesn't want Lynne around," says an insider, "so Lynne's trying to focus on Jamie Lynn." But the stress of the situation is clearly taking its toll. On Jan. 5, Lynne was spotted sitting by the graveside of her sister, Sandra Covington, who died from ovarian cancer last year. "She's planning to go to LA to see Sean and Jayden," says the insider. "She wants to give them some love."

star's issues are clear. "There is a very good chance she suffers from bipolar disorder," Kaiser tells *Life & Style*. "It's as if the person has two different poles of emotion — a low, deep depression and manic, crazy behavior. Britney has exhibited the classic symptoms."

Her sons' suffering

While bipolar disorder can't be cured, it can be managed if the patient takes medication and goes to regular therapy sessions, Kaiser explains. But even if Britney manages to save herself, the damage already done to her sons may haunt them forever.

"Short of Britney killing herself, breaking down in front of the kids is the worst thing that could happen," says Kaiser.

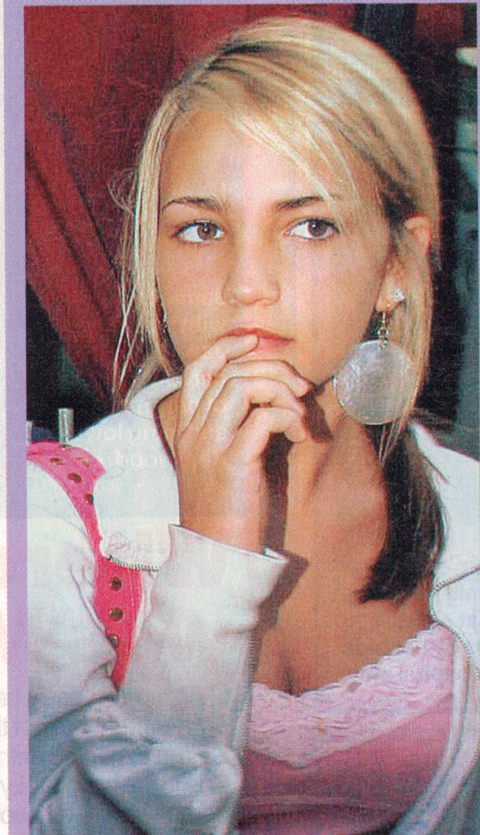
And if Britney continues to display dangerously unstable behavior, Kaiser says, things could get even worse. "Sean and Jayden could grow up to be angry, violent and withdrawn," she says. "It's a terrible thing for children to suffer through."

For now, a judge has prohibited Britney from seeing her sons, awarding sole legal and physical custody to Kevin. And Britney's acting as though the night never happened. Soon after her release, she fled to Palm Springs, Calif., where she was spotted holding hands with photographer beau Adnan Ghalib. The couple checked into a $1,500-a-night villa at the Parker Palm Springs hotel on Jan. 6 before returning to LA.

Sean and Jayden, meanwhile, are still recovering at Kevin's house, where everyone remains worried about them. "Kevin's really mad," the insider close to Kevin explains. "If Britney would just get the help she needs and really try to get better, he'd let her see the boys. He'd never deny his sons their mom. For better or worse, they love her."

What led to Britney's breakdown

Jealousy over Kevin
Brit's on-again, off-again pal Paris Hilton was spotted getting very cozy with Kevin in Las Vegas over New Year's weekend. While Paris denied that the two hooked up, Britney was reportedly furious and humiliated.



Stress over her little sister
As *Life & Style* has reported, Britney was incredibly hurt and angry that no one in her family called to tell her about Jamie Lynn's pregnancy — and that she had to hear about it through the media. "It just gave her one more reason to hate her family," says an insider.

Pressure of the custody war
On the afternoon of Jan. 3 — just hours before her breakdown — Britney showed up 90 minutes late for a deposition with Kevin's lawyer. She was questioned for just 14 minutes before the hearing ended and she fled.

CLOCKWISE FROM TOP RIGHT: WIREIMAGE; X17 (3); WIREIMAGE; SPLASH; GETTY

THE TRUTH BEHIND ALL THE RUMORS

Q: Was Adnan with her?

A: Adnan Ghalib, Britney's new boyfriend, didn't visit the singer during her hospital stay. He *was*, however, spotted romancing Britney in Palm Springs the day after her Jan. 5 release. But Brit may have reason to beware: According to photo agency Web site X17online.com, Adnan tried to sell photos of the couple for $5 million. When contacted by *Life & Style*, Adnan had no comment.

Q: Did Britney have a gun?

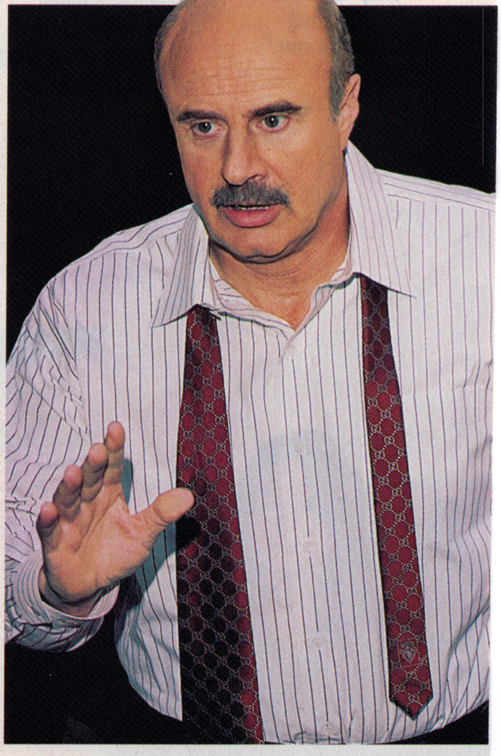
A: Reports that Britney had a gun in her home on Jan. 3 are completely false. "There was no gun involved," confirmed a rep for the LAPD when questioned about the matter. "This is the first we're hearing of this."

Q: Were drugs involved?

A: As *Life & Style* was the first to report, Britney tested negative for both drugs and alcohol while at the hospital. An article in the U.K.'s *News of the World* that claimed Brit could have slipped into a coma after ingesting more than 100 pills and a cocktail of Red Bull, vodka and Nyquil is false, say insiders.

Q: Where was Alli Sims?

A: False reports claimed Britney's ex–best pal Alli was in the house during the star's meltdown. She was actually 3,000 miles away in NYC, where she was spotted dancing at hot spot Tenjune on Jan. 4.



Q: Was Dr. Phil welcome?

A: After drawing criticism for showing up at the hospital unannounced, Dr. Phil said he was acting at the family's request. As *Life & Style* reported exclusively, Britney's dad, who invited Dr. Phil, got mad at the TV shrink for talking publicly about Brit and forced him to pull the plug on a televised intervention.

Q: Who really called 911?

A: Contrary to one report, Kevin's lawyer was not the one to call the police. After being alerted to the situation by his bodyguard, Kevin got on the phone with Britney's court-appointed monitor, who was also at the house. "Kevin then told the court monitor to call the police," an insider says.

Valerie's 40-po

"I'm liking my transformation," Valerie blogged months before reaching her final goal. "I like the smaller clothes, I like the way Tom [her boyfriend] looks at me."

"It was my relationship with food that was out of whack," admits Valerie, here in 2004. "Unconscious eating, emotional eating."

Valerie Bertinelli gave up emotiona

This year, actress Valerie Bertinelli had to rethink her standard New Year's resolution. For the first time in two decades, Valerie — who after nine months on the Jenny Craig diet has reached her 40-pound weight-loss goal — woke up on Jan. 1 not thinking about her weight. "That roller coaster, that battle, is over," she says as Jenny Craig's spokeswoman. "It's over."

And 2008 marks a real accomplishment for the 47-year-old former *One Day at a Time* star, who last year opened up about her struggles with constant dieting, eating when stressed and her ill-fitting size 14 jeans. Now her story is filled with the newfound success she's had following a 1,200-calorie meal plan created by her Jenny Craig personal consultant, Kathy Brumwell.

"She feels absolutely fantastic," Brumwell tells *Life & Style*. "She feels like she took her role as a model of healthy weight loss seriously."

Her diet details

And by losing an average of

FROM LEFT: STARTRAKS; JENNY CRAIG; JUPITER; PHOTOLIBRARY; JENNY CRAIG; GETTY (2); JFX; JENNY CRAIG; PHOTOLIBRARY

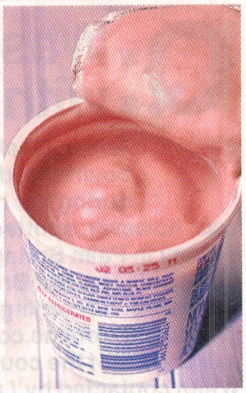
How Valerie did it

Jenny Craig consultant Kathy Brumwell worked with Valerie to create a six-meal-a-day menu based on Jenny Craig foods. And it works because everything is in a portion-controlled serving — even the snacks! Of course, Valerie says she also learned to create "meals on her own," in which she applies Jenny Craig principles when eating out.

BREAKFAST

Valerie's pick: Eggs and turkey ham fill a Jenny Sunshine sandwich (above).

Other options: An English muffin with an egg, tomato slices and fruit (such as half a grapefruit) is a perfect on-the-go start.



A.M. SNACK

Valerie's pick: Brumwell suggests a low-fat yogurt or a Jenny Craig bar.

Other options: Stock up on "free foods" (like radishes, artichokes and veggie-broth soups), which have fewer than 25 calories.

reached her
und goal!

ating for a newly slimmed-down life

1 to 2 pounds per week, Val (who also got her boyfriend, Tom, to go on the diet) reached her goal in a way that will help *keep* the weight off. The 5-foot-2 mom (son Wolfgang is 16) ate six times a day — dining on Jenny meals and noshing on healthy snacks. And when eating out, she simply followed a portion-controlled plan. Valerie also wore a pedometer to help her work up to taking 10,000 steps (or about five miles) a day.

New year, new plan

But while Valerie revealed on her Nov. 29 Jenny Craig blog that she'd reached her goal, Brumwell tells *Life & Style* Val's going to continue to follow her plan until she loses a few more pounds to give herself a comfortable 5-pound cushion. Even when she ups her calories in the maintenance phase (which is usually 1,700 to 2,000 calories), she'll eat at least one Jenny meal a day, maintain portion control, exercise and meet with Kathy.

"She's loving her new figure for the way she looks and the way she feels," says Brumwell. "She now feels in control."

Valerie reached her goal even faster than Kirstie!

Valerie had inspiration to reach her goal of losing 40 pounds — pal Kirstie Alley. Sure, Kirstie, 57, took almost two years on the Jenny Craig plan to reach her goal (Valerie took a remarkable nine months), but she came out (in a bathing suit on Oprah's Nov. 6, 2006, chatfest, no less) 75 pounds slimmer!

2005

LUNCH

Valerie's pick:
A Jenny chicken sandwich is easy to prepare midday.

Other options: Pair a salad topped with nonstarchy veggies, chicken and Jenny Craig dressing (or salsa!) with a small whole-grain roll.

P.M. SNACK

Valerie's pick:
Savory Jenny bruschetta chips (above) are a fave.

Other options:
Fruits like crunchy green apples or persimmons can help round out a daily plan — and keep hunger at bay.

DINNER

Valerie's pick:
She enjoys the Jenny chicken fajitas or turkey with gravy.

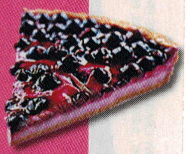
Other options:
When dining out, try to stick to grilled fish, steamed or roasted veggies and a small carb like a baked potato.

DESSERT

Valerie's pick:
A cup of sugar-free Jell-O with fruit can satisfy a sweet tooth.

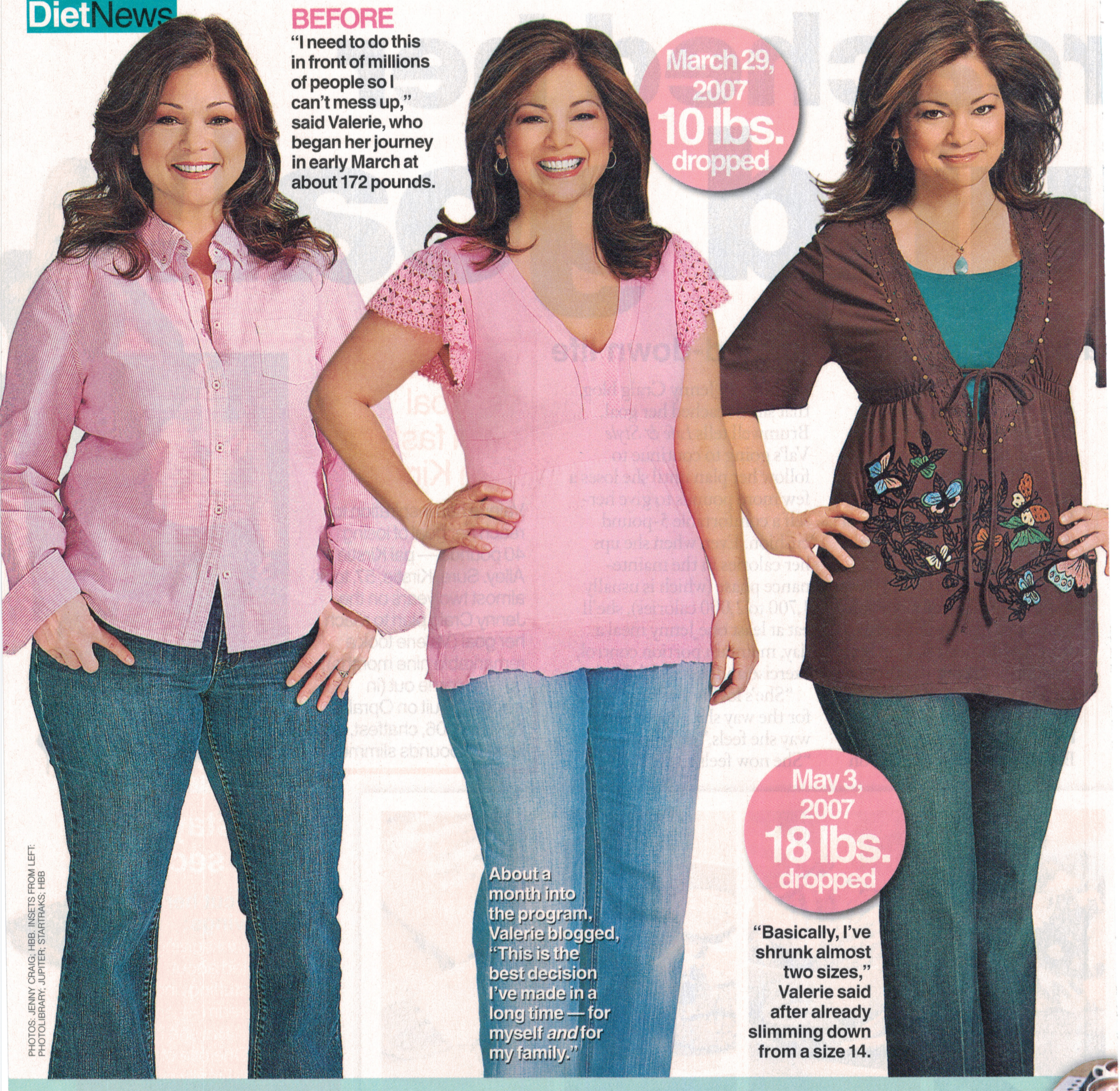
Other options:
Have fun! Nothing in the plan prevents having an occasional few bites of birthday cake or a glass of wine.

Val's stay-on-track secrets



How she cut her carb cravings:
Around Thanksgiving, Val lamented about "pies and stuffing and whipped cream — and more pies!" But she had a solution: "One bite of pumpkin pie is all I really need.... How realistic is never eating chocolate again? Or bread?"

How she got over a weight-loss plateau:
After Val reached her initial 30-pound goal in August, she vowed to lose another 10. But it wasn't easy! Only by adding interval training and increasing her workout intensity did she finally up her metabolism and shed the last pounds.



BEFORE
"I need to do this in front of millions of people so I can't mess up," said Valerie, who began her journey in early March at about 172 pounds.

March 29, 2007
10 lbs. dropped

About a month into the program, Valerie blogged, "This is the best decision I've made in a long time — for myself *and* for my family."

May 3, 2007
18 lbs. dropped

"Basically, I've shrunk almost two sizes," Valerie said after already slimming down from a size 14.

PHOTOS: JENNY CRAIG; HBB. INSETS FROM LEFT: PHOTOLIBRARY; JUPITER; STARTRAKS; HBB

Tricks to keep willpower up!

Valerie's the first to admit that dieting is all about willpower — and she had hers tested more than once. "I am surrounded by kid food…munchie food…my old-life food," she blogged. Well, the experts tell *Life & Style* how to ease those temptations. Here's how.

1 Burn scented candles

Nutritionist and *Turn Up the Heat* author Philip Goglia suggests distracting cravings by turning on other senses.

2 Watch what you're eating…

…and not the TV! NYC fitness guru Lacey Stone says to turn off the tube — and instead chow down in front of the mirror.

3 Clean out the fridge

"Don't wait until you finish off the ice cream and chips," says *The Biggest Loser* trainer Kim Lyons. "When you decide to commit, clean out your kitchen!"

4 Keep chocolate in liquid form

Forget digging into a box of chocolate. Nicole Dooley, owner of the Pilates Boutique in NYC, says to curb cravings with low-fat hot cocoa.

June 26, 2007
26 lbs. dropped

A size 10 Valerie celebrated this weight-loss milestone with a much-deserved martini!

Reaching her initial goal inspired Valerie to try for 10 more pounds! "The last ones are always the hardest," she blogged.

Aug. 1, 2007
30 lbs. dropped

Valerie, who is writing a memoir, found her validation even *before* reaching an estimated 132 pounds—she fit into an extra-small top at her cover shoot!

5 Catch plenty of z's

"A sweet tooth is often activated by exhaustion, when your body is tired and seeks energy," says celeb trainer Jim Ryno about sleep necessity.

6 Drink water as an appetizer

Even before the first bite, fill up on a large glass of water, says trainer Jose Gomez of NYC's Peak Performance gym.

7 Befriend a diet buddy

NYC dietitian Keri Glassman says finding a partner can help you through weak moments. New iTunes downloads or workout gear also motivate.

8 Find some star power

Goglia says to tape a photo of yo-yo dieter Janet Jackson on the fridge as a reminder not to let go of the plan.

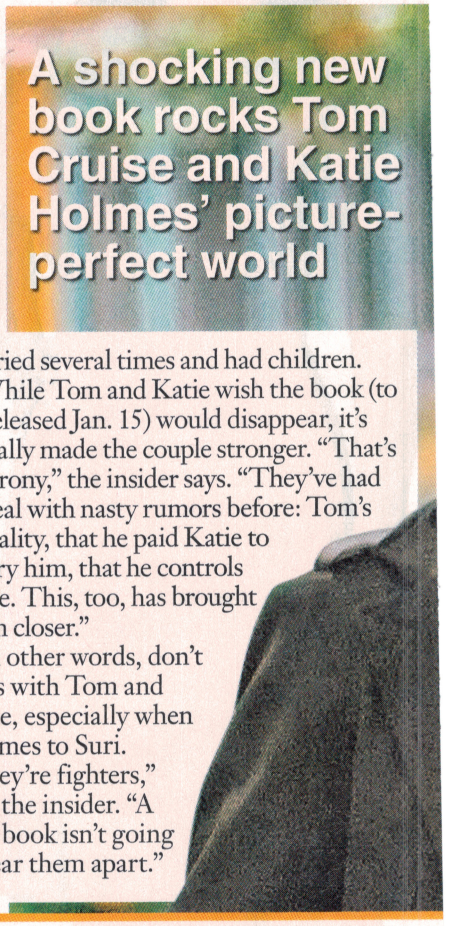
9 Curb sugar cravings with spices

Instead of adding sugar to food, trainer Ryno suggests spicing up a meal with healthier flavors, like cinnamon and nutmeg.

10 Buy some inspiration pieces

Purchasing an expensive pair of one-size-too-small jeans is a great motivator, says Stone.

THE FIG
SURI



A shocking new book rocks Tom Cruise and Katie Holmes' picture-perfect world

Tom Cruise and Katie Holmes are no strangers to ugly rumors, but now they're facing perhaps the most hurtful one of all. A new book, *Tom Cruise: An Unauthorized Biography*, by Andrew Morton, claims, according to reports, that a fanatical sect of Scientology believes the couple's daughter, Suri, was conceived with the frozen sperm of L. Ron Hubbard, the founder of the Church of Scientology.

"Tom could easily laugh it off, but it's hard for him to keep his cool when his daughter is the target," says an insider. "Suri is the product of Tom and Katie's love and devotion to each other. Any other suggestion is ridiculous."

Plus, Suri *looks* like Tom. "She's the spitting image of him," the insider notes. "She acts like Tom's mini-me."

A rep for the book's publisher tells *Life & Style*, "We stand by our book and our author." But Tom's rep, Julie Polkes, calls Morton's book "a false, vicious and bigoted attack on a man, his religion and his family — the author never interviewed anyone close to Tom." And a rep from the Church of Scientology says the book is "replete with lies."

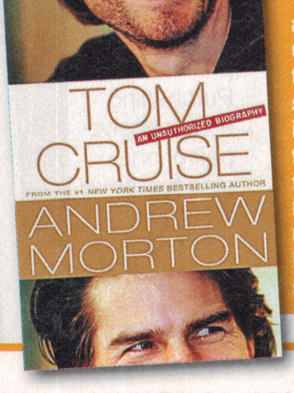
Crazy claims?

Scientology critic Rick Ross finds it hard to believe that L. Ron Hubbard could be the father. "Hubbard had no reason to worry about his progeny," Ross tells *Life & Style*, adding that the author of *Dianetics* was married several times and had children.

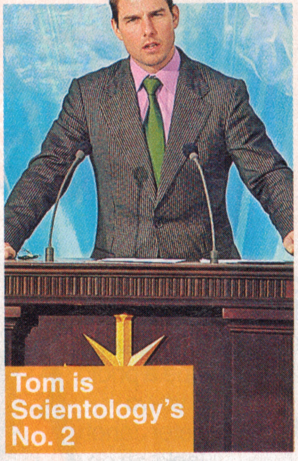
While Tom and Katie wish the book (to be released Jan. 15) would disappear, it's actually made the couple stronger. "That's the irony," the insider says. "They've had to deal with nasty rumors before: Tom's sexuality, that he paid Katie to marry him, that he controls Katie. This, too, has brought them closer."

In other words, don't mess with Tom and Katie, especially when it comes to Suri. "They're fighters," says the insider. "A silly book isn't going to tear them apart."

THE BOOK'S OTHER OUTRAGEOUS ALLEGATIONS


TOM
CRUISE
AN UNAUTHORIZED BIOGRAPHY
FROM THE #1 NEW YORK TIMES BESTSELLING AUTHOR
ANDREW
MORTON

"Tom is angry and upset about the book," says an insider close to the Cruise family. "It's incredibly mortifying. But he's a survivor."

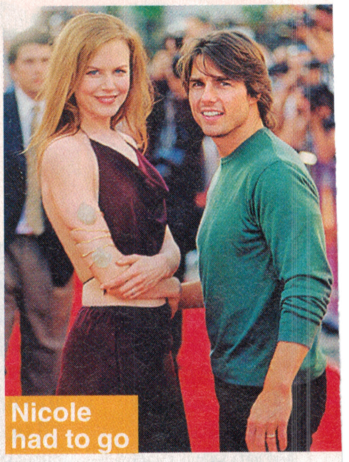


Tom is Scientology's No. 2

"I find it impossible to believe he's exercising any meaningful power within the church," Scientology critic Rick Ross tells *Life & Style*.

He scared away Penélope

The book, according to reports, claims that Penélope Cruz's father feared Scientology was cultlike, which played a role in the romance's demise.



Nicole had to go

The church allegedly forced Tom to split from Nicole Kidman, his wife of 10 years, because she didn't support Scientology.

HT OVER

"Tom and Katie are standing firm, and they're more in love than ever," says an insider.

He's after Posh and Becks

The book claims Tom wants to convert celeb pals like David and Victoria Beckham to his church. Not so, says a Cruise insider.

FROM RIGHT: GETTY; LANDOV; FILMMAGIC; BAUER-GRIFFIN; FEATPIX; R/R

Who is Andrew Morton?

The British author has penned several best-selling biographies and is almost as controversial as the Church of Scientology. He's best known for his 1992 book, *Diana: Her True Story*. The late princess reportedly cooperated on the project, but singer Madonna reportedly refused to be involved in Morton's 2001 tell-all about her life.

Nicole couldn't hide her baby bump when she and Keith dined at the Wharf Theatre in Sydney on Jan. 3.

NICOLE'S DREAM COMES TRUE!

At first, Nicole (here in Sydney on Jan. 7) was being "very coy" about her pregnancy, says an insider.

Yep, she's pregnant. Nicole Kidman's rep confirmed on Jan. 7 that the 40-year-old actress and her husband, Keith Urban, also 40, are expecting their first child. "The couple are thrilled," the rep announced to *Extra*.

Nicole has been trying to get pregnant for years, and last summer she admitted she had a miscarriage while married to Tom Cruise (with whom she shares two adopted children, Isabella, 15, and Conor, 13).

"No one has seen her this happy in ages," says an insider. "Friends have even been calling to congratulate her and Keith."

Rumors abounded for weeks that Nicole was expecting, but the star kept mum. "Obviously, she's a great actress, so no one was going to know for sure that she was pregnant until she was good and ready," says the insider. "She's always said that when she got pregnant she'd keep it a secret as long as possible."

The couple are currently in Sydney, says the insider, who adds, "She's hunkering down with her parents and her sister there. She wants to be around family right now."

Heath's new model romance

Heath Ledger, who recently split with Michelle Williams and has been romantically linked with Helena Christensen, Kate Hudson and Heather Graham, is now getting to know supermodel Gemma Ward. The two were spotted together over the holidays in their mutual hometown of Perth, Australia — first catching the comedy *Outsourced* at the Somerville cinema on Dec. 20 and then dining with friends at the eatery Creatures Loft on Dec. 26.

"They had a very good time," restaurant manager William Wood tells *Life & Style*. Adds a Perth insider, "It's pretty obvious they're an item."

Heath, 28, and Gemma, 20, weren't all over each other in Australia, but they looked like they were together, according to a report.

"It was a lounging kind of getaway," says an insider.

"Jess and Tony left on Jan. 6," says an insider. "Tony had to prepare for his next game."

Jessica and Tony's family vacation

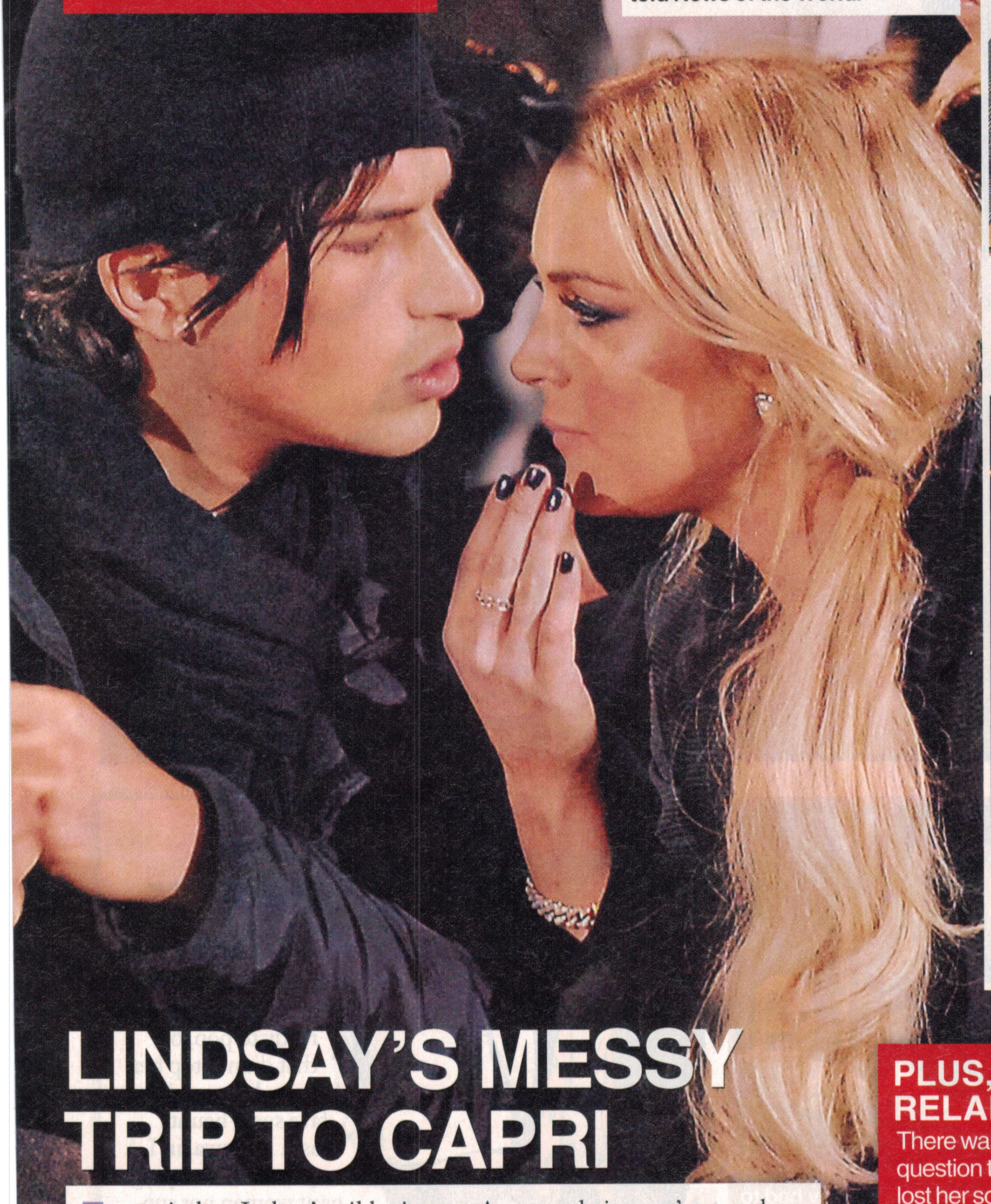
Jessica Simpson and Tony Romo, both 27, jetted off to Cabo San Lucas, Mexico, on Jan. 4, but they weren't alone. The hot new couple rented a house with two of Tony's Dallas Cowboys teammates and their significant others, along with Jess' parents, Tina and Joe! "They had a private butler, maid and chef," says an insider. "At one point, Tony was sitting on a chair and Jess got up in front of everyone and did a little wiggle and shake for him. It was loosey-goosey, but it's not like they were going at it."

"Sushi is my favorite food," Nicole (here with Joel in LA on Dec. 31) has said.

Sushi scare for Nicole?

Nicole Richie, 26, may have been ready to pop, but that didn't stop her from dining at her fave sushi haunt, Sushi Nozawa, in LA on Jan. 3. "Aren't pregnant women not supposed to eat raw fish?" asked a fellow diner. Indeed, "raw fish may contain parasites, toxic bacteria and pathogens that are harmful to a baby," Dr. Katherine McCoppin tells *Life & Style*. A rep for Nicole says the star had cooked eel, but an insider says she indulged in sashimi and two crab rolls.

CLOCKWISE FROM LEFT: FAME; LDP IMAGES; GETTY; IPHOTO; X17; FLYNET (2)



THE ITALIAN STALLION
"All of a sudden, she pressed up close and asked if she could kiss me," Alessandro diNunzio told *News of the World*.

LINDSAY'S MESSY TRIP TO CAPRI

Lindsay Lohan's wild trip to Italy for the Capri Film Festival in early January has come back to haunt her. A man Lindsay allegedly had sex with is now kissing and telling.

"Lindsay was very good and surprisingly experienced," musician Alessandro diNunzio, 27, told *News of the World*. "She wanted to do everything, every position. She was extremely flexible and adventurous. It was a good sex match."

Apparently it wasn't enough to satisfy Lindsay, though. Alessandro says he was "hurt" and "sad" when he discovered that Lindsay, 21, reportedly also found *amore* with two others during her wild trip: Italian actor Edoardo Costa, 40, and Dario Faiella, 21, son of Italian music icon Peppino Di Capri.

"I think that's the way things are with Lindsay," said Alessandro matter-of-factly. "But she was very sweet and loving in bed."

CLOCKWISE FROM LEFT: FAME; INF PHOTO; X17 (2); AP

THE BAD BOY
Lindsay hooked up with Dario Faiella at a club on New Year's Eve.

THE OLDER MAN
Lindsay was wined and dined by Edoardo Costa on Dec. 28, the same day she allegedly bedded Alessandro.

PLUS, SHE RELAPSED

There was no question that Lindsay lost her sobriety when she was caught swigging from a bottle of champagne on New Year's Eve. The relapse left her "heartbroken," says an insider.

GETTING HELP
Lindsay (here in Rome on Jan. 3) called her sponsor after drinking. "I'm extremely concerned," her father, Michael Lohan, tells *Life & Style*.

Mena's new man!

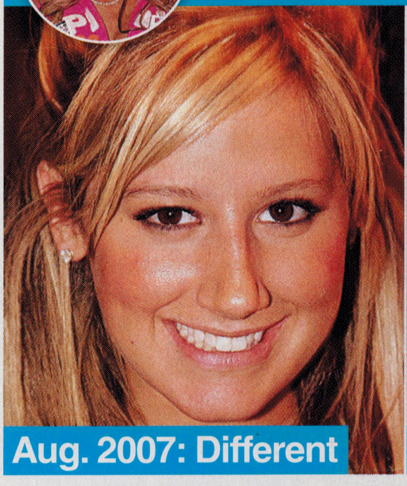
First a new hairdo — now a new beau! On New Year's Eve, Mena Suvari, 28, arrived at the Svedka Vodka party at NYC's Hotel Gansevoort arm in arm with boyfriend Simone Sestito. "They were kissing all night and telling people how they're going to Sundance together in late January," says a fellow partygoer. And Mena loved showing off her man. When photogs wanted to take her picture, "she grabbed him," notes the witness. "He didn't want to be in the spotlight, but she insisted. They're cute together!" After the bash, the couple had a late-night dinner with Joshua Jackson and Diane Kruger down the street at Spice Market.

SVEDKA
PARTY LIKE IT'S 2033
KNIGHTS HEAD

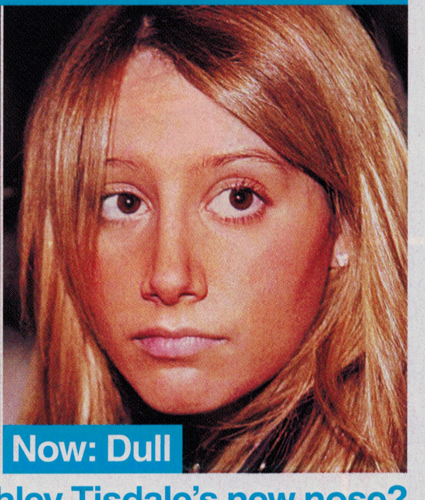
Mena and Simone had their own private table in the VIP section.

SIDE DISH!

WITH WENDY WILLIAMS



Aug. 2007: Different



Now: Dull

What do you think of Ashley Tisdale's new nose?

Awful! Her old nose gave her personality. It was cute. She's trying to look too normal — she doesn't stand out anymore. This is what happened to Jennifer Grey. She changed her awkward beauty and we never saw her again. We wanted to see the nose. It all comes back to self-image. These girls can't alter their appearance completely and not expect a backlash. Ashley looks like a broken-down Ashlee Simpson!

TUNE IN! **Talk diva Wendy Williams hosts the nationally syndicated radio show *The Wendy Williams Experience* (107.5 FM WBLS in New York). Log on to thewendywilliamsexperience.com, and check out her current novel, *Is the Bitch Dead or What?***

ON THE SCENE

"Kid Rock sure knows how to celebrate," says a fellow partygoer.

- ● **Kid Rock** drinking Knights Head beer at Svedka New Year's Eve, co-hosted by Michael Satsky of Stereo NYC, at the Hotel Gansevoort.
- ● **Adrian Grenier**, **Chace Crawford** and **Sophia Bush** previewing the new Kobe Club in Miami on Dec. 30.
- ● **Avril Lavigne** headlining club Privé's New Year's Eve bash in Las Vegas, then partying with husband Deryck Whibley at hot spot Villa in LA on Jan. 2.
- ● **Kim Kardashian** hosting the grand opening of Home in St. Louis, Mo., on Dec. 29 before jetting off for her NYE gig at the Mansion's Tanqueray party in Miami on Dec. 31.
- ● **Leonardo DiCaprio** getting cozy with girlfriend **Bar Refaeli** at club Bank at the Bellagio in Las Vegas on New Year's Eve.
- ● **Jaime Pressly** ringing in the new year with the **Oompa-Loompas** from Jeff Beacher's Madhouse at Moon in the Palms Casino Resort in Las Vegas.
- ● **Sophia Bush** making a new pal in **Eve** at the Cuervo Platino Tequila party in the Delano's Florida Room in Miami on Jan. 1.

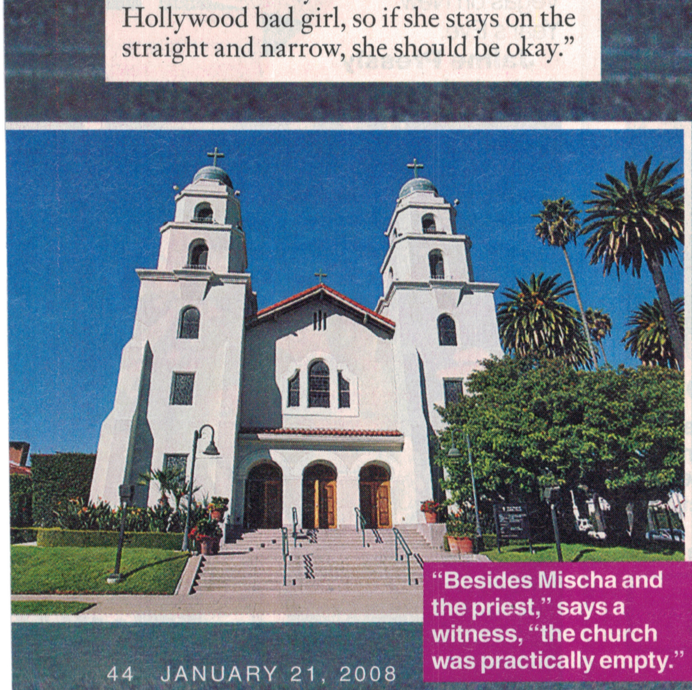
Sophia (right) met Eve for the first time.

Jaime schmoozed the Oompa-Loompas.

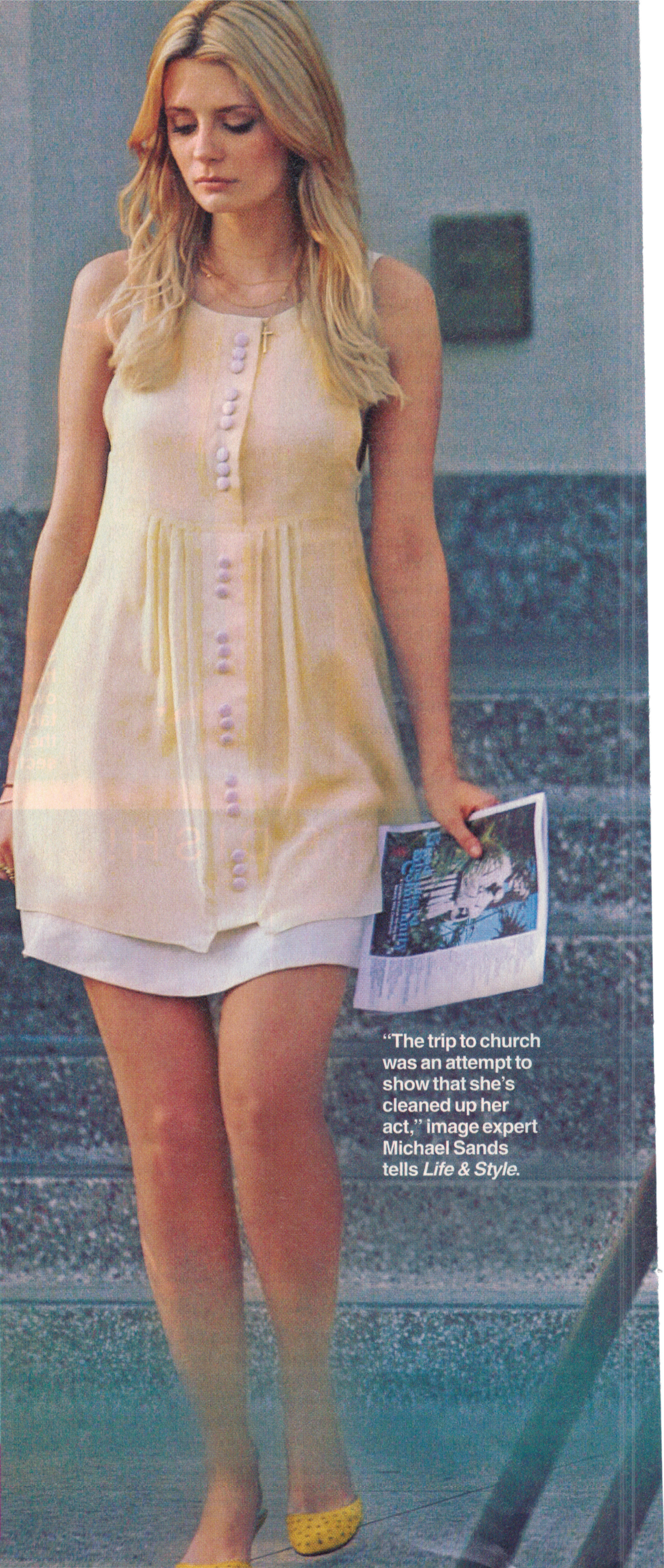
MISCHA'S DAMAGE CONTROL: CHURCH

Just one week after getting arrested for DUI, Mischa Barton made a pit stop at her local parish. On Jan. 2, the troubled starlet visited the Good Shepherd Catholic Church in Beverly Hills. "She had on some light makeup, but she didn't look like she was dressed to go out," says a witness. "She was wearing a cross and looked sad and somber." Mischa stayed inside the church for 20 minutes talking to a priest and then left with a pamphlet, says the witness. "There weren't any services going on."

But was Mischa, 21, genuinely trying to repent — or just repair her reputation? "This photo [right] looks totally staged," image expert Michael Sands tells *Life & Style*. "She's worried about losing her position as Miss Goody Two-shoes. It's damage control. Luckily, Hollywood has a selective memory. She's not known as a Hollywood bad girl, so if she stays on the straight and narrow, she should be okay."



"Besides Mischa and the priest," says a witness, "the church was practically empty."



"The trip to church was an attempt to show that she's cleaned up her act," image expert Michael Sands tells *Life & Style*.

Life&Style WEEKLY EXCLUSIVE

THEN: Mom-to-be

"My biggest downfall has been pizza," Nancy (here about six months pregnant at last year's Oscars) tells *Life & Style*.

Now: Super slim

"It's very elegant, sexy in a classy way," Nancy tells *Life & Style* about this dramatic Lloyd Klein gown.

FROM LEFT TO RIGHT: PACIFIC COAST NEWS (2); HUTCHINS PHOTO; LISA ROSE

Nancy gets her body back!

It's that time of year again — award season — so *Access Hollywood* host Nancy O'Dell went in search of the perfect red-carpet dress on Jan. 4 in LA. And she had no trouble fitting into anything. Nancy's already shed the baby weight she put on before the June birth of her first child, Ashby Grace.

So how *did* she get her body back? With a lot of hard work! "I worked out five to six days a week," Nancy, 41, tells *Life & Style*. "And I was running every single day for at least 30 minutes. Running always does it for me."

But she's still not completely satisfied with the results. "I'd like to lose 8 more pounds," she says. In the meantime, Nancy has a secret red-carpet weapon: "Spanx! Love the Spanx!"

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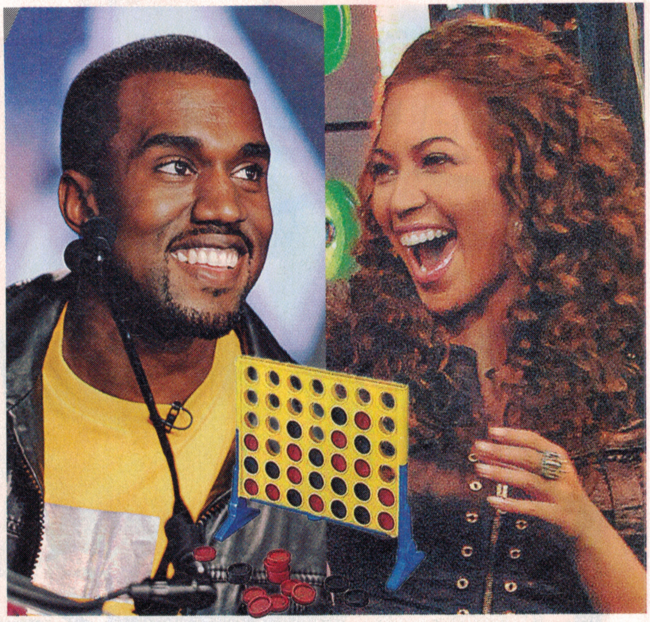
A0803A

Stars gossip too!

“I don’t understand putting famous people on a pedestal and making them into role models. They’re all on drugs and drinking a lot — completely the wrong people to look up to.”

—Lily Allen on Britney Spears

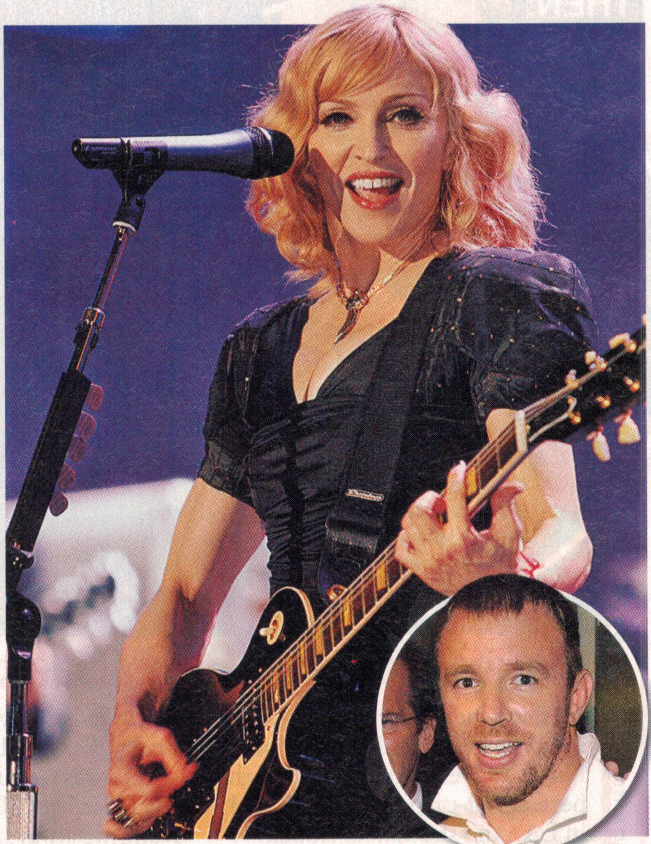


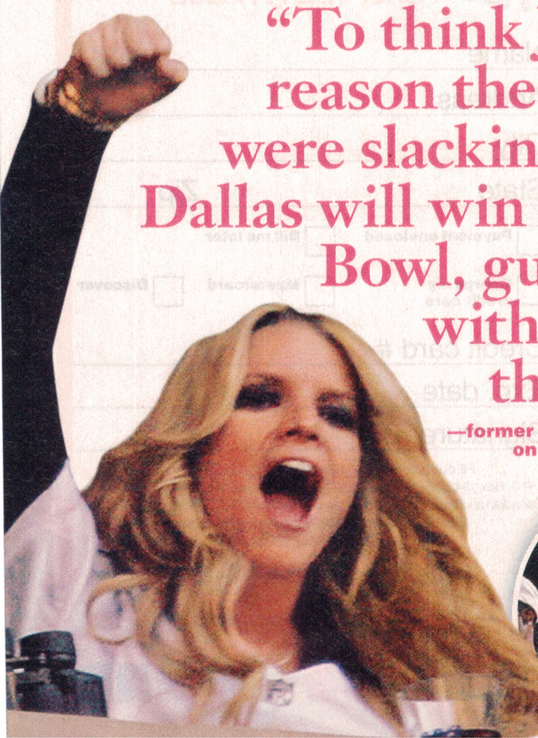
“Every now and then people would speak of this legendary Connect Four champion — Beyoncé! I had to play her. She beat me nine times in a row!”

—Kanye West

“If it were one of my twin daughters and she were 16 years old and pregnant, I would lock her up in my house.”

—Cindy Margolis on Jamie Lynn Spears





“To think Jess is the reason the Cowboys were slacking is crazy. Dallas will win the Super Bowl, guaranteed, with Jessica in the stands.”

—former NFL star Jamal Anderson on the Jessica Simpson jinx

“I have heard her CD. I think it’s her best CD, and I’m not just saying that. Well, I am just saying it, but I also mean it.”

—Guy Ritchie on wife Madonna’s new album

CLOCKWISE FROM TOP RIGHT: SPLASH; FILMMAGIC; GETTY; AP; GETTY; DAILY CELEB; LFI; X17

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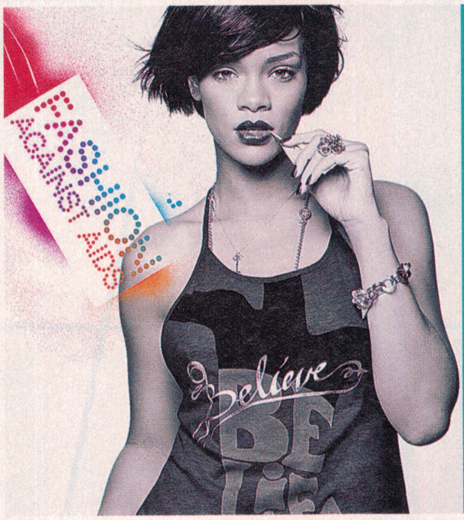
Searching for Gossip Girls

Following the success of *Laguna Beach*, reality TV's version of *The O.C.*, producers are now searching for the East Coast Lauren Conrad. The show will be modeled after the CW hit *Gossip Girl*. An ad has been posted on Craigslist.com, and fliers have circulated on New York's Upper West Side calling for "NYC prep schoolers for a reality show [to air on] a major youth-oriented network."

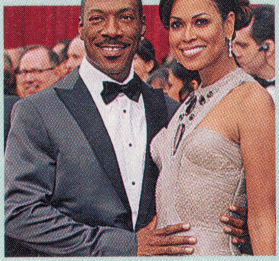
Hathaway becomes a Lancôme lady

Anne Hathaway has been chosen as the face of a yet-to-be-revealed new fragrance that Lancôme will launch worldwide in September. In announcing the decision on Jan. 2, company president Odile Roujol called Hathaway a "radiant young woman who perfectly embodies modern femininity."



Fashion against AIDS

Rihanna has teamed with H&M on a line of T-shirts, hoodies and tanks to raise awareness of HIV/AIDS among teens. H&M will donate 25 percent of the proceeds from the collection, which launches in February, to HIV/AIDS charities.



Murphy ties the knot

Eddie Murphy wed film producer Tracey Edmonds on a private island near Bora Bora on Jan. 1. Murphy has six children, including one with Melanie Brown, Angel Iris, 9 months.

Reality wedding

Survivor: Micronesia star Jonny Fairplay is getting married to his eight-months-pregnant girlfriend, *America's Next Top Model* contestant Michelle Deighton. The pair are expecting a baby girl at the end of January. "We're going to name her Piper Addison," Fairplay tells *Life & Style*. "And Alexis Arquette is going to be the godmother." The two are shooting for a May or June wedding.

Life&Style WEEKLY EXCLUSIVE

HAPPY NEW YEAR

FROM TOP: CELEBRITY PHOTO; CORBIS; JONNY FAIRPLAY; PR PHOTOS; COURTESY OF HM

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Reese & Jake: One big happy fam

Jake shows off his paternal side with Reese and the kids

Reese Witherspoon looked like any proud parent while hiking with her two kids in Malibu on Dec. 30 — and so did her boyfriend, Jake Gyllenhaal. "If I hadn't known better," says a witness, "I would've thought he was their father."

Jake, 27, certainly seemed like a natural, hoisting Deacon, 4, onto his shoulders and watching out for Ava, 8. "He was really protective," says a second witness. "He held the kids' hands and told them to look both ways before crossing the street."

An insider close to the actress says Reese, 31, "has been encouraging Jake to interact more with her children, and they're totally comfortable with him." Maybe that's because he lets them stay up late. "They spent New Year's Eve together in LA," the insider says. "They had noisemakers and party hats; the kids had a blast."

The couple have a good time on their own, too. On a stroll in LA on Dec. 29, "Reese was smiling wider than usual," says a witness. "She and Jake were really cute together."

Ava and Jake's body language sure is in sync! "The kids love spending time with Jake," notes an insider.

"They have a nice, easy chemistry together," says a witness who saw Reese and Jake running errands and grabbing coffee at a farmers market in LA on Dec. 29.

ily

During a hike in Malibu on Dec. 30, "the four of them really looked happy together," says a fellow hiker. Adds another witness, "It's obvious Jake has spent a lot of time with the kids."

FINALLY, RYAN ACCEPTS JAKE

Over the holidays, Ryan Phillippe, 33, made peace with his ex-wife's new romance by sending Reese and Jake a set of high-end nonstick cookware and kitchen tools because he knows the couple love to cook together. More important was the message Ryan (whose *Stop Loss* co-star Abbie Cornish was recently photographed with him and the children) sent to Reese, according to a friend: "He's okay with the kids spending time with Jake."

"Ryan managed to swallow his pride and told his kids to treat Jake with respect," says a friend. "He's moving on with his life."

FROM LEFT: FLYNET (3); WIREIMAGE

New year, NEW

Now that MTV has announced that *The Hills* will return this spring with eight brand-new episodes, one thing is clear: Anything can happen for Lauren Conrad and Co. One of the biggest possible changes? "Spencer wants to make peace with Brody and Lauren," says an insider. We can't wait to see what happens!

Before

Heidi's pout used to be thinner.

HEIDI HAD EVEN *MORE* SURGERY

She slimmed her nose and augmented her breasts in the spring, and on Dec. 29, Heidi Montag showed off a pair of newly plumped lips. Neither Heidi nor her rep could be reached for comment, but Whitney Port defends her *Hills* co-star's plastic surgery habit. "If it helps boost her confidence, then she's doing the right thing," Whitney tells *Life & Style*. "As long as a person's staying healthy and using good doctors, I don't think it's a problem."

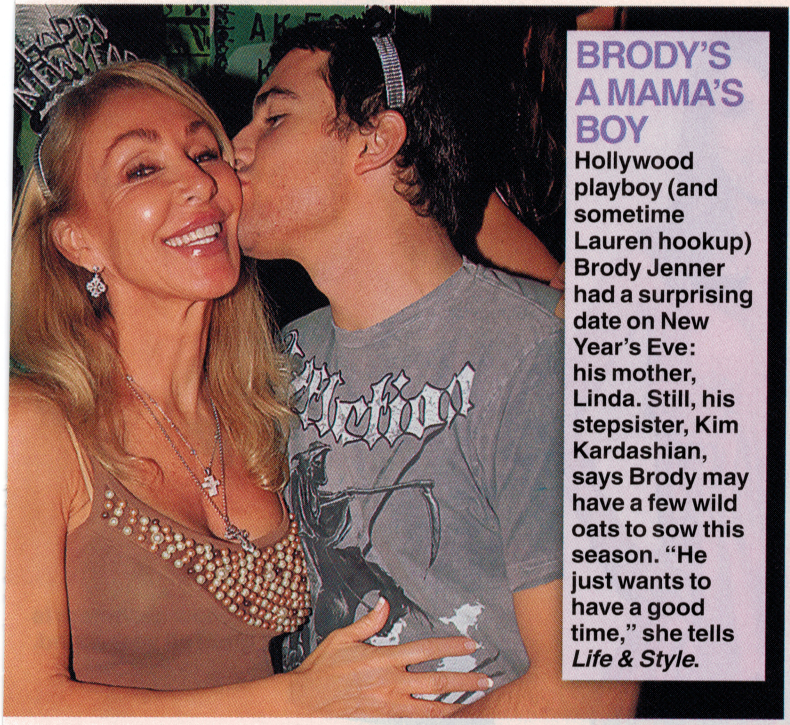
LOS ANGELES MISSION
Spencer Pratt
LOS ANGELES MISSION

SPENCER'S TURNED INTO A DO-GOODER

The Hills may have to look for a new villain — Spencer Pratt is acting pretty saintlike lately! After serving food to the homeless on Christmas, he traveled to North Carolina, where he handed out nearly $20,000 to students at Kings Mountain High School. And he's not done yet. "Heidi and I want to go to Africa with the United Nations," he tells *Life & Style*.

HILLS

2008 is already shaping up to be a year of major changes!



BRODY'S A MAMA'S BOY

Hollywood playboy (and sometime Lauren hookup) Brody Jenner had a surprising date on New Year's Eve: his mother, Linda. Still, his stepsister, Kim Kardashian, says Brody may have a few wild oats to sow this season. "He just wants to have a good time," she tells *Life & Style*.

FROM LEFT: CELEBRITY PHOTO; PACIFIC COAST NEWS; WIREIMAGE (2); STARTRAKS

LAUREN'S ABOUT TO MAKE SOME BIG CAREER MOVES

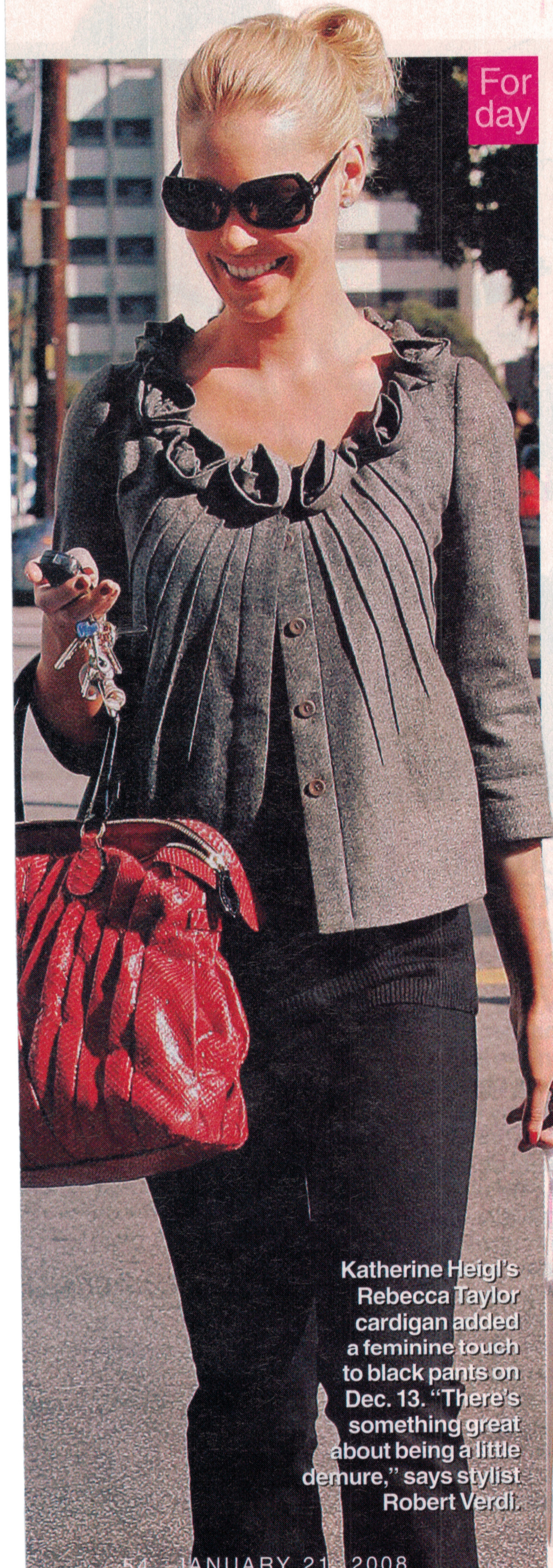
Now that her fashion line is taking off, Lauren Conrad may have outgrown her internship at *Teen Vogue*. "We're getting a little old for the magazine," co-worker Whitney admits to *Life & Style*. "It would be awesome if we could go someplace else together. We work really well with each other."

A NEW NEMESIS FOR LAUREN?

Kristin Cavallari is no longer denying rumors that she's coming to *The Hills*! When *Life & Style* caught up with Kristin on Jan. 5 — she was celebrating her 21st birthday at club LAX and Noir Bar — we asked if she's joining the cast. She just nodded and said, "It's a great show." Hmm.

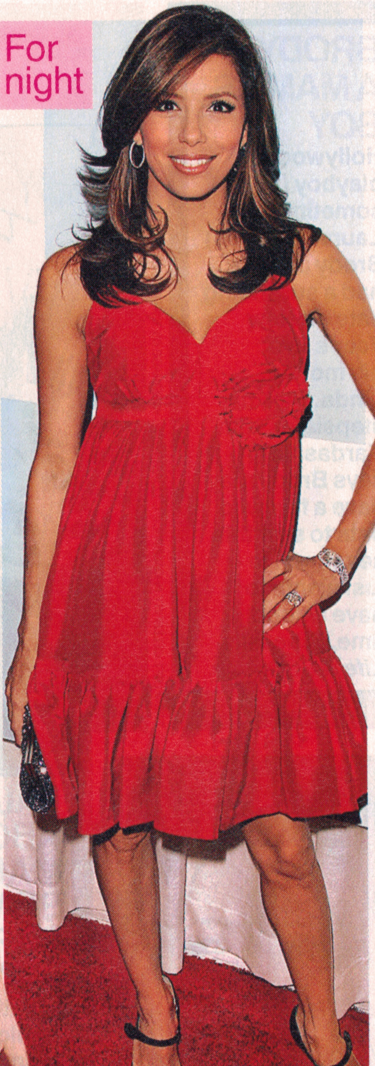
What's hot

For day



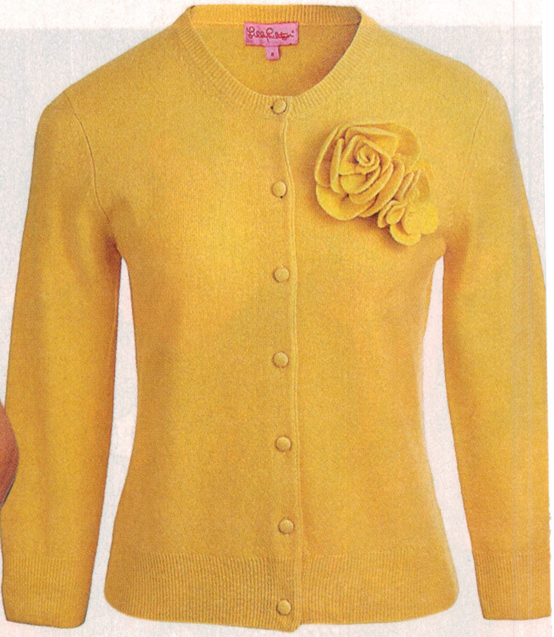
Katherine Heigl's Rebecca Taylor cardigan added a feminine touch to black pants on Dec. 13. "There's something great about being a little demure," says stylist Robert Verdi.

For night

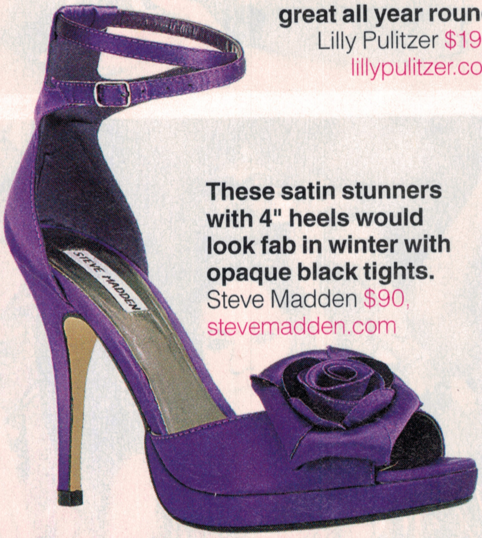


We love that the flower on Eva Longoria's Tracy Reese frock can be pinned anywhere.

FROM LEFT: FLYNET; FAME; WIREIMAGE (2). STILL LIFE: HBB



Yellow cashmere is great all year round. Lilly Pulitzer $198, lillypulitzer.com



These satin stunners with 4" heels would look fab in winter with opaque black tights. Steve Madden $90, stevemadden.com

Trend alert!

#10 Rosettes and sexy

this week

Handcrafted flowers take these bands from functional to flirty. ANadiaDesign $50 each, anadiadesign.com

This low-cut shift hugs all the right curves. Nanette Lepore $325, 212-219-8265

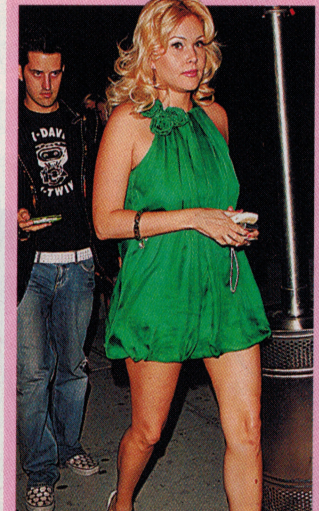
So luxe! A silk rosette definitely makes these worth the splurge. Giuseppe Zanotti Design $551, 212-650-0455

Two trends in one! Metallics are so hot right now. Loeffler Randall for Target $20, target.com

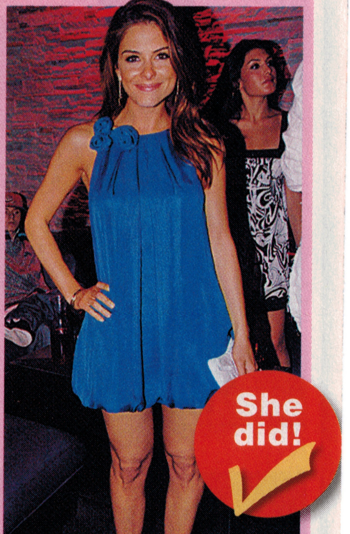
Floral detailing at the neck highlights toned shoulders and arms. Wet Seal, $20, Wet Seal stores

Carved Lucite bracelets are an easy way to get in on the trend. Tarina Tarantino $15 each, tarinatarantino.com

Who wore it best?



Shanna Moakler looks long and lean in this $129 mini from Bebe…



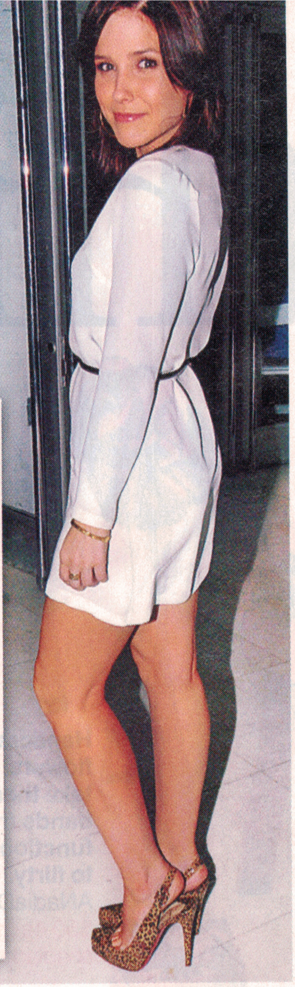
…but Maria Menounos' snugger version really shows off the star's curves.

are sweet

Hollywood's going girlie! Celebs have discovered the appeal of strategically placed buds. "Rosettes highlight key features, moving the eye up or down," Eva Longoria's stylist, Robert Verdi, tells *Life & Style*. "Just make sure they're always in full bloom!"

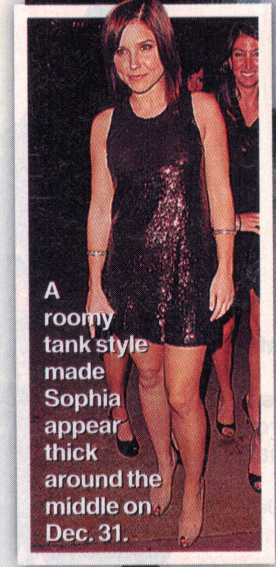
#9 Who knew! White is super slimming

White at night? Absolutely! Bright colors can cling to unwanted curves, but monochromatic snowy white glosses over the pounds that celebs want to forget, explains Mariah Carey's designer, Nile Cmylo. "White reflects light in a visually slimming way," she says. "It never distorts or expands the lines of a body or a dress."



Sophia enhances her petite frame

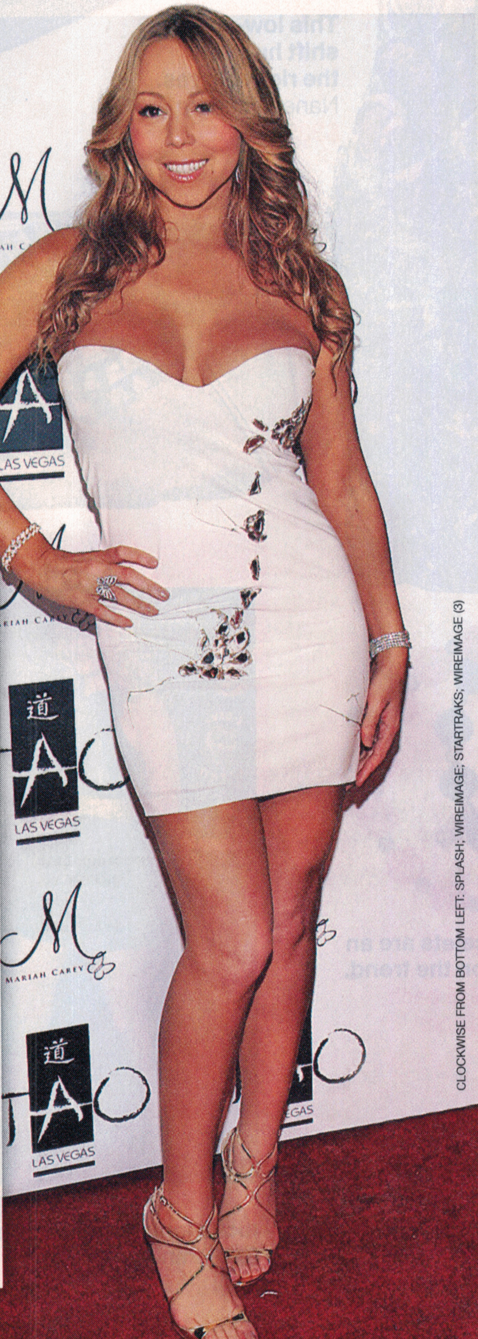
***One Tree Hill*'s Sophia Bush looked long and lean in a belted mini on Dec. 29. "Smooth fabrics mean less bulk," Cmylo notes.**

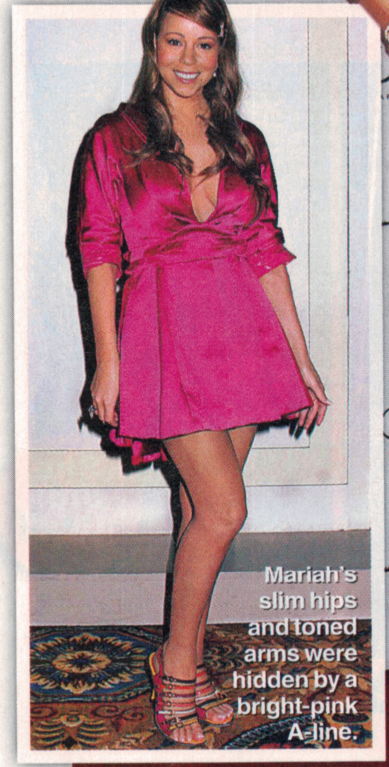


A roomy tank style made Sophia appear thick around the middle on Dec. 31.

Mariah plays up her assets

"White is a risky color," Mariah Carey tells *Life & Style* about the strapless Nile Cmylo number she wore on Dec. 31. "But for New Year's, I usually do it."



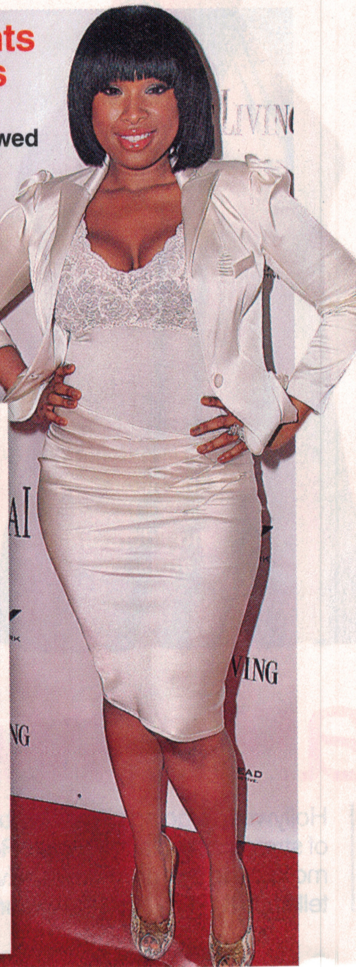


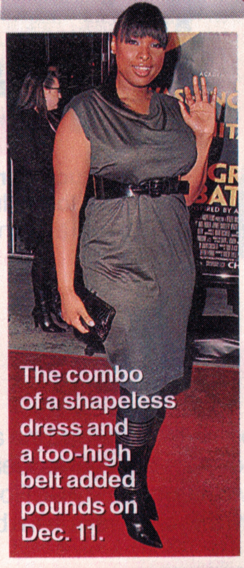
Mariah's slim hips and toned arms were hidden by a bright-pink A-line.

CLOCKWISE FROM BOTTOM LEFT: SPLASH; WIREIMAGE; STARTRAKS; WIREIMAGE (3)

Jennifer flaunts her hourglass curves

Jennifer Hudson wowed in Donna Karan on Dec. 31. "The interaction of different fabrics breaks up her silhouette into slimming proportions," says Cmylo.



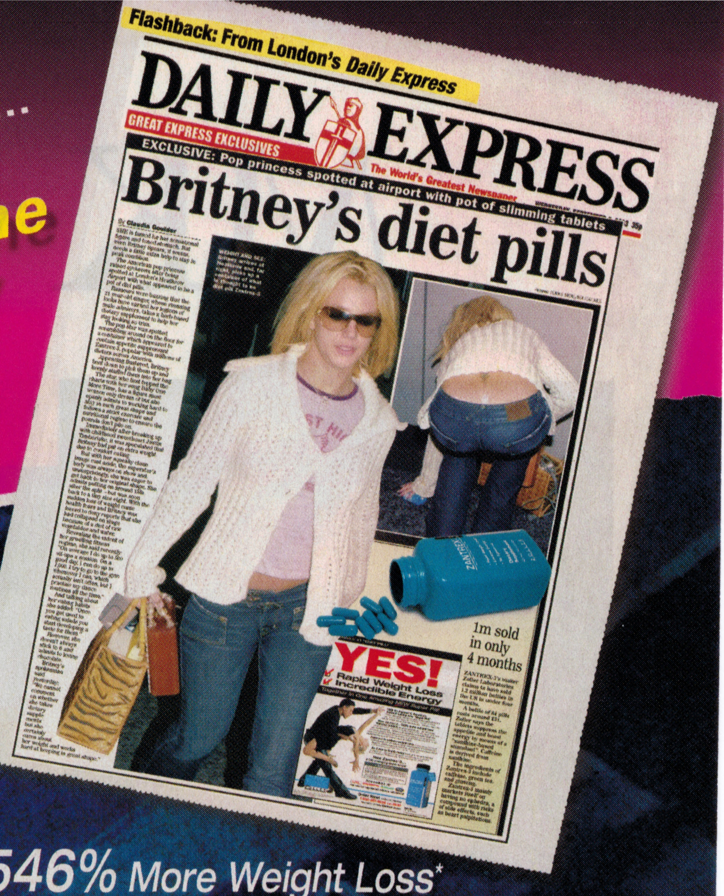


The combo of a shapeless dress and a too-high belt added pounds on Dec. 11.

Who knows how Hollywood Celebrities stay so thin? But we do know...

Zantrex®-3 is the #1 "diet pill" in Beverly Hills

Everyone ♥s Zantrex 3


Flashback: From London's *Daily Express*

DAILY EXPRESS
GREAT EXPRESS EXCLUSIVES
The World's Greatest Newspaper

EXCLUSIVE: Pop princess spotted at airport with pot of slimming tablets

Britney's diet pills

By Claudia Goulder

YES!
Rapid Weight Loss
Incredible Energy

1m sold in only 4 months

FACT: 546% More Weight Loss* Than the Leading Ephedra-Based Diet Pill†

Finally, rapid weight loss and incredible energy in one amazing "Super Pill." That's right! Rapid weight loss plus the kind of intense, non-stop energy kick you want from a diet pill... and more. Much more!

Zantrex®-3... 546% more weight loss than the leading ephedrine-based diet pill. And that's a fact. Here's another fact: Zantrex-3 is way beyond ephedrine, way beyond fat-burners, way beyond anything on the market today. Zantrex-3 is a new category of bifurcated weight-loss compounds providing both rapid weight loss and incredible energy combined into a single power-packed Super Pill.

Zantrex-3 is so powerful you won't find it in any supermarket next to some "Flintrock" vitamin for kiddies.

Beyond sustained energy, Zantrex-3 is serious weight loss... we're talking about rapid, significant weight loss. 5 times more weight loss than the leading ephedrine-based diet pill and all the energy you'll ever want or need... day or night.

So if you're finally ready to look great, feel great, and have energy to burn, Zantrex-3 is the one formula you've got to experience to believe. Get your Zantrex-3 today! Zantrex-3 in the distinctive bright blue bottle.

YES! Rapid Weight Loss.™ Incredible Energy.

ZANTREX-3
Manufactured In The USA
• Rapid Weight Loss*†
• Extreme Energy*
• No Ephedrine
Dietary Supplement
84 capsules
Protected by United States Patent #5,945,107
ZOLLER Laboratories
ZANTREX-3
546% More Weight Loss
Than "America's #1 Selling Ephedra Based Diet Pill"

Three Years and Still America's #1 Selling "Super Pill"

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*The "546% more weight loss" claim is based solely on Zantrex-3's active weight-loss component. However, Zantrex-3's non-ephedrine, xanthine-based Super Stimulant® has been shown to produce additional weight loss in some studies.
†For full study details visit www.Zantrex-3.com.

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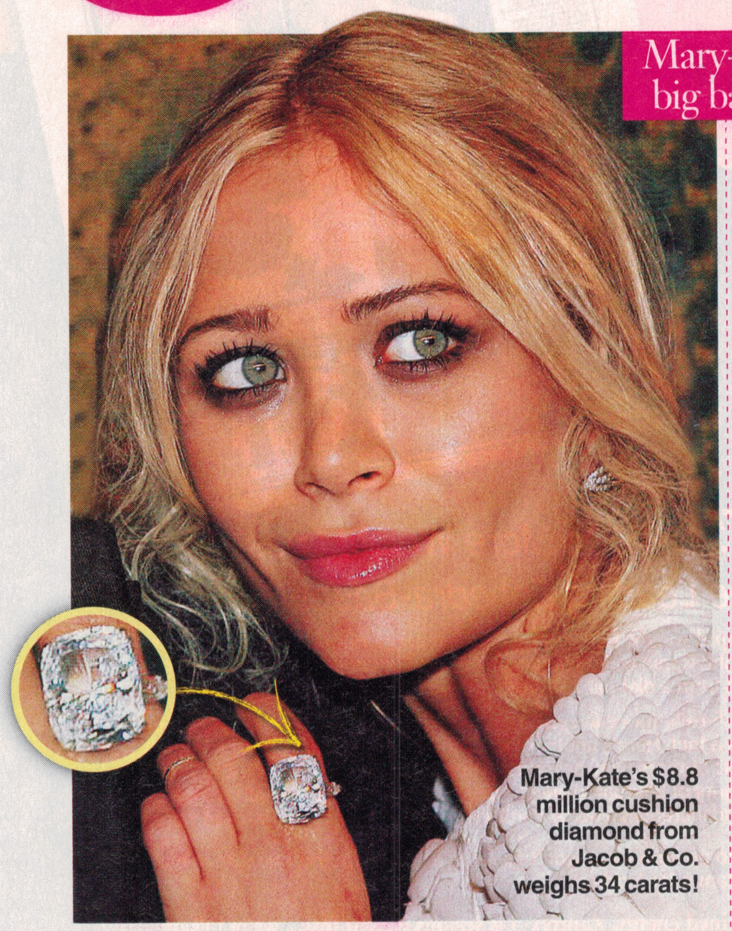
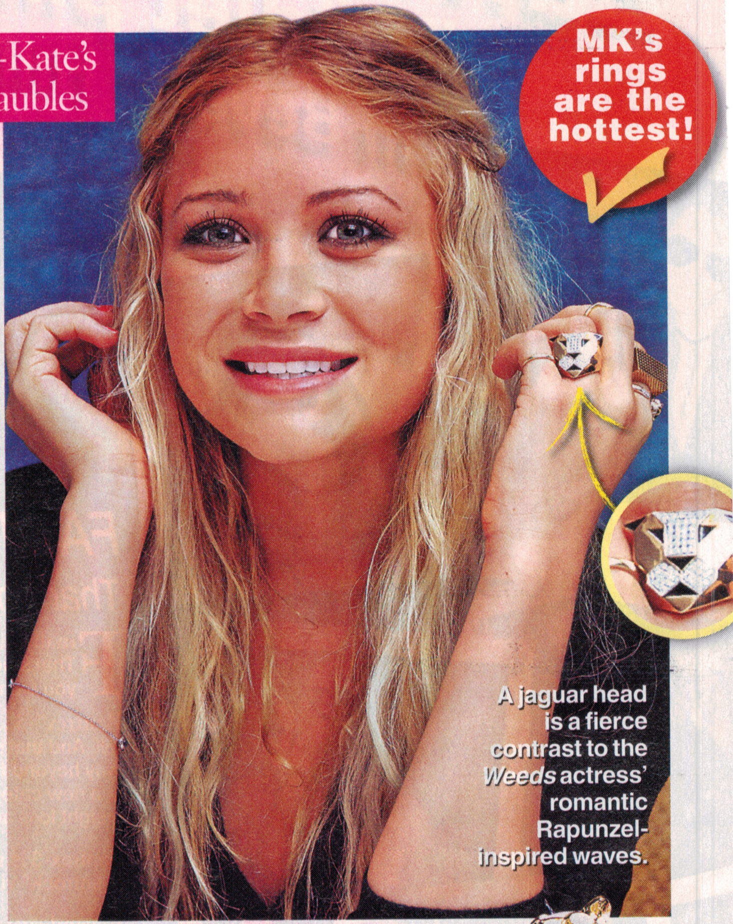
#8 MK vs. Ashley:

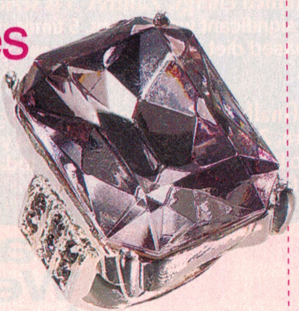


Mary-Kate's $8.8 million cushion diamond from Jacob & Co. weighs 34 carats!

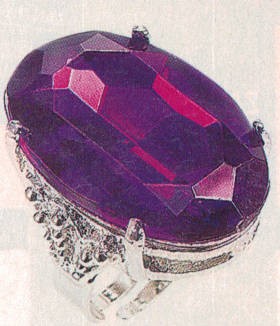


A jaguar head is a fierce contrast to the *Weeds* actress' romantic Rapunzel-inspired waves.

Glam gemstones

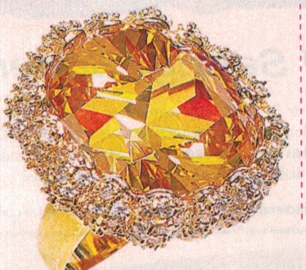


Leave those diamonds at home! This emerald-cut sparkler is club-friendly. Forever 21 $4, Forever 21 stores



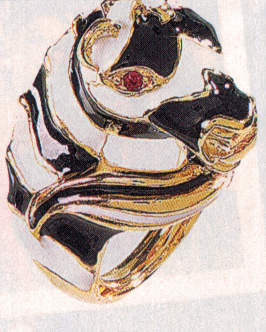
This purple jewel can be worn on any finger thanks to its adjustable band. LuLu's $12, lulus.com

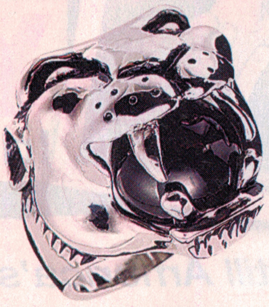
So over-the-top, it looks like an estate piece. Noir $145, shopkitson.com



Exotic animals

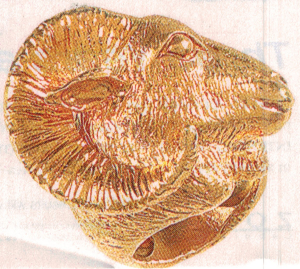
We love the contrast of glossy enamel zebra stripes and glittery red eyes. Kenneth Jay Lane $68, shopintuition.com





Show off a tough-girl side with a silver-plated panther head. Sequin $98, Henri Bendel

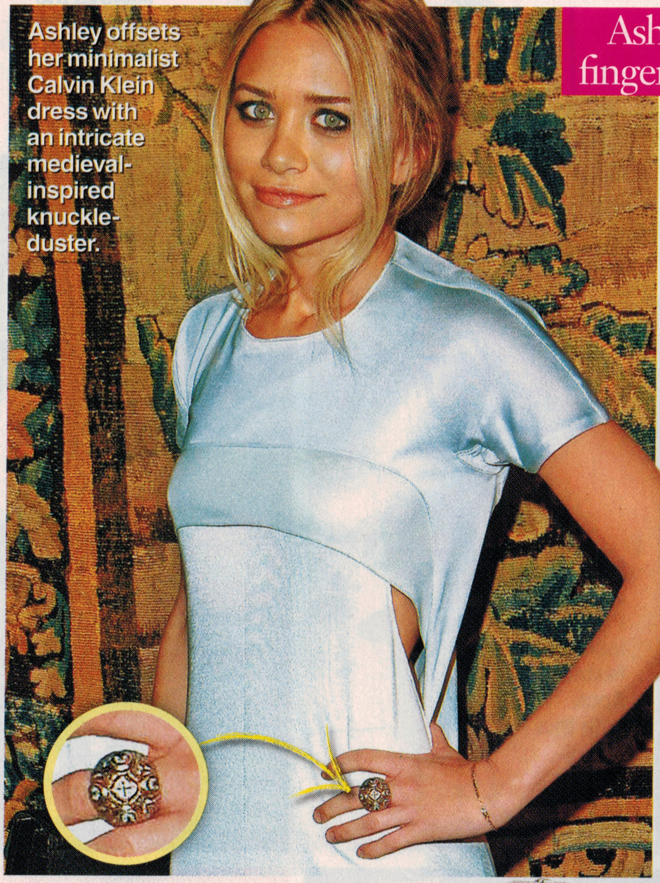
This chunky 22k-gold ram head is surprisingly comfy to wear. Azaara $225, 323-852-7100



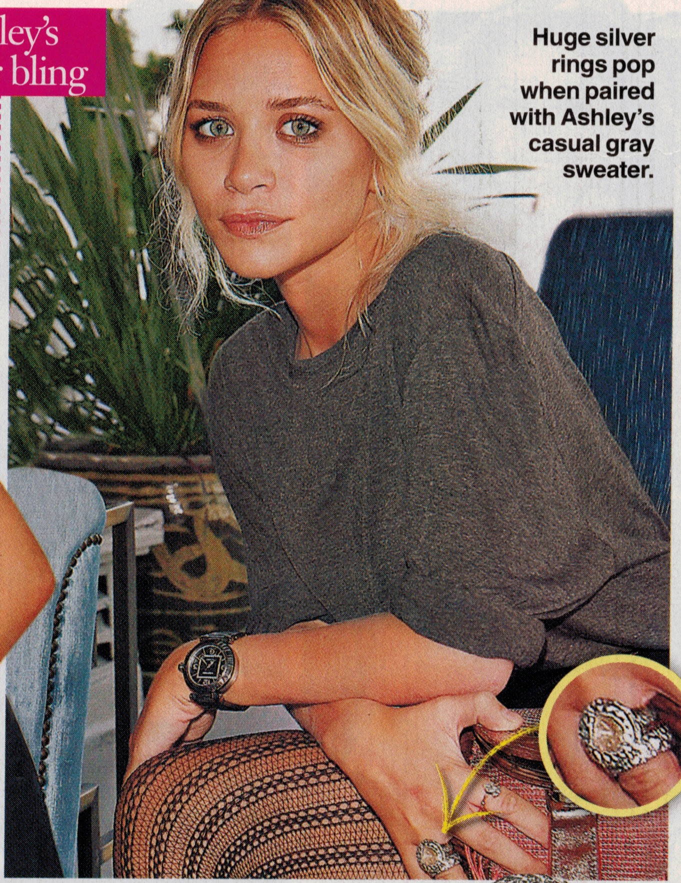
Who's got the hottest rings?

From haute couture to dumpster chic, the Olsens are constantly switching up their looks. But one thing that *never* changes is their love of giant rings. "I like running around [my house] in kimonos and jewelry…or naked with jewelry," reveals Mary-Kate. And the sisters have a ring for *every* outfit!

Ashley's finger bling



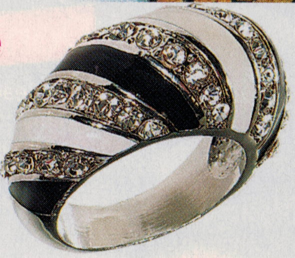
Ashley offsets her minimalist Calvin Klein dress with an intricate medieval-inspired knuckle-duster.



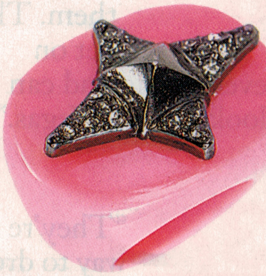
Huge silver rings pop when paired with Ashley's casual gray sweater.

FROM LEFT: WENN; WIREIMAGE; SIPA; GETTY. STILL LIFE: HBB

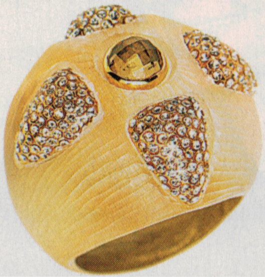
Goth yet girlie



Dress up a black or white dress with this striped sparkler. Claire's $8, Icing stores

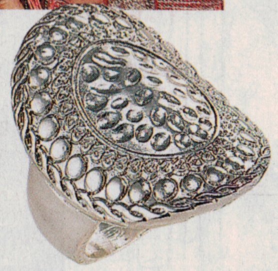


Pink resin adds a soft touch to the Swarovski-crystal-studded cross. Made Her Think $94, madeherthink.com

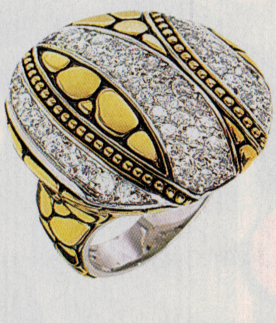


The semiprecious pavé stones stand out against the opaque Lucite band. Alexis Bittar $195, alexisbittar.com

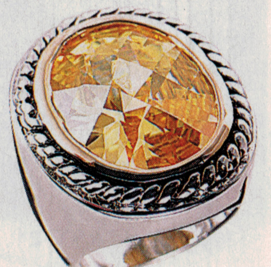
Vintage-esque



A hammered silver shield gives off a tribal-designed feel. All the Rage Online $21, alltherageonline.com



The mix of flashy cubic zirconias and brass stones totally works on this button style. Sparkles Forever $56, sparklesforever.com



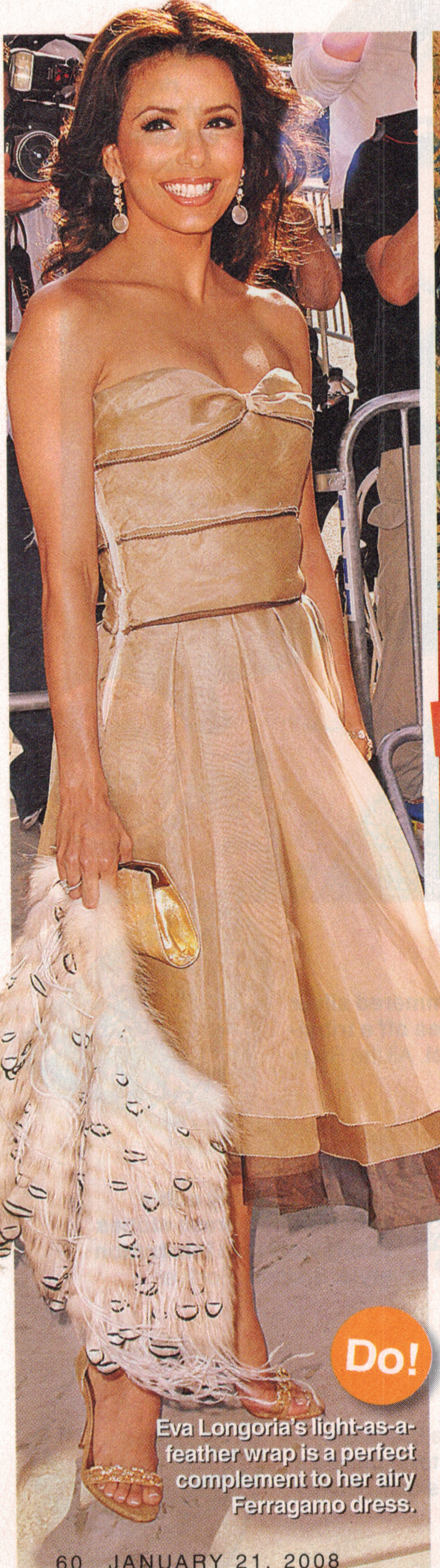
Skip the bracelets — this huge citrine stone makes a statement on its own. Rumor Exclusive $155, shoprumor.com

#7 Feathers:

Ugly ducklings or birds of paradise?

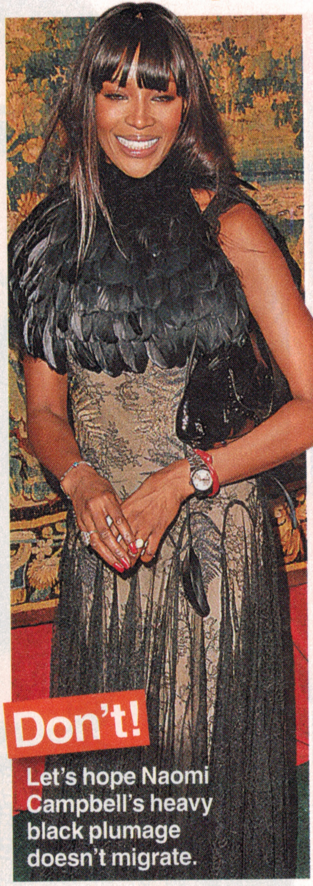
Always the trendsetter: Big Bird!

The inspiration?



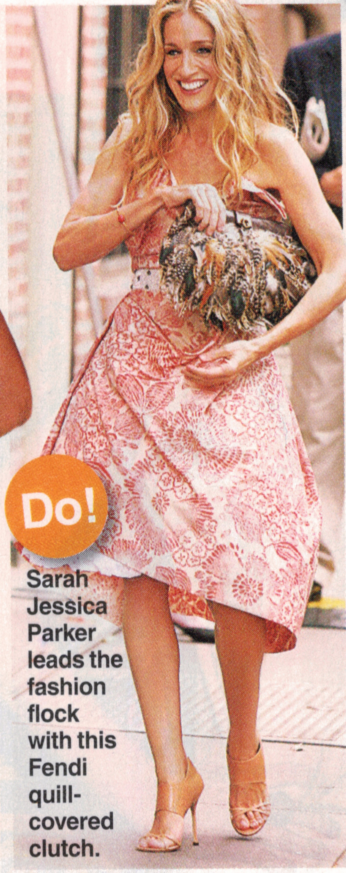
Do!

Eva Longoria's light-as-a-feather wrap is a perfect complement to her airy Ferragamo dress.



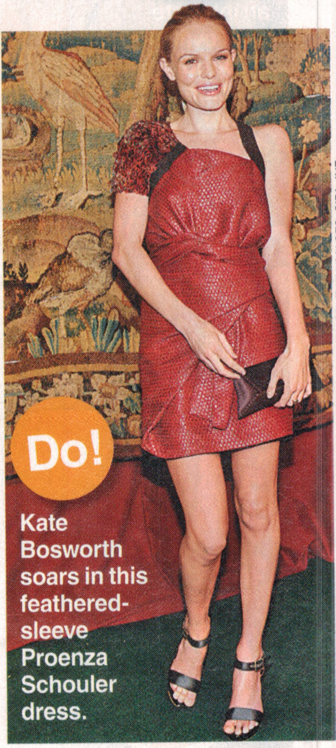
Don't!

Let's hope Naomi Campbell's heavy black plumage doesn't migrate.



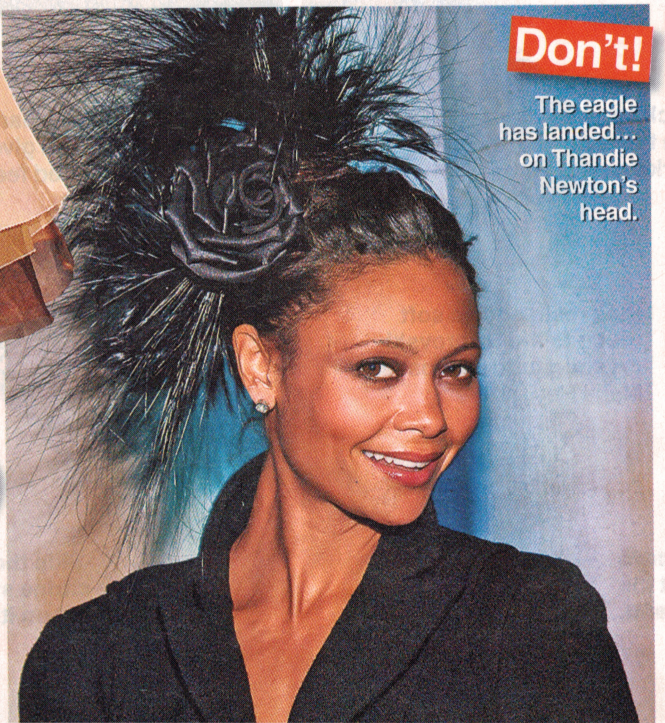
Do!

Sarah Jessica Parker leads the fashion flock with this Fendi quill-covered clutch.



Do!

Kate Bosworth soars in this feathered-sleeve Proenza Schouler dress.



Don't!

The eagle has landed… on Thandie Newton's head.

Life & Style asked:

Would *you* wear feathers?

63% SAY NO "I don't like them. They get on everything and can look too Las Vegas."
—Samantha Jonas-Hain, 24

37% SAY YES "They're a fun way to dress up an outfit!"
—Carine Prusack, 28

CLOCKWISE FROM TOP RIGHT: EVERETT COLLECTION; GETTY; WIREIMAGE; TWIN IMAGES; SIPA; INF

#6 Red nails add instant polish

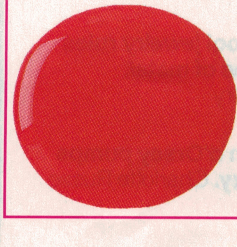
Want to rock red lips *and* nails? Keep the look sexy by matching the shades like Gwen Stefani did, says celeb manicurist Jessica Vartoughian, owner of Jessica Nail Clinic.

Christina Milian knows the easiest way to dress up short, square nails — with shimmery red polish!

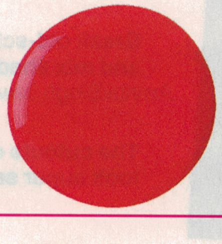
Longer cherry-red nails like Kate Hudson's are old-Hollywood glamour personified — and a perfect match for the star's fair skin.

Life & Style's favorite fiery-red polishes!

This chic orange-based red balances out yellow tones in olive skin. Jessica Custom Nail Colour in Blaze $7, jessicacosmetics.com



Candy-apple red with a slight shimmery undertone flatters fair skin. OPI Log on to Love $9, ulta.com



Metallic fire-engine red is super sexy and looks great on everyone! Zoya Kamilah $6, zoya.com

A rich jewel tone like this one looks dramatic against dark skin. Sally Hansen Ru-by or Not to Be $6, drugstores

Uh-oh!

Katherine Heigl's chipped red nails are a big don't. Head to the salon, stat!

CLOCKWISE FROM LEFT: WIREIMAGE (2); PACIFIC COAST NEWS. STILL LIFE: HBB

Rachel Bilson's #5 day-to-night trousers

Yes, slacks *can* work for a formal evening affair! The trick? "Don't wear nubby wool or a flat fabric," says Rachel Bilson's stylist, Nicole Chavez. "It's easier to dress up a pair of pants that have a satin sheen." For the perfect finishing touch, add a top or an accessory that has a splash of metallic.

Daytime casual

1

2

3

4

1 **This top is made of silk, but the paint-spatter print makes it casual.** Mint Jodi Arnold $275, Lester's, 718-375-7337

2 **An oversize enamel-and-rhinestone-flower ring adds a feminine touch.** Kenneth Jay Lane $98, select Intermix stores

3 **Shoulder-strap bags are great when running errands.** Calvin Klein $165, select Macy's

4 **Mini wedges are a comfy way to add height.** Jessica Simpson $75, select Macy's

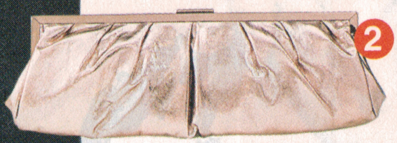
THE KEY PIECE

Black pants with a slight luster go from casual to dressy easily. Express $80, expressfashion.com

Party-perfect

1

Life & Style fave!


2

3

4

1 **Silk and sequins put a girlie spin on menswear pieces.** Banana Republic tank $23, bananarepublic.com Armani Exchange vest $98, armaniexchange.com

2 **Fit all necessities in this roomy metallic clutch.** Aldo $30, aldoshoes.com

3 **Break old-school jewelry rules and mix shades of metal.** Amrita Singh Jewelry $30 for set of four, shopamritasingh.com

4 **The cutouts on d'Orsay pumps look super sexy.** Charlotte Russe $23, charlotterusse.com

Rachel Bilson glammed up her Marc Jacobs trousers with a silver sequined top on Dec. 7.

#4 Hollywood's secret makeup weapon

A sponge that resembles a pink Easter egg is the secret behind celebs' flawless faces? Who knew! Beautyblenders are so amazing, stars like Beyoncé (right) and Gwen Stefani are swiping them from their makeup artists. "The rounded edges help concealer and color go on seamlessly," says co-creator Rea Ann Silva. "It makes skin look almost airbrushed!"

blendercleanser

Beautyblender and Beauty-cleanser duo pack $35, beautyblender.com

#3 Get a whiff of these tees

Gossip Girl's Blake Lively has a Cream scented T-shirt!

Who didn't love scratch 'n' sniff stuff as a kid! These T-shirts, made with the same ink as the fragrant stickers, will keep their scent for at least 10 washings. We're loving the sleep-mask style inspired by *Breakfast at Tiffany's* — it smells like gardenia when scratched.

Cream $40, cream-nyc.com

#2 Stars sweat off the pounds

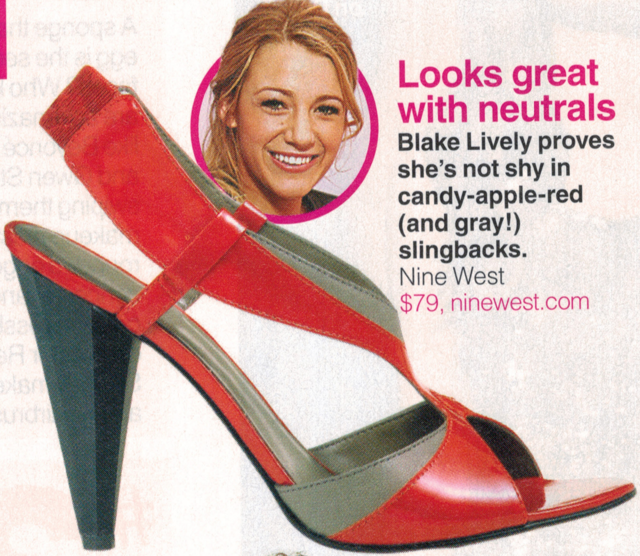
Instead of the gym, some celebs are losing weight at home! Just ask Uma Thurman, who has a Sunlight far-infrared sauna. These wooden home systems (starting at $2,300) seat at least two, come with a CD player and help the body relax, detox, perspire — and burn 200 to 600 calories in 30 minutes.

Uma's sauna fits five!
Signature Luxury Basswood
$6,195, sunlightsaunas.com

CLOCKWISE FROM LEFT: GETTY; SPLASH; GLOBE; LANDOV. STILL LIFE: HBB; RIGHTS RESERVED

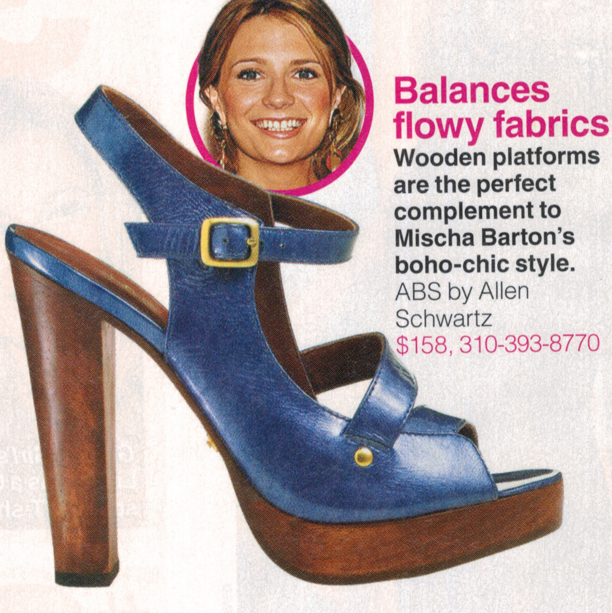
#1 Stars' fav

Sienna Miller adds a splash of color with red-hot $610 Christian Louboutin patent pumps.



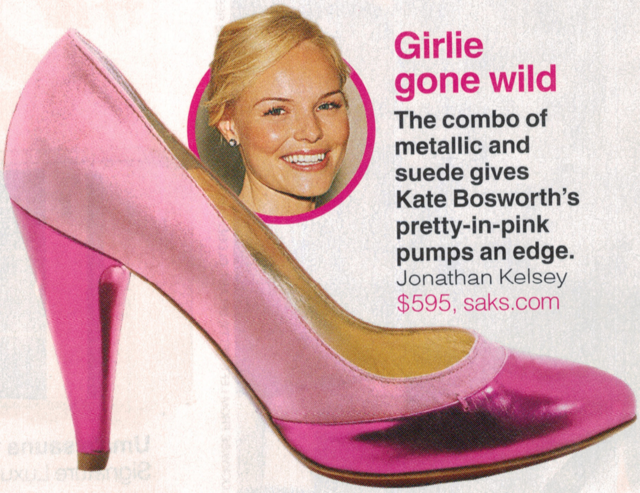
Looks great with neutrals

Blake Lively proves she's not shy in candy-apple-red (and gray!) slingbacks.
Nine West
$79, ninewest.com



Balances flowy fabrics

Wooden platforms are the perfect complement to Mischa Barton's boho-chic style.
ABS by Allen Schwartz
$158, 310-393-8770

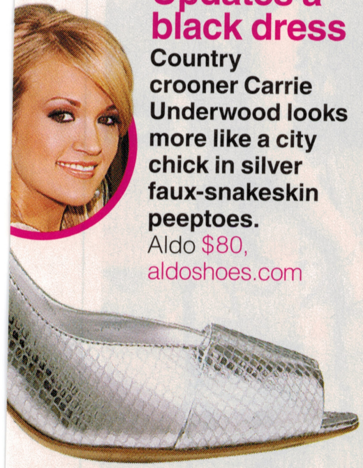


Girlie gone wild

The combo of metallic and suede gives Kate Bosworth's pretty-in-pink pumps an edge.
Jonathan Kelsey
$595, saks.com

CLOCKWISE FROM LEFT: LANDOV; STARTRAKS (2); AMERICAN FOTO FEATURE; IPHOTO: STARTRAKS; IPHOTO: STARTRAKS (2); JPI. STILL LIFE: HBB

orite heels



Updates a black dress

Country crooner Carrie Underwood looks more like a city chick in silver faux-snakeskin peeptoes.
Aldo $80, aldoshoes.com

A goes-with-everything color

Hilary Duff can tone down bright clothing with these nude round-toes.
BCBG Max Azria $198, bcbg.com

Works anytime

Platforms keep Lauren Conrad's mary janes comfy at work *and* play.
Moschino Cheap and Chic $595, revolveclothing.com

Glams up blue jeans

The texture of Hayden Panettiere's gold pumps gives off a '70s disco vibe.
Steve Madden $90, stevemadden.com

Adds a height boost

The 3" heels on these show-stoppers elevate Rachel Bilson's 5-foot-2 frame.
DKNY $295, 800-231-0884 for locations

Shows off a playful side

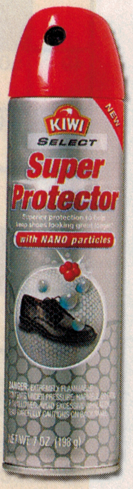
A rainbow of Swarovski crystals adds punch to Alicia Keys' basic black pumps.
Giuseppe Zanotti Design $874, 212-650-0455

Heels hurt? Arty Zeva of Arty's Shoe Service in NYC shares his tips for pain-free feet.

Q: My new shoes are way too high to walk in. Are there any tricks to making them more wearable?

A: Yes — shorten the heels. A good cobbler can take off at least ¼ inch to ½ inch, depending on the height of the arch. It'll make a tremendous difference because a lower heel makes you more stable. I shorten at least 500 pairs a year.

Q: How can I keep suede shoes clean in wet weather?



A: Waterproof them! Either do it yourself or have a cobbler spray your shoes. Just make sure not to oversaturate the material; doing so can change the color. Spray a light coat of Kiwi Select Super Protector ($10, 212-255-1451), let it dry, then spray again.

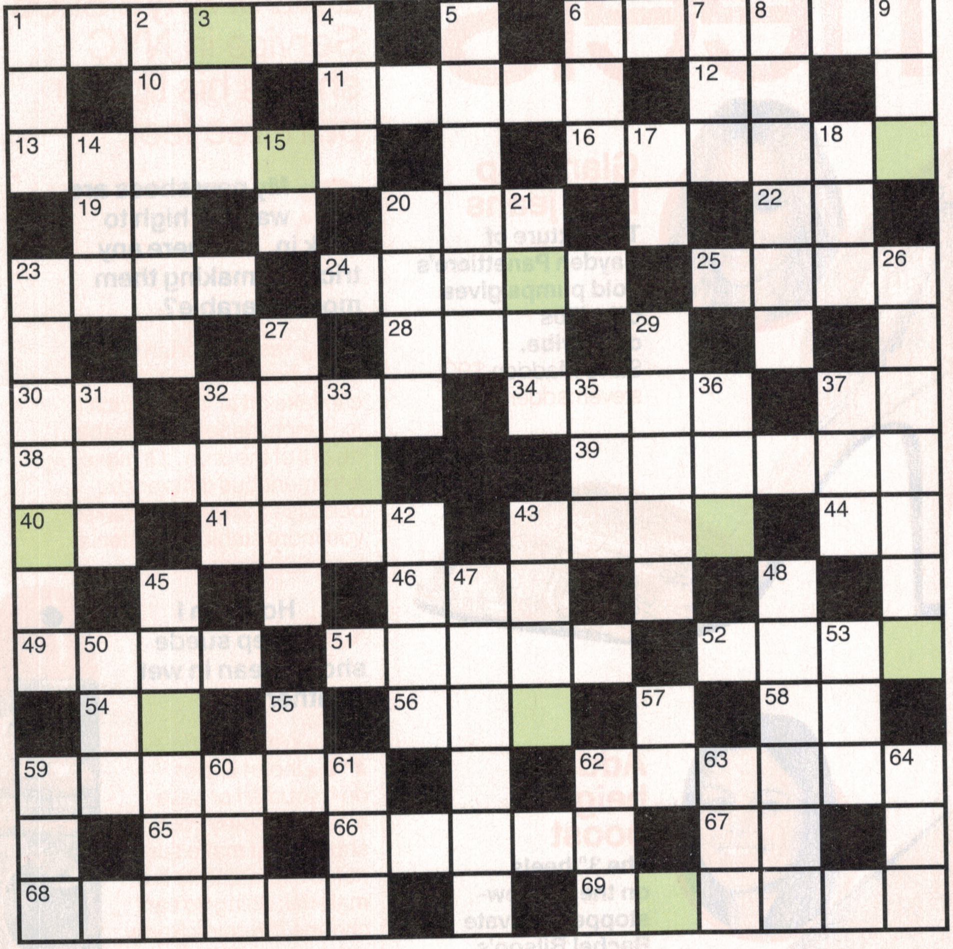
Q: The balls of my feet hurt after a day in heels. Is there anything I can do to make them comfier?

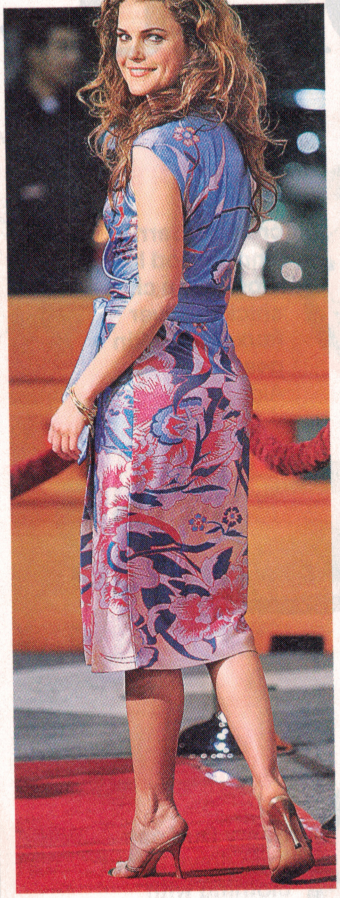
A: Insert a pair of Foot Petals Tip Toes ($7, footpetals.com). They're soft, foamy cushions that prevent calluses on the sensitive ball-of-foot area. They come in an array of colors to match shoes' insoles and are thin enough that your heels still fit, only way more comfortably.

footpetals
ball-of-foot cushions
coussins pour la pointe du pied
TIP TOES
ball-of-foot cushions

CROSSWORD PUZZLE

Unscramble the shaded letters to spell out the name of this week's featured celebrity!





FROM LEFT: SPLASH; WIREIMAGE

ACROSS

1 Givens and Williams
6 *Secondhand Lions* star Robert
10 Actor O'Neill
11 John Wayne classic *The* ___
12 Gene Kelly classic ___ *American in Paris*
13 Billionaire Trump
16 Actress Driver
19 Symbol for nickel
20 Actor Robbins
22 Dennis Quaid hit ___ *Good Company*
23 *Grey's Anatomy* star Eric
24 Actress Catherine Zeta-___
25 *Mystic River* star Sean
28 Director Howard
30 Disco stars ___ and the Sunshine Band
32 Actress Moore
34 *Spanglish* star Sandler
37 Comic book company
38 Copland and Spelling
39 *Apocalypse Now* star Marlon
40 Singer Tunstall
41 ___ *It Like Beckham*
43 Comedian Roseanne
44 Chicago train system
46 Michelle Pfeiffer movie: *The* ___ *of Innocence*
49 Edward Burns hit ___ *the One*
51 *Brothers & Sisters* star Sally
52 Voight, Bon Jovi and Lovitz
54 Clinton's state: abbr.
56 Musical syllable
58 Hopkins or Derek
59 Actress Jackson
62 Daltry, Ebert and Maris
65 Partner for myself and I
66 Actor Mortensen
67 Maura Tierney hospital show
68 Tyra Banks movie ___ *Ugly*
69 *Sweeney Todd* director Tim

DOWN

1 Richard Gere thriller ___ *Corner*
2 *American Beauty* actress Annette
3 Actress Lupino
4 Depressed
5 Oscar winner Al
6 Actor DeLuise
7 *Brown Eyed Girl* singer Morrison
8 Lennox and Potts
9 Jamie ___ Curtis
14 Goldie Hawn movie *Bird* ___ *Wire:* two words
15 Russell Crowe hit ___ *Confidential*
17 Stephen King novel
18 Bing Crosby flick *Holiday* ___
20 Actress Spelling
21 *Rumor Has It...* actress Suvari
23 Actress Olympia
26 *The Weather Man* actor Cage
27 Actress Zellweger
29 *When* ___ *Met Sally...*
31 Mike Myers hit *The* ___ *in the Hat*
32 Personal stat.
33 Internet site
35 Business abbr.
36 Deface
37 Presidential monogram
42 Platform for speaking
43 *Heroes* star Kristen
45 Actor Irons
47 Actor Clooney
48 *Zodiac* star Downey Jr.
50 Actor Holbrook
53 Partner for neither
55 TV commercial
57 Denzel Washington movie ___ *Better Blues*
59 Truck brand
60 Keanu's *Matrix* character
61 Postal abbr.
62 Actor Lowe
63 Deutschland: abbr.
64 Actress Laura ___ Giacomo

FOR THE ANSWERS TO THIS WEEK'S CROSSWORD, SEE PAGE 79

SUDOKU

HOW TO PLAY:

It's as easy as 1, 2, 3! Don't be afraid of the numbers — math skills have nothing to do with it! Sudoku consists of a large grid separated into nine 3-by-3 minigrids. To complete the puzzle, fill in the missing numbers. Every minigrid and every row (horizontal and vertical) must contain the numbers 1 through 9, without any repeats. The numbers can appear in any order. Don't get frustrated! It may take a little while to figure out the technique that works best for you. And use a pencil — you'll definitely need the eraser!

		7				4		
9	2		4				3	6
		3	9	6	2		7	5
		2	5	4				
3					1	6		8
5					8			4
8	9	5	7			2		1
2	3		6	1	5			
					9	5		

SUDOKU GAME ①

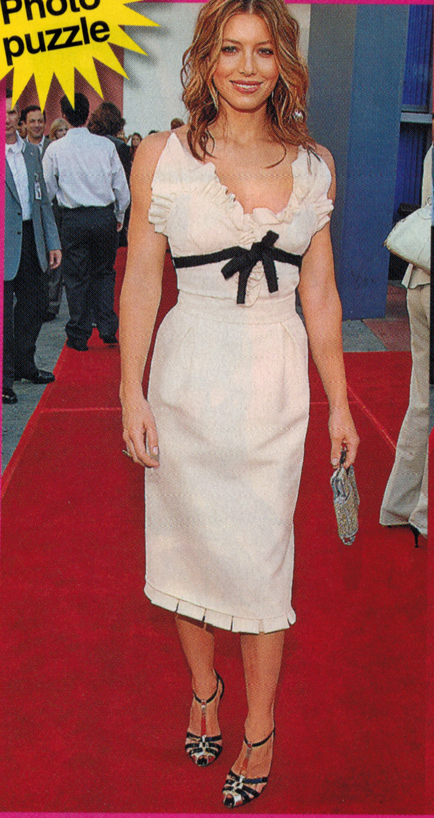
3	1				6			
			7	1				4
				9	8		5	1
		4					8	
5	3			4		2		6
			6		1	7		
4	8	3			2	5		9
	2			6	4			
1		6	5	8				2

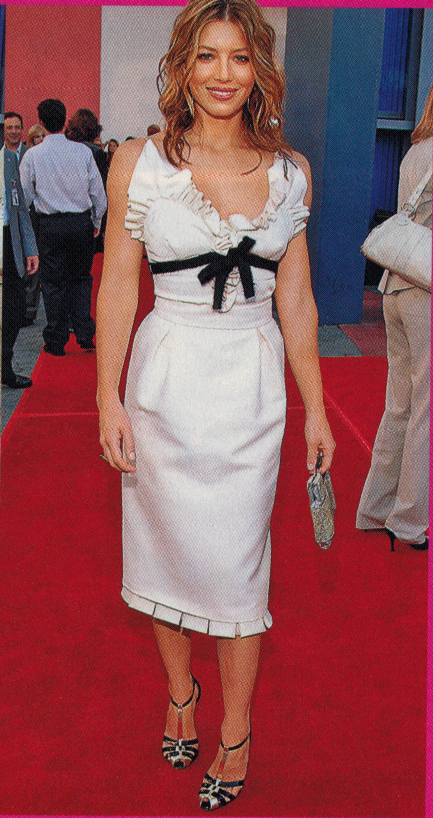
SUDOKU GAME ②

FOR THE ANSWERS TO THIS WEEK'S SUDOKU, SEE PAGE 79

NEW Photo puzzle

Which dress did Jessica wear?





FASHION FUN

Try to spot the star's actual style! Did Jessica Biel wear peach or white? Check the answer below!

Answer: White

CG
CUSTOMIZED GIRL
John's Valentine
JB
CUSTOM CLOTHING
Designed by You!
The perfect treat for yourself, or someone special..
design & order online at
CustomizedGirl.com

NEW section

Stars who care

Wearing a Tide T-shirt (available at tideloadsofhope.com), Taye unveiled a new home for Clarica Hampton (left), here with best friend Denise Bennett. "It was a great Christmas for the entire community," says Taye.

Taye gives New Orleans a fresh start!

SKIP BOLEN/WIREIMAGE

The star of the hit show *Private Practice*, Taye Diggs made a very *public* appearance on Dec. 17 — visiting New Orleans to give families the holiday gift of shelter and clean clothes.

"It was a celebration where we opened up a brand-new home for this beautiful family, the Hamptons," Taye, 37, tells *Life & Style* about his involvement with Tide detergent and the St. Bernard Project — a collaboration that helped rebuild houses for 10 families whose lives were ravaged by Hurricane Katrina. "We had gospel singers and a choir, and the whole community rallied together."

And Taye didn't hesitate to get his hands dirty before the celebration, hopping aboard the Tide CleanStart mobile — a Laundromat on wheels — to throw in a few loads. "A simple task such as doing laundry can be really difficult for some people," Taye tells *Life & Style*. "I'm proud to be a part of this."

Taye washes — and folds! The Tide CleanStart mobile has done more than 20,000 loads of laundry in the Gulf Coast since Hurricane Katrina struck in 2005.

The Most Convenient Way to Lose Weight!

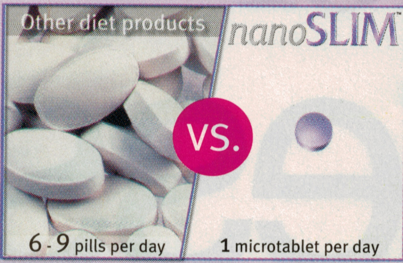
"I Lost 22 lbs. with Just 1 Easy Microtablet™ a Day!"

Think all diet pills are the same? Think again! With nanoSLIM™, you get the best of both worlds – incredible weight loss with complete simplicity and ease of use. Monica Belcher, another nanoSLIM weight-loss success story, agrees that nothing is easier to use; "I hate taking pills, especially when they're big 'horse pills' and you have to take multiple ones throughout the day. I took nanoSLIM in the morning because I wouldn't have to worry about it for the rest of the day." As the world's smallest weight-loss solution, nanoSLIM™ is a powerful designer weight-loss formula and the best part is you only need one tiny ultra-strength microtablet a day with diet and exercise! Nothing could be more convenient!

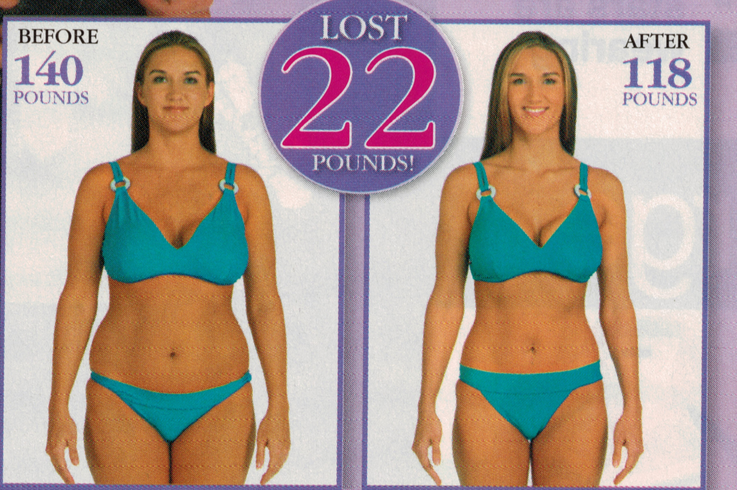
HOW CAN NANOSLIM™ BE SO SMALL AND POWERFUL?

nanoSLIM researchers relied on the power of Nano-Diffuse™ technology to engineer the nanoSLIM microtablets to be impossibly small. Nano-Diffuse technology reduces the nanoSLIM formula to micron-size particles that would seem invisible to the naked human eye!

NOTHING COMPARES TO THE CONVENIENCE OF NANOSLIM™


Other diet products
nanoSLIM
VS.
6 - 9 pills per day
1 microtablet per day

Why take up to 9 diet pills per day, when 1 tiny nanoSLIM™ microtablet is all you need?


BEFORE
140
POUNDS
LOST
22
POUNDS!
AFTER
118
POUNDS

"I lost 22 pounds with nanoSLIM and I feel great! I can fit back into my old clothes again!" – *Monica Belcher, Lawrenceville, Ga.*

Results will vary. Monica used nanoSLIM™ with diet and exercise for 11 weeks.

Enormously Powerful, Impossibly Small™
nanoSLIM™
Actual Size
1 Microtablet™
Just 1 per Day!
You Only Need One Tiny Ultra-Strength Microtablet!
Powerful Designer Formula For Faster Weight Loss!
Doctor Formulated to Release Immediately!
Just 1 Ultra-Easy Microtablet Per Day!
1 MONTH SUPPLY
30 MICROTABLETS™
DIETARY SUPPLEMENT

"I confidently stand behind nanoSLIM. It's the smallest and most convenient weight-loss product you can find. nanoSLIM is your best option for faster weight loss."

–*Dr. Lisa Pomranky, MD*

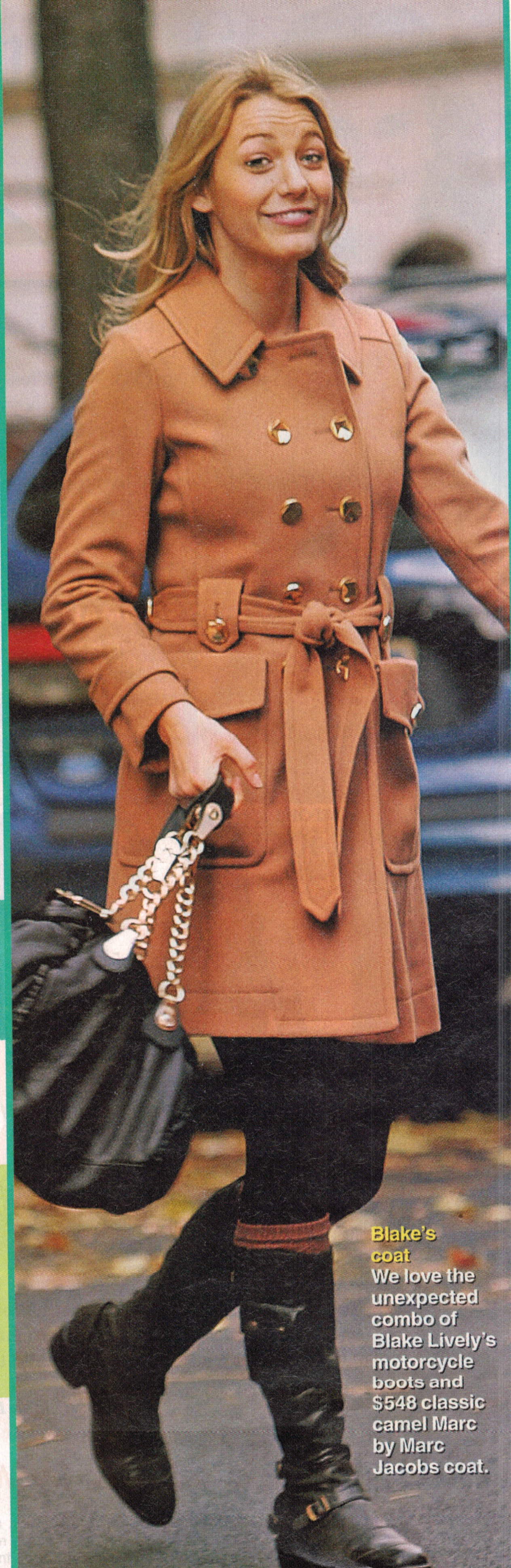
WAL★MART® Walgreens The Pharmacy America Trusts® CVS/pharmacy® RITE AID® GNC LiveWell. Vitamin Shoppe™ kmart. meijer Longs Drugs Albertsons

In fact, in an 8-week study, subjects following a calorie-controlled diet lost an incredible 10.65 lbs. using just the key ingredient in nanoSLIM! Compare that to subjects following the same diet and using a placebo who lost only 5.87 lbs! Carefully read entire label before use. Regular exercise and proper nutrition are essential for achieving your weight-loss goals. Individuals have been remunerated. The Nano-Diffuse™ trademark and the nanoSLIM™ trademarks are used with permission. Patent-pending. ©2008.

Designer looks for less!

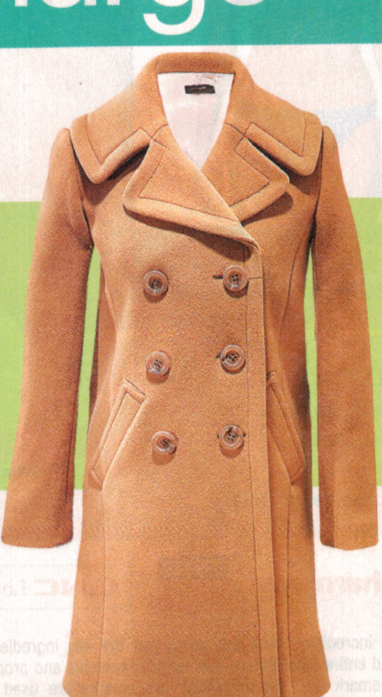
Life & Style **finds the cutest fashions — inspired by what the stars are wearing**

The splurge

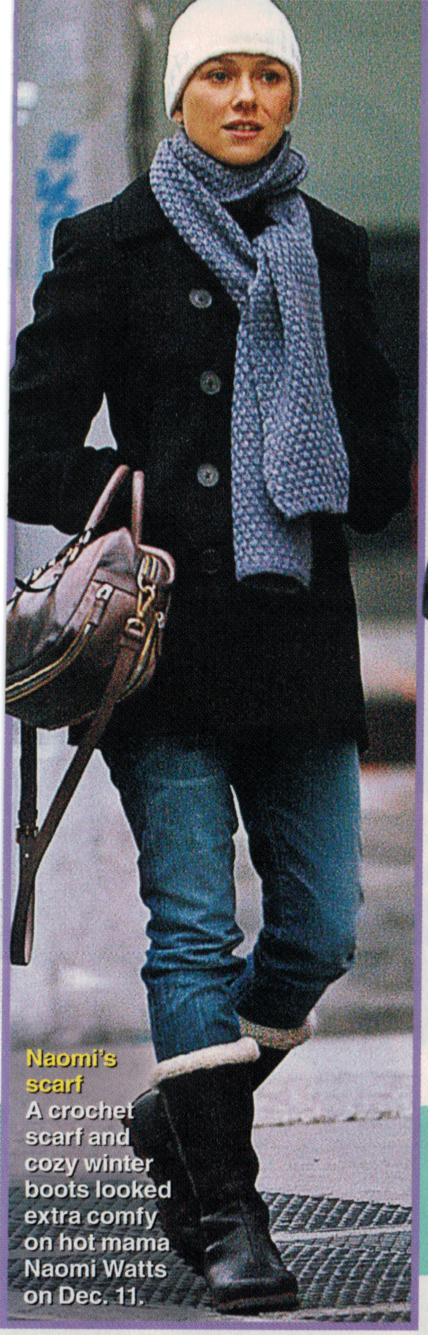


Blake's coat
We love the unexpected combo of Blake Lively's motorcycle boots and $548 classic camel Marc by Marc Jacobs coat.

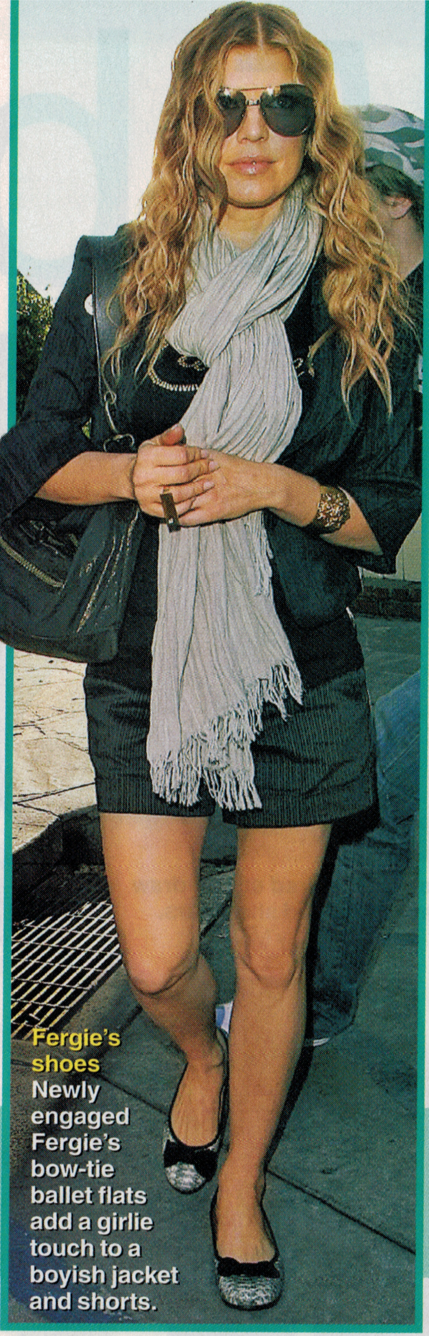
The steal



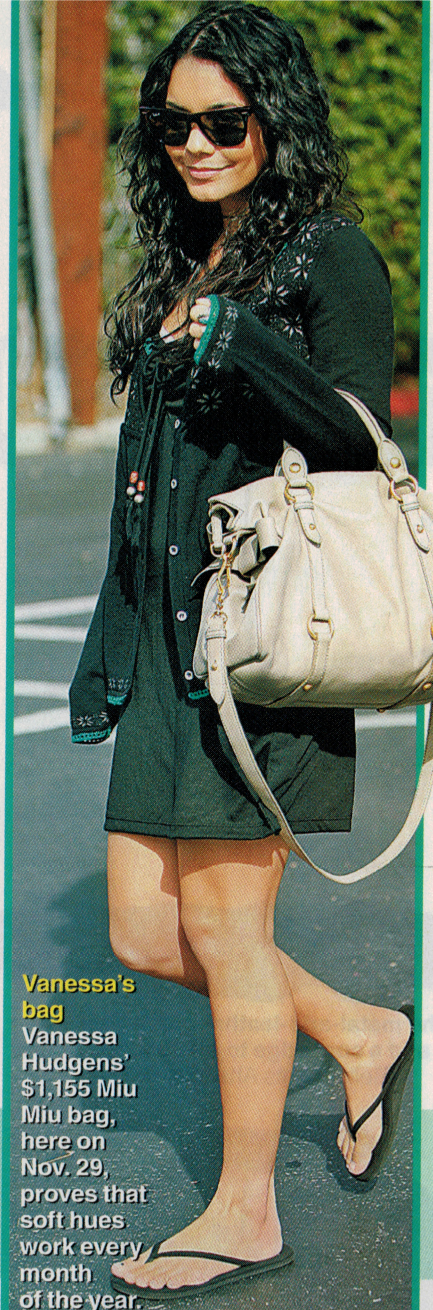
Cashmere lends a luxe feel to this double-breasted topper. J.Crew $240 (originally $335), jcrew.com



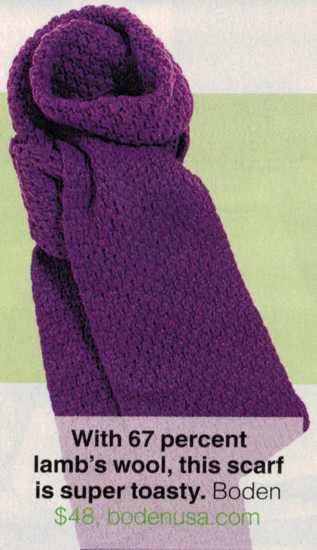
Naomi's scarf A crochet scarf and cozy winter boots looked extra comfy on hot mama Naomi Watts on Dec. 11.



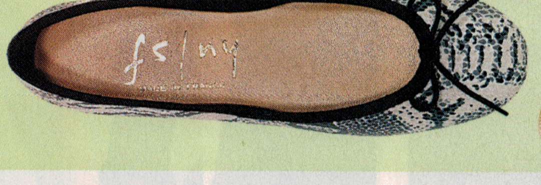
Fergie's shoes Newly engaged Fergie's bow-tie ballet flats add a girlie touch to a boyish jacket and shorts.



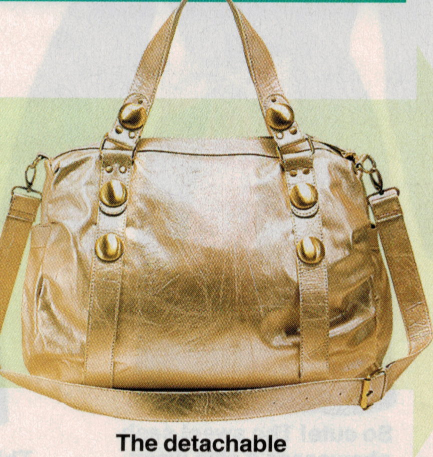
Vanessa's bag Vanessa Hudgens' $1,155 Miu Miu bag, here on Nov. 29, proves that soft hues work every month of the year.



With 67 percent lamb's wool, this scarf is super toasty. Boden $48, bodenusa.com



Black-and-white snakeskin print looks fab with a dress or jeans. French Sole Shoes $130, frenchsoleshoes.com



The detachable shoulder strap makes it *so* versatile. Big Buddha $84, endless.com

The 15 best

Fred Segal

A simple wishbone charm looks fab with a white tee.
Necklace, Samanca $45

Grecian-inspired straps draw eyes to toned shoulders.
Top, Matty M $97

The metal-and-leather combo will add a cool edge to *everything*.
Belt, Streets Ahead $174

So cute! The sweet sash showcases a slim waist.
Jacket, Hype $317

This high-rise pair really suck in a tummy. Jeans, 7 for All Mankind $205

All available at Fred Segal Fun/310-394-9814

Paris Hilton is a regular at Fred Segal in Santa Monica.

Fred Segal
SANTA MONICA
STYLE
Fred Segal
FLAIR

buys in stores now

Life & Style spotted these great finds!

United Colors of Benetton

This doctor-style top-handle easily stows all our gear. Bag $99

Great with trousers or a skirt and tights. Booties $129

This funky knit cap stands out in a crowd. Hat $29

Pleats create instant curves. Skirt $64

A classic cable-knit gets updated in notice-me red. Sweater $69

All available at United Colors of Benetton stores/800-535-4491 for locations

Indomix

We'll wear these thongs with jeans *and* dresses. Sandals, Lisa Jackal $135

A printed scarf adds an eclectic vibe. Wrap, Abraham & Thakore $118

No need for jewelry with this sequined beauty! Dress, Payal Singhal $385

Talk about arm candy! A mix of crystals and beads packs some serious bling. Cuffs $78 (bronze) and $68 (gold)

Fab over a long-sleeve tee at the office. Shirt $88

All available at shopindomix.com

Show us what you've found! Send a pic of your recent best buy to editor@lifeandstylemag.com

FAME; STILL LIFE: RBB

HOROSCOPES

By astrologer Bridgett Walther

For the week of Jan. 14 – Jan. 20

AQUARIUS

JAN. 20 – FEB. 18

Friends offer lots of helpful advice this week — so heed it all. Let their encouragement energize and empower you to tackle something scary (like asking for a raise). Supportive pals have your back, so you have nothing to lose. Lucky you!

PISCES

FEB. 19 – MARCH 19

Push forward with ambitious career plans this week. Prepare for the business side of things, but also consider a midweek wardrobe makeover to boost your confidence even higher. No one can stand in your way — go after what you want with gusto.

ARIES

MARCH 20 – APRIL 19

Throw inhibitions out the window. Follow fellow Aries Victoria Beckham's lead and grab hold of what is rightfully yours — including that special someone you've been crushing on. The love connection you make this week could last a lifetime. Go get him!

Birthday of the week

CAPRICORN

DEC. 21 – JAN. 19

YOU HAVE LIMITLESS POSSIBILITIES

Decisions, decisions. Hard work and determination have landed you (and fellow Capricorn Kate Moss) a host of amazing opportunities. Take time to consider all your options. An unexpectedly fresh direction may be exactly what you need. The good news? You can't go wrong this week — any choice you make will pay enormous rewards. Kudos to you!

Kate Moss

Jan. 16, 1974

LANDOV

TAURUS

APRIL 20 – MAY 20

You're simply irresistible! With so many suitors vying for your attention, take control and decide who really makes *you* swoon. You (and sign mate Carmen Electra) have your pick of the litter, but try not to break any hearts.

GEMINI

MAY 21 – JUNE 20

Curiosity is the key to success this week. Ask questions until you get the answers you're looking for. It's the perfect way to show your dedication and interest. The result? Others will respect your inquisitiveness and reward you (and fellow Gemini Courteney Cox).

CANCER

JUNE 21 – JULY 22

Keep your eyes on the prize. Things are going great, but it's time to really raise the bar. Attract powerful allies by taking risks and networking every chance you get. You'll be surprised at how quickly your Rolodex fills up.

LEO

JULY 23 – AUG. 22

Get ready, Leo, because nothing but the best will do for you this week. Indulge in your favorite foods — and just have fun overall. Complete satisfaction will leave you (and fellow Leo Jennifer Lopez) totally refreshed and ready to take on the world.

VIRGO

AUG. 23 – SEPT. 22

Family comes first this week. Make catching up with loved ones your priority. Their tales of past accomplishments just may inspire you (and fellow Virgo LeAnn Rimes) to make big changes in your own life. Prepare for a happy ending!

LIBRA

SEPT. 23 – OCT. 23

The competition doesn't stand a chance. Your superior multitasking skills are about to elevate you to a position of power at work. Claim victory once and for all by taking the lead on an important project and making sure your opinions are heard. Corner office, here you come!

SCORPIO

OCT. 24 – NOV. 22

Transform your home into a luxe hideaway. Even minimal effort (think pillows and candles) will go a long way to making immeasurable improvements. Relax after a hectic day at work — you sure deserve the breather!

SAGITTARIUS

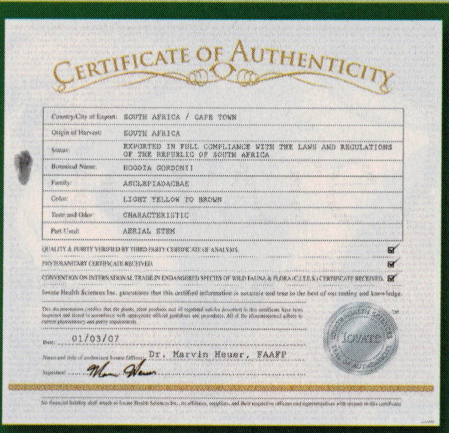
NOV. 23 – DEC. 20

Inject adventure into your life. Swear off the routine and do something uncharacteristic (skydiving, anyone?). The adrenaline rush will invigorate you (and fellow Sagittarian Tyra Banks). Bring along a companion — the shared experience will only bring you closer.

"I LOST 30 LBS. FAST WITH *HOODIA SURE*™ RAPID-GELS!"

"*Hoodia Sure* helped me lose the weight! I lost 30 pounds by trusting the quality, purity and effectiveness of *Hoodia Sure*™!" – Marley Cooper

If you need to lose weight fast – trust *Hoodia Sure*™. Doctor-formulated† *Hoodia Sure* contains 100% pure premium South African *Hoodia gordonii* and a key clinically proven unique ingredient for remarkably FAST weight loss*! And so you know that each box of *Hoodia Sure* contains only the absolute purest Hoodia, **a certificate of authenticity is included in every box**, ensuring superior quality and purity. Don't wait! Start losing weight fast with *Hoodia Sure*™ today!



CERTIFICATE OF AUTHENTICITY

Country/City of Export:	SOUTH AFRICA / CAPE TOWN
Origin of Harvest:	SOUTH AFRICA
Status:	EXPORTED IN FULL COMPLIANCE WITH THE LAWS AND REGULATIONS OF THE REPUBLIC OF SOUTH AFRICA
Botanical Name:	HOODIA GORDONII
Family:	ASCLEPIADACEAE
Color:	LIGHT YELLOW TO BROWN
Taste and Odor:	CHARACTERISTIC
Part Used:	AERIAL STEM

QUALITY & PURITY VERIFIED BY THIRD PARTY CERTIFICATE OF ANALYSIS. ☑

PHYTOSANITARY CERTIFICATE RECEIVED. ☑

CONVENTION ON INTERNATIONAL TRADE IN ENDANGERED SPECIES OF WILD FAUNA & FLORA (C.I.T.E.S.) CERTIFICATE RECEIVED. ☑

Iovate Health Sciences Inc. guarantees that this certified information is accurate and true to the best of our testing and knowledge.

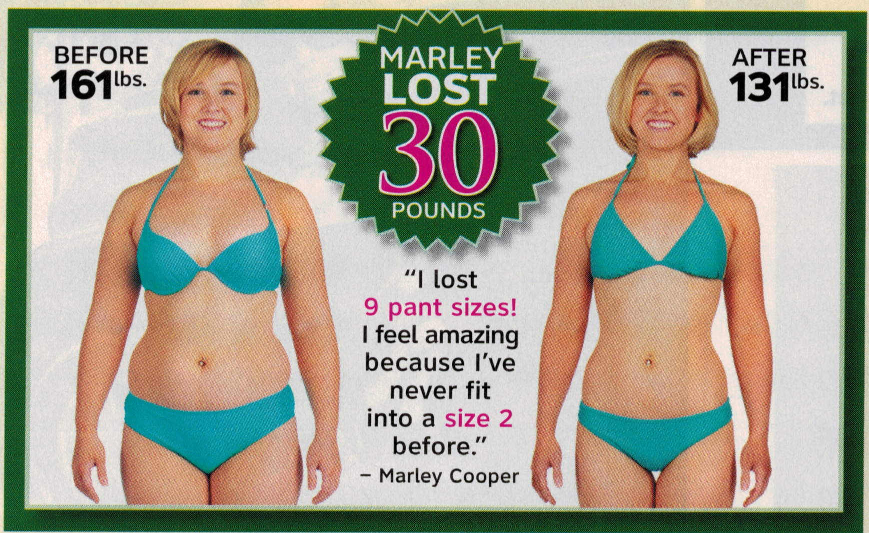
Date: 01/03/07

Name and title of authorized Iovate Officer: Dr. Marvin Heuer, FAAFP

Signature: Marvin Heuer

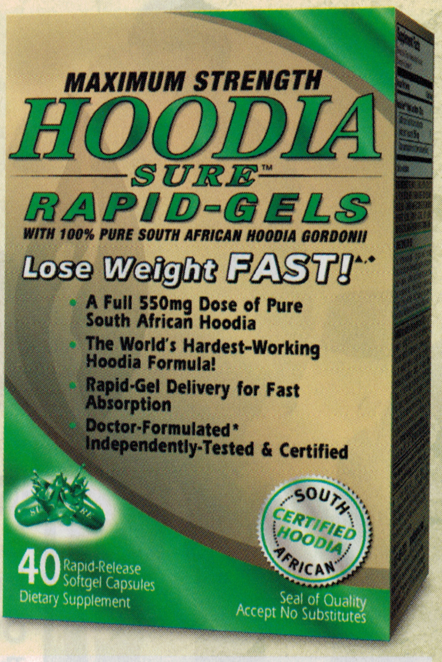
No financial liability shall attach to Iovate Health Sciences Inc., its affiliates, suppliers, and their respective officers and representatives with respect to this certificate.

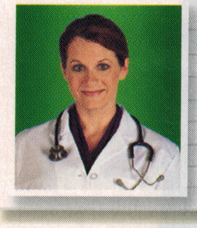
A Certificate of Authenticity is included in every box! Proof that Hoodia Sure contains only 100% pure South African Hoodia.


BEFORE
161 lbs.
MARLEY LOST 30 POUNDS
AFTER
131 lbs.

"I lost 9 pant sizes! I feel amazing because I've never fit into a size 2 before." – Marley Cooper

Results will vary. Marley combined Hoodia Sure with diet and exercise for 23 weeks.


MAXIMUM STRENGTH
HOODIA
SURE™
RAPID-GELS
WITH 100% PURE SOUTH AFRICAN HOODIA GORDONII
Lose Weight FAST!
A Full 550mg Dose of Pure South African Hoodia
The World's Hardest-Working Hoodia Formula!
Rapid-Gel Delivery for Fast Absorption
Doctor-Formulated* Independently-Tested & Certified
SOUTH AFRICAN CERTIFIED HOODIA
40 Rapid-Release Softgel Capsules
Dietary Supplement
Seal of Quality Accept No Substitutes



"I recommend and trust my patients to use Hoodia Sure because the weight-loss effectiveness of its key ingredient is clinically proven and because it is laboratory tested and certified to contain 100% pure South African Hoodia."*

Dr. Sandi Stuart, D.O.
Physician

WAL★MART · Walgreens The Pharmacy America Trusts · CVS/pharmacy · RITE AID · GNC Live Well. · The Vitamin Shoppe · Kmart · Albertsons · Kroger · meijer · Longs Drugs · duane reade

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†Marvin Heuer, MD, FAAFP, Chief Scientific Officer, Iovate. *In a 6-week study of subjects using an ingredient (*Cissus quadrangularis*) in Hoodia Sure, the weight-loss average was 10.56 lbs. as compared to subjects using a placebo who gained an average of 2.64 lbs. Read entire label before use. Regular exercise and proper nutrition are essential for your weight-loss goals. No product can spot reduce. Individuals have been remunerated. Covered by US Patent 7,175,859 and patent-pending. The Hoodia Sure™ trademark is owned by its trademark owner and is used with permission. ©2008.

Diva or down-to-earth?

diva

Maria avoids smudges

Maria Menounos didn't mess with her lipstick. She avoided a makeup meltdown by sipping water from a straw on the *Clash of the Choirs* set.

down-to-earth

Carmen touches up her roots

Carmen Electra started 2008 with a new hue. No wonder the star was all smiles at Byron Studio salon in Beverly Hills on Jan. 2.

down-to-earth

Spencer inflates his own tires

The Hills' Spencer Pratt pumped up not at a gym but at an LA gas station on Dec. 24.

diva

Mimi's pup has matching snow gear

Snow bunny Mariah Carey made sure all her accessories — even a bundled-up Jack Jr.! — went with her outfit while in Aspen, Colo., on Dec. 29.

CLOCKWISE FROM TOP LEFT: SPLASH; STARTRAKS; X17; INF PHOTO

28282
www.club28282.com

How To Order
Need Help ordering?
Just follow the steps below!

STEP 1 LIFE 46671 Send to: 28282 Create a new text message, type in LIFE and the item code and send it to 28282.

STEP 2 Reply: Y Reply Y to our text to confirm your order.

STEP 3 Instructions will be sent to you to collect your order.

Ringtones
To Order A Ringtone Text:
LIFE + ITEM CODE to 28282

Order a Realtone to get a ringtone with vocals!

TOP 20 CHARTS

		Real	POLY
BEST SELLER ALICIA KEYS	No One	49097	49093
TIMBALAND FT ONE REPUBLIC	Apologize	49070	49111
FLO RIDA FT T-PAIN	Low	50747	50740
CHRIS BROWN FT T-PAIN	Kiss Kiss	49195	49209
FERGIE	Clumsy	49759	49755
COLBIE CAILLET	Bubbly	49098	49094
RIHANNA FT NE-YO	Hate That I Love You	49197	49214
FINGER ELEVEN	Paralyzer	47570	47569
KANYE WEST FT T-PAIN	Good Life	49063	49058
JORDIN SPARKS	Tattoo	50748	50741
SOULJA BOY	Crank That (Soulja Boy)	48367	48364
BABY BASH FT T-PAIN	Cyclone	49106	49112
KANYE WEST	Stronger	47562	47557
TREY SONGZ	Can't Help But Wait	51145	51144
PLAYAS CIRCLE FT LIL WAYNE	Duffle Bag Boy	49407	49569
PLIES FT AKON	Hypnotized	50386	50385
TIMBALAND FEAT. KERI HILSON & D.O.E.	The Way..	47188	47182
NATASHA BEDDINGFIELD FT SEAN KINGSTON	Love Like This	51146	51078
ALICIA KEYS	Like You'll Never See Me Again	51011	51071
WYCLEF JEAN FT AKON, LIL WAYNE & NIIA	Sweetest Girl..	49108	48862

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MOVIES
REVIEWS

BY DAN JEWEL

27 DRESSES

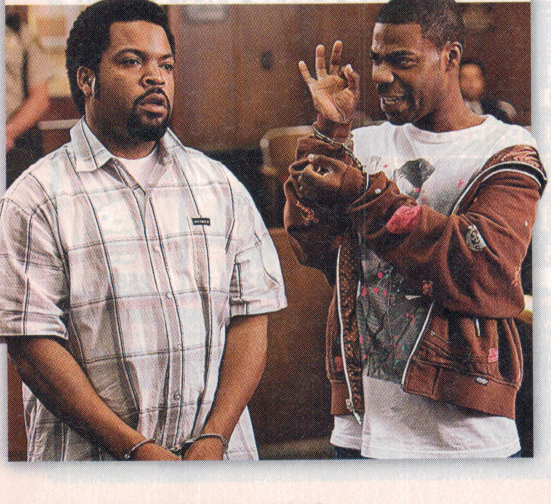
Heigl shines, but her new movie is no *Knocked Up*

First the good news: Katherine Heigl gives another sweet, winning performance, as Jane, who's practically a professional wedding goer (she's been a bridesmaid 27 times). Now the bad news: The plot of this romantic comedy is as routine and clichéd as, well, a wedding ceremony. Jane's stuck planning the wedding of her younger sister to the guy she adores (Ed Burns), while her feud with a cynical wedding columnist (James Marsden) gradually turns romantic. The characters are bland, and the story has no surprises. ★★☆☆

FIRST SUNDAY

A hit-or-miss screwball comedy

Two hapless losers (Ice Cube, Tracy Morgan) who owe some very bad men a load of cash set out to rob a church — and wind up with a hostage situation on their hands. The movie gets off to a pretty bad start, with sloppy plotting that borders on nonexistent. But *30 Rock*'s Morgan has the ability to make nearly anything funny, and once the robbery goes awry, the movie becomes amusing enough to make it worth checking out on a cold winter day. ★★½☆



THE BUCKET LIST

Cross this one off *your* list!

Two dying men — a billionaire (Jack Nicholson) and his new mechanic pal (Morgan Freeman) — come up with a list of things to do before they kick the bucket. After some early scenes of the men vomiting and shaking — never the best way to begin a comedy — the movie turns into *Old Guys Acting Crazy*. They skydive, race cars, get tattoos, visit the Taj Mahal and the pyramids, etc. Apparently dying isn't so bad if you've got unlimited cash. Between acts of stupidity, the men talk about God and the meaning of life. It's as bad as it sounds — a ludicrous, syrupy mess. ★½☆☆

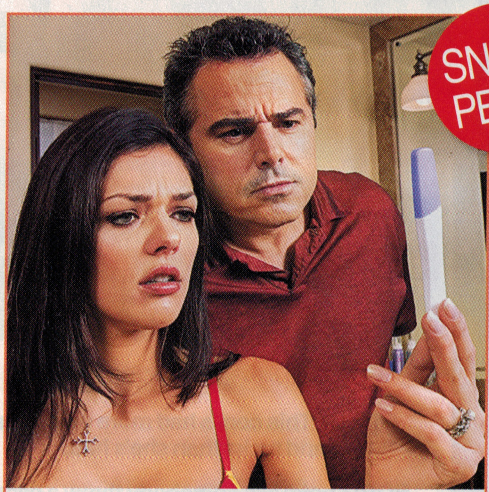
TV
REVIEWS

BY BARBARA KIMBERLY SEIGEL

HUSBAND FOR HIRE

This TV movie doesn't exactly pay off

In this romantic comedy, Lola Dia (Nadine Velazquez) is forced to frantically find a husband by age 25 in order to retain her share of the family business. She decides to hire a day laborer (Mark Consuelos) to simply play the part, while her ex-fiancé (Mario Lopez) tries anything to win her back — dance moves included! Of course, this silly love story ends up taking predictable twists and turns. **Sat., Jan. 19, 8 p.m., Oxygen** ★⯪☆☆



MY FAIR BRADY… MAYBE BABY?

Will the wacky duo decide to become a trio?

Now that they're newlyweds, there's more drama in store for Adrianne Curry and former *Brady Bunch* star Chris Knight in the third season of their reality show. Not only are they dealing with couples counseling — already! — they're also debating whether they're ready to become parents. **Sun., Jan. 20, 10:30 p.m., VH1**

SNEAK PEEKS

AMERICAN IDOL

TV's guiltiest pleasure returns for season seven

It's time for Randy, Paula and Simon to take their seats at the judges' table: The next batch of Sanjayas is ready to take the stage! While the format remains the same, this season's auditioners can try out with instruments (picture Daughtry with a guitar!). And the first weeks promise to be entertaining, as *Idol* champ Fantasia's brother, Ricco, tries out, and a woman auditioning in Dallas goes into labor! **Tue., Jan. 15, 8 p.m., Fox**

Answers to this week's puzzles

R	O	B	I	N	S	■	P	■	D	U	V	A	L	L
E	■	E	D	■	A	L	A	M	O	■	A	N	■	E
D	O	N	A	L	D	■	C	■	M	I	N	N	I	E
■	N	I	■	A	■	T	I	M	■	T	■	I	N	■
D	A	N	E	■	J	O	N	E	S	■	P	E	N	N
U	■	G	■	R	■	R	O	N	■	H	■	S	■	I
K	C	■	D	E	M	I	■	A	D	A	M	■	D	C
A	A	R	O	N	S	■	■	■	B	R	A	N	D	O
K	T	■	B	E	N	D	■	B	A	R	R	■	E	L
I	■	J	■	E	■	A	G	E	■	Y	■	R	■	A
S	H	E	S	■	F	I	E	L	D	■	J	O	N	S
■	A	R	■	A	■	S	O	L	■	M	■	B	O	■
G	L	E	N	D	A	■	R	■	R	O	G	E	R	S
M	■	M	E	■	V	I	G	G	O	■	E	R	■	A
C	O	Y	O	T	E	■	E	■	B	U	R	T	O	N

CROSSWORD

6	5	7	1	8	3	4	9	2
9	2	8	4	5	7	1	3	6
4	1	3	9	6	2	8	7	5
7	8	2	5	4	6	3	1	9
3	4	9	2	7	1	6	5	8
5	6	1	3	9	8	7	2	4
8	9	5	7	3	4	2	6	1
2	3	4	6	1	5	9	8	7
1	7	6	8	2	9	5	4	3

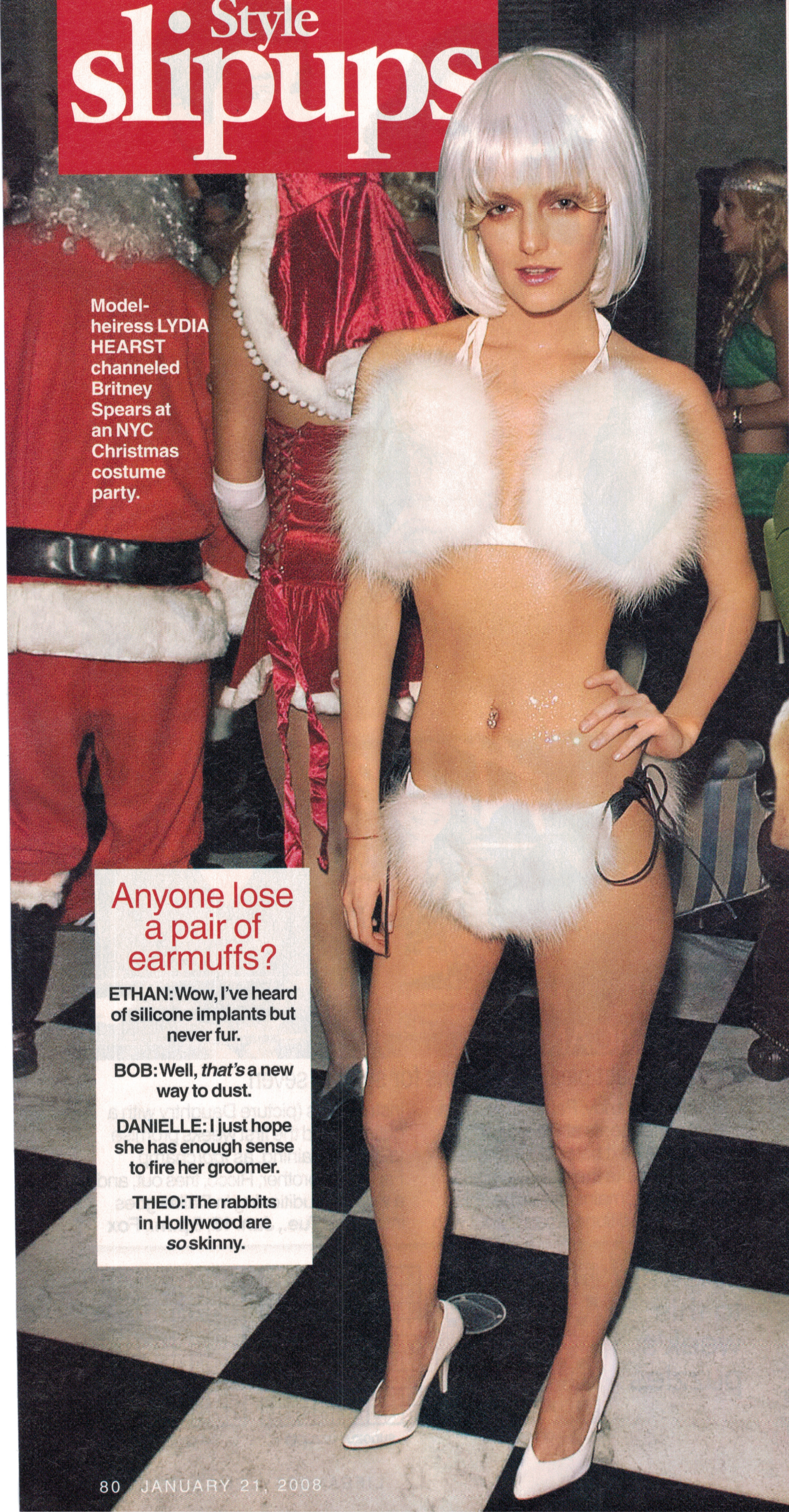
SUDOKU PUZZLE ①

3	1	2	4	5	6	9	7	8
8	5	9	7	1	3	6	2	4
6	4	7	2	9	8	3	5	1
7	6	4	9	2	5	1	8	3
5	3	1	8	4	7	2	9	6
2	9	8	6	3	1	7	4	5
4	8	3	1	7	2	5	6	9
9	2	5	3	6	4	8	1	7
1	7	6	5	8	9	4	3	2

SUDOKU PUZZLE ②

CLOCKWISE FROM TOP LEFT: TWENTIETH CENTURY FOX; OXYGEN; FOX; VH1; WARNER BROS.; SONY

Style slipups



Model-heiress LYDIA HEARST channeled Britney Spears at an NYC Christmas costume party.

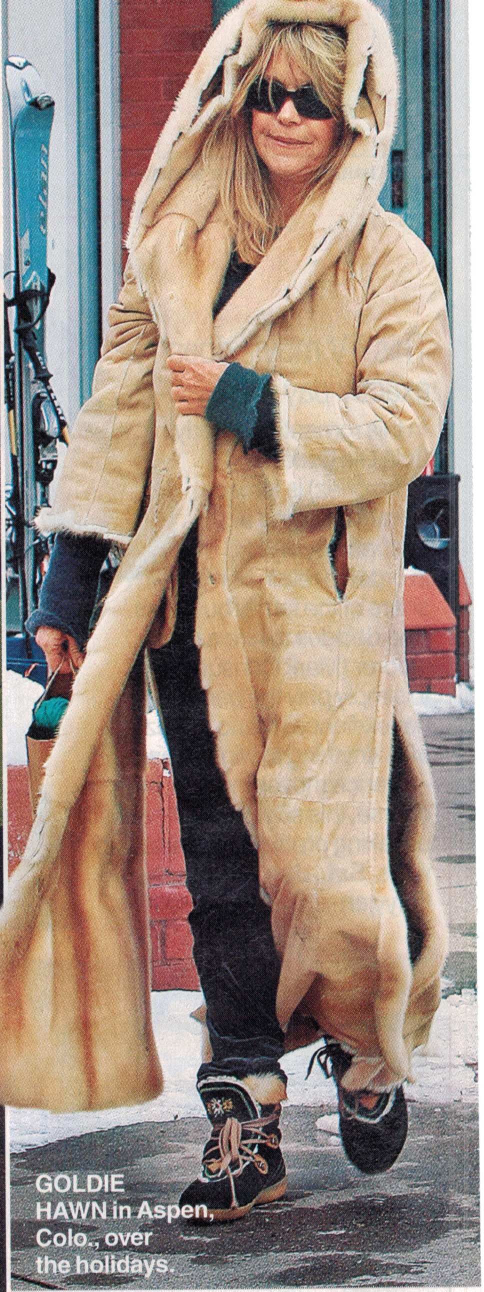
Anyone lose a pair of earmuffs?

ETHAN: Wow, I've heard of silicone implants but never fur.

BOB: Well, *that's* a new way to dust.

DANIELLE: I just hope she has enough sense to fire her groomer.

THEO: The rabbits in Hollywood are *so* skinny.



GOLDIE HAWN in Aspen, Colo., over the holidays.

Goldie-Wan Kenobi

ETHAN: This coat's had more nips, cuts and tucks than she's had.

BOB: Looks like somebody threw a camel into a paper shredder.

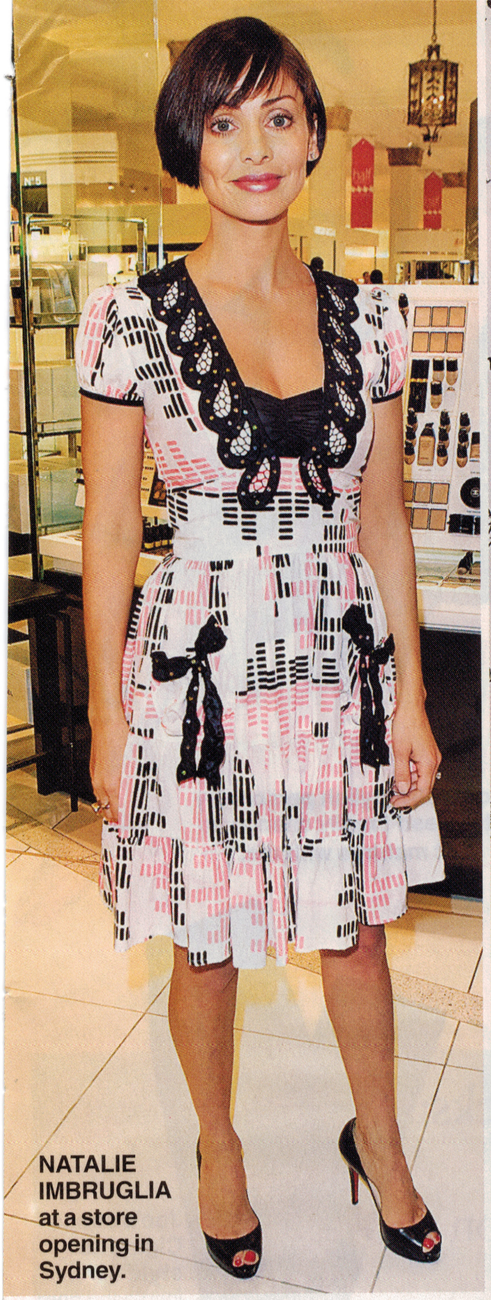
KATINA: Some people step on carpets; she wraps herself in one.

DANIELLE: Clearly, the animal she's wearing didn't go down without a fight.

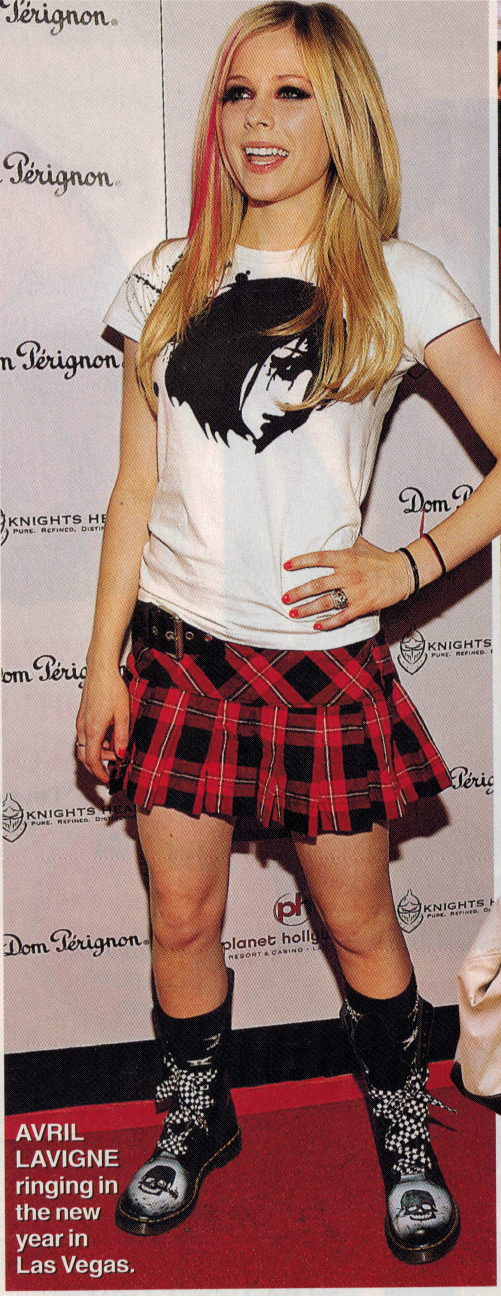
This week's style

Josh Blue
joshblue.com

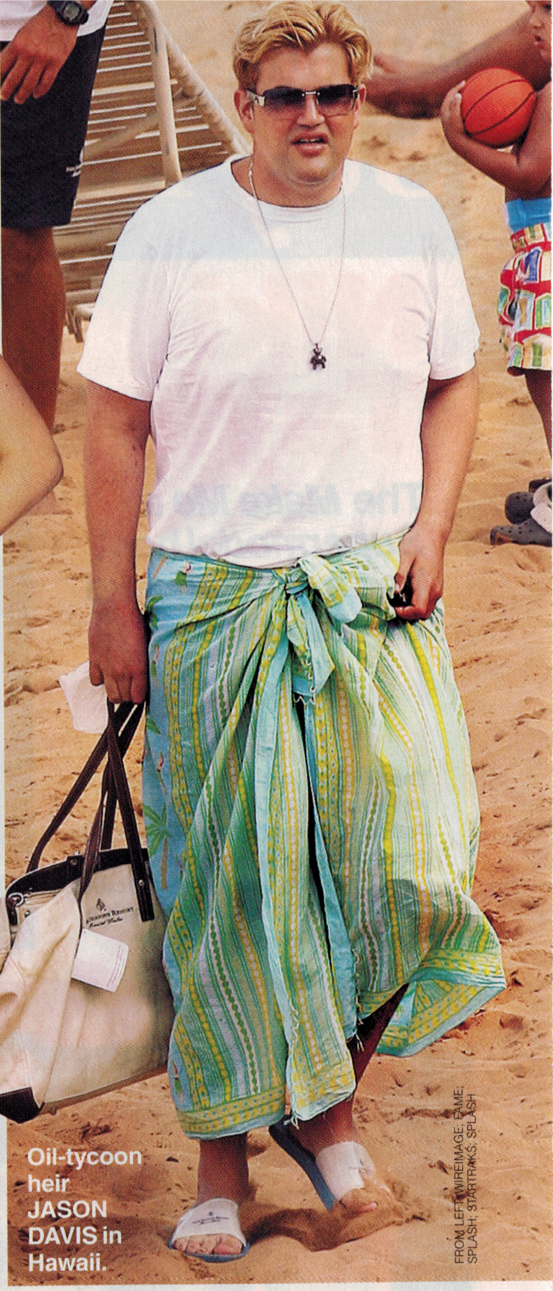
Katina Corrao
katinacorrao.com



NATALIE IMBRUGLIA at a store opening in Sydney.



AVRIL LAVIGNE ringing in the new year in Las Vegas.



Oil-tycoon heir **JASON DAVIS** in Hawaii.

FROM LEFT: WIREIMAGE; FAME; SPLASH; STARTRAKS; SPLASH

Graphic artist

ETHAN: A new clothing line by Tetris!

VILMOS: The punch card look is so 1970.

JOSH: Whoa, stop dressing in Lite-Brites, Natalie!

MIKE: Is that a mannequin from Macy's?

Great Scot!

THEO: The girl on her shirt is crying because she's a part of that outfit.

VILMOS: Didn't Johnny Depp wear those boots in *Pirates of the Caribbean*?

MICAH: Her latest album is called *The Best Damn Thing*. And frankly, this isn't it.

BOB: This shirt gives new meaning to "Who are you wearing?"

Beach breach

MICAH: This is sarong — I mean, so wrong.

BOB: Someone call a lifeguard. This outfit is drowning!

VILMOS: See, money *can't* buy you fashion sense.

THEO: Looks like he just spent the night in a sandcastle.

commentary by…

Bob Golden
Actor-comedian

Ethan Mechare
ethanmechare.com

Micah McCain
micahmccain.com

Danielle Stewart
daniellestewart.com

Mike Veneman
comedy101.com

Theo Von
theovon.com

Vilmos
vilmos.com

My life & style

Niki Taylor

The *Make Me a Supermodel* host has a relaxed take on fashion

Fashion helped her heal

The Ralph Lauren gown Niki wore to the 2001 VH1/*Vogue* Fashion Awards (her first public appearance after a near-fatal car crash) "made me appreciate the blessing of wearing such a beautiful dress," she says.

How this mom of two stays so chic:

"I'm a casually stylish person. My taste doesn't really change, it just matures with me."

TUNE IN
Make Me a Supermodel
airs Thursdays at 10 p.m. on Bravo.

Her favorite models:

"Kate Moss always manages to stay true to her own style."

"Christy Turlington looks timeless and classy wherever she is."

Niki's denim picks:

"My favorites are People's Liberation and Joe's Jeans."

Joe's Jeans Cigarette style $174, joesjeans.com

She swears by these products:

"Kanebo shampoos and conditioners are great for getting awesome, really healthy hair."

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VOLUMISING SHAMPOO
SHAMPOOING VOLUME
NET 8.5 FL OZ 250mL
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CLOCKWISE FROM TOP LEFT: WIREIMAGE; GETTY; STARMAX; LANDOV. STILL LIFE: HBB

Life&Style WEEKLY
JANUARY 21, 2008 VOL. 5 ISSUE 3

She's reached her 40-pound goal!

34 VALERIE'S SEXY SLIM-DOWN

Inside Valerie Bertinelli's weight-loss journey.

Before Jenny Craig

Britney Spears gets taken away in an ambulance, leaving sons Jayden James (top) and Sean Preston in tears.

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Newlyweds Katherine Heigl and Josh Kelley move in together.

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Brad Pitt takes his son on a wild ride — without a seat belt!

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A new book makes outrageous claims about Tom Cruise and Katie Holmes — and reveals the truth about Suri

50 BIG HAPPY FAMILY?
Jake Gyllenhaal is getting serious about Reese Witherspoon — he's even bonding with her kids!

52 EXCITEMENT ON *THE HILLS*
Big changes are in store for Lauren Conrad and friends!

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Lindsay Lohan's latest troubles with men and alcohol.

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Pretty and sexy ways to wear these enchanting little flowers.

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Which celebs rocked the Big Bird–inspired style.

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Rachel Bilson's day-to-night pants.

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Stars' favorite stilettos.

58 BATTLE OF THE BLING

Mary-Kate (right) vs. Ashley Olsen: Who has the best rings?

72 BEST BUYS

What to shop for this week.

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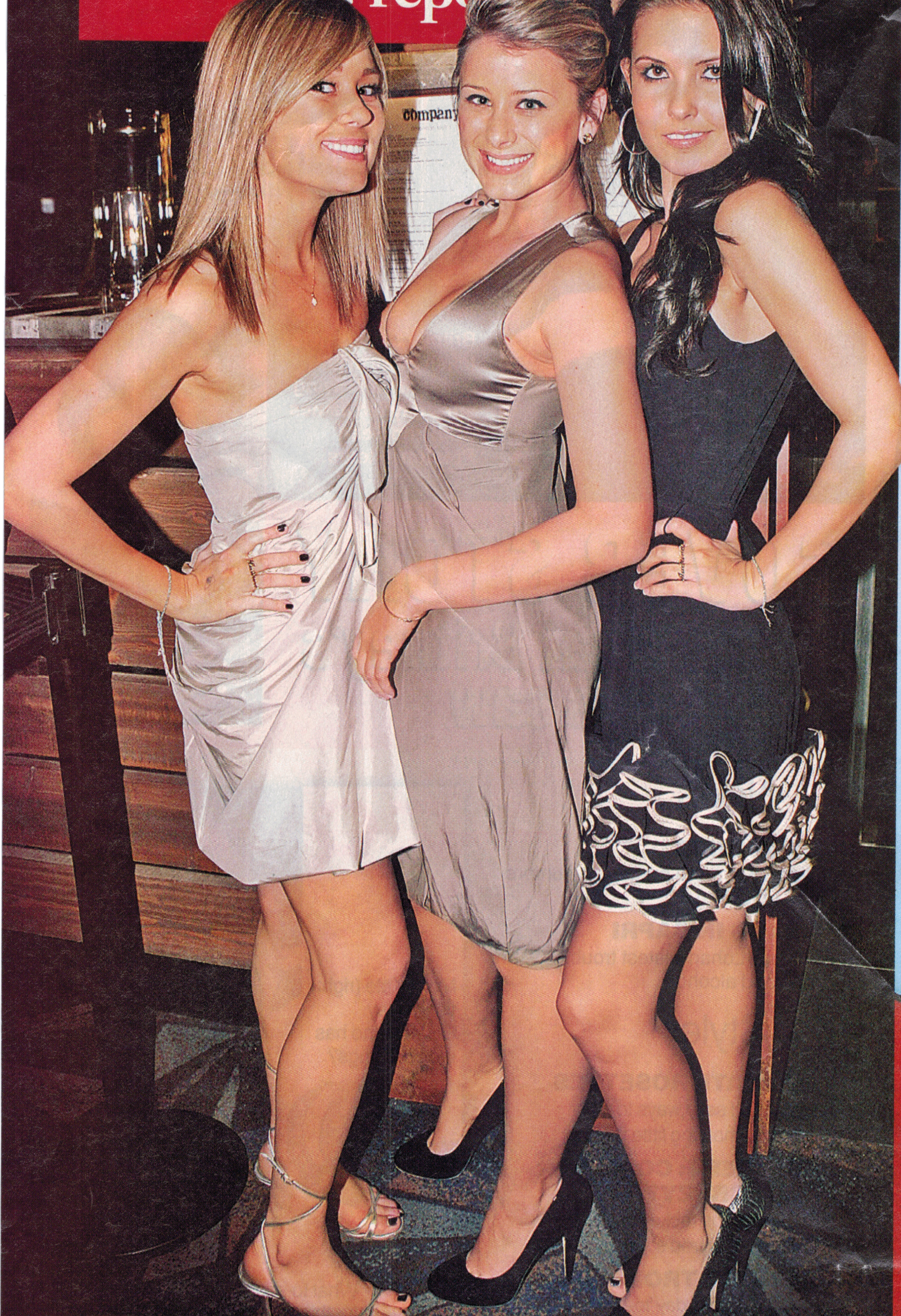
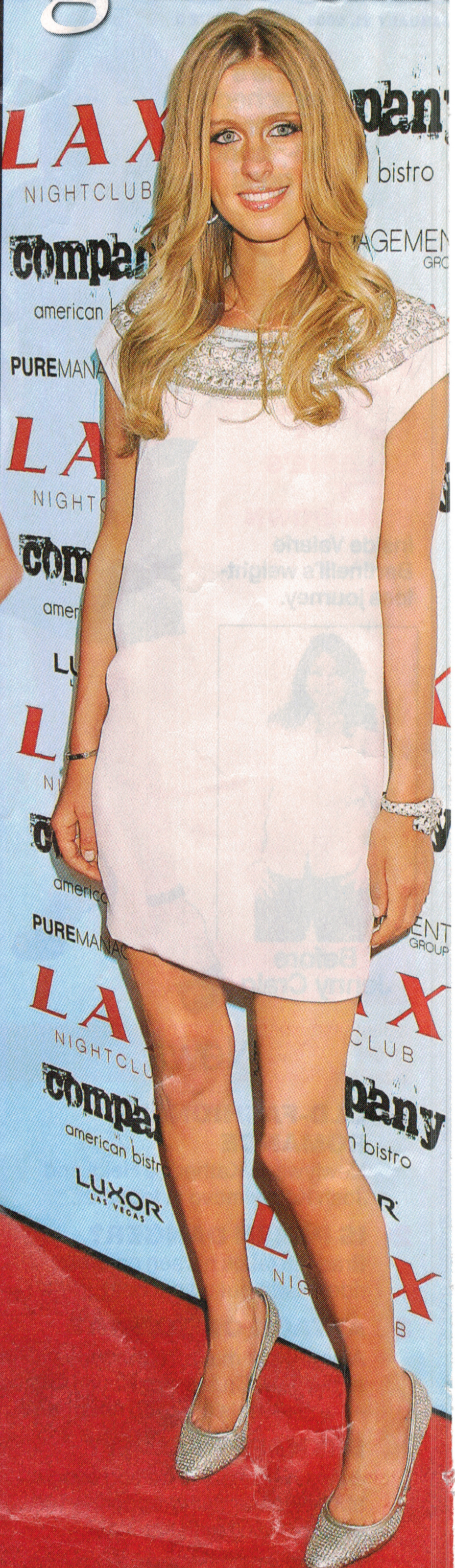
Ringing in th



THE HILLS ARE ALIVE WITH FASHIONISTAS

Lauren Conrad, Lo Bosworth and Audrina Patridge sizzled in 3.1 Phillip Lim, Ya-Ya and Yoana Baraschi, respectively, at a pre–New Year's bash in Las Vegas on Dec. 30. Lo was especially fond of her sheath. "It's such a beautiful, rich color and very comfortable," she tells *Life & Style*.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company
american bistro
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SWEET AND SEXY MINI

Leave it to fashion designer Nicky Hilton to complement her embellished tunic with glittery heels and a sparkling panther bracelet at Las Vegas' LAX nightclub on Dec. 31.